Phoenix Fitness



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ANY CHANGES TO CLASS HOURS WILL ALWAYS BE POSTED ON OUR WEBSITE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Afternoon/Evening Classes:	Afternoon/Evening Classes:	Afternoon/Evening Classes:	Afternoon/Evening Classes:	Afternoon/Evening Classes:		
4:15p Phoenix Strength 5:00p Cardio/Core trng 5:45p Glute Fusion 6:15p Cardio Dance	4:15p Cardio/Core trng 5:00p Glute Fusion 5:45p Bolly-X (1 hour dance class)	4:15p Glute Fusion 5:00p Circuit Training 5:45p Phoenix Strength 6:30p Cardio/Core trng	4:15p Circuit Training 5:00p Phoenix Strength 5:45p Cardio/Core trng 6:30p Glute Fusion	By Appointment	By appointment	By appointment



DON'T FORGET:
FOR EVERY PERSON YOU REFER THAT JOINS,
YOU GET 50% OFF YOUR NEXT MONTH!