

November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 AM Snack: Oranges Lunch: Chicken nuggets, mac & cheese PM Snack: Cucumber	3 AM Snack: Muffins Lunch: Turkey sandwich, goldfish PM Snack: Cauliflower	4 AM Snack: Blueberries Lunch: Hamburgers, tater tots PM Snack: Granola bars	5 AM Snack: Rice cakes Lunch: Chicken ala king, green beans PM Snack: Applesauce	6 AM Snack: Yogurt Lunch: Leftovers PM Snack: Leftovers	7
8	9 AM Snack: Peaches Lunch: Hashbrowns, scrambled eggs PM Snack: Turkey & cheese rollup	10 AM Snack: English muffins Lunch: PBJ, Bananas PM Snack: Pudding	11 AM Snack: Fruit leathers Lunch: Bean burritos, broccoli PM Snack: Raisins	12 AM Snack: Hard boiled eggs Lunch: Spaghetti, corn PM Snack: Graham crackers w/ milk	13 AM Snack: Cottage cheese Lunch: Leftovers PM Snack: Leftovers	14
15	16 AM Snack: Blueberries Lunch: Macaroni & cheese, broccoli PM Snack: Pretzels	17 AM Snack: Bagels Lunch: Pancakes, sausage links PM Snack: Bananas	18 AM Snack: Granola bars Lunch: Grilled cheese, tomato soup PM Snack: Zucchini	19 AM Snack: Apple slices Lunch: Tuna sandwiches, carrots PM Snack: Cheese & crackers	20 AM Snack: Yogurt Lunch: Leftovers PM Snack: Leftovers	21
22	23 AM Snack: Applesauce Lunch: Chili, corn muffins PM Snack: Hard boiled eggs	24 AM Snack: Muffins Lunch: Chicken ala king, green beans PM Snack: Cheese sticks	25 AM Snack: Fruit smoothies Lunch: Leftovers PM Snack: Leftovers	26 Thanksgiving Day – PELC CLOSED	27 FLEX CLOSURE – AVAILABLE VIA SIGN UP ONLY	28
29	30 AM Snack: Cottage cheese Lunch: Pizza rolls, salad PM Snack: Carrots					