

Swimmer Travel Conduct

The StingRays travel to several meets each season and swimmers are expected to uphold themselves with excellent sportsmanship, self-discipline and appropriate behavior when traveling and when attending these meets just as at regular practice. Swimmers are expected to follow these rules of appropriate conduct:

When staying in a hotel, the swimmers have a curfew of 10:00 p.m.; adequate rest is vital to swimmer performance. Cell phones, TV, music and social time ends at 10:00 and swimmers are expected to be in bed with lights off. Loud and rowdy behavior in the hotel will not be tolerated under any circumstances.

Swimmers are accountable to a parent, chaperone or coach, referred to here as the adult in charge. The swimmer must check in with the adult chaperone in charge before making any plans to leave the venue, travel with other team members, or any change to the team plans. The chaperone must know each swimmer's location at all times. Swimmers must take breaks in tandem when approved by chaperone. The swimmer is expected to be respectful to all adults and swimmers at all times, including judges, other teams' coaches and parents.

Swimmers are to be courteous when using electronic devices, such as iPods or cell phones at a meet. If these devices become a problem or a distraction, the adult in charge may elect to hold the swimmer's iPod or phone at a meet.

If a swimmer's conduct is in violation to the team rules, the adult in charge will notify a parent. Upon return from the meet, a meeting with the swimmer, parent, coach and board officers will be held to discuss the behavior violation. Consequences for behavior infractions are at the discretion of the coach and board officers, and may include, but are not limited to: a swimmer required to travel with parental supervision to upcoming meets. In case of extreme infraction, a swimmer will be sent home from the meet on an airplane at the parent's expense.

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