



## •••2023 5K Nun Run •••

## Saturday, October 28, 2023 8:00 a.m. Start Time | Early Bird Registration Deadline October 13, 2023

- COURSE LOCATION: Our Lady of the Holy Rosary Church, 44450 Hwy 429, St. Amant, LA.
  The start and finish will be in front of the Jambalaya cooks. The course will wind through the St.
  Amant neighborhood behind Our Lady of the Holy Rosary.
- AGE GROUPS & AWARDS: Top three male and female runners 13 and older; top three 12 and under runners; finisher medals for all participants who finish the 5K.
- EARLY BIRD REGISTRATION: Entry fee adults 13 and older \$30; Kids 12 and under \$15.
  Online or mail entry form and entry fee to Our Lady of the Holy Rosary Catholic Church, Attn:
   Becky Shillings, La Fête des Bayous, 44450 Hwy 429, St. Amant, LA 70774 by October 13, 2023.
   Checks payable to La Fête des Bayous. Early Bird registrants receive a FREE La Fête des Bayous
   t-shirt!
- RACE DAY REGISTRATION: Entry fee adults 13 and older \$35; Kids 12 and under \$20. Opens at 7:00 a.m. Registration closes at 7:45 a.m.
- POST-RACE: Breakfast and beverage provided to all registered participants.
- Entry fees are NON-REFUNDABLE, even due to inclement weather.

5K Nun Run Contact: Valerie Belleu, <u>valbelleu@gmail.com</u>							
Nun Run Entry Form							
Name:							
Phone:	Email:						
Mailing Address:							
Age on Race Day:	Shirt Size:	Gender: □ Male □ Female					

**Release of Liability PARTICIPANT'S RELEASE:** 

In consideration of the acceptance of this entry form, I hereby release La Fête des Bayous and/or Our Lady of the Holy Rosary, its committee members, volunteers, sponsors, promoters, pastor, staff, and all others persons or entities associated with La Fête des Bayous against any claim, loss, liability or expense, including attorney's fees, resulting directly or indirectly from participation in this event. I recognize that participation in the Nun Run 5K exposes me to risks including, but not limited to, running related injury and traffic, AND I HEREBY ASSUME FULL AND COMPLETE RESPONISBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY ATTENDANCE AT OR PARTICIPATION IN THIS EVENT.

Entrant's Signature						
(Parent signature for entrant under 18 years of	of age)					
OFFICIAL USE ONLYEntry fee paid:	☐ Online	☐ Check	☐ Cash			