

Pope Francis --10 Suggestions for the New Year

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1. *“Take care of your spiritual life, your relationship with God”*
 2. *“Take care of your family life”*
 3. *“Take care of your relationships with others”*
 4. *“Be Careful how you speak”*
 5. *“Heal wounds of the heart with the oil of forgiveness”*
 6. *“Look after your work”*
 7. *“Be careful of envy, lust, hatred & negative feelings”*
 8. *“Watch out for anger or pointing the finger at others”*
 9. *“Watch out for ‘complaining’ continually”*
 10. *“Take care of brothers and sisters who are weaker”*
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Leadership is sometimes a gift that people seem to be born with that comes naturally to them. Some have to work at being comfortable with leading others or standing in front of a group and speaking.

Good leadership should be accomplished with grace and courtesy. You can be firm in leading a group without giving in to the instinct to humiliate others. This only degrades them and nullifies your validity. True leaders uplift people, inspire them, and give them a sense of worth. If you are able to do that, you will be a great leader and a person that others admire.

To quote Meryl Streep from the recent Golden Globe Awards Night: “Disrespect invites disrespect. Violence breeds violence.” This is so true-- and as Catholic women leading other Catholic women in our community, deanery, and in our state, we need to treat others with respect to receive that in return.

