

**THE ROCK HOSTS  
7TH ANNUAL**

# TEXAS TOUGH

**GYMNASTICS INVITATIONAL  
FEBRUARY 1-3, 2019**

ARLINGTON CONVENTION CENTER

Admissions:	daily	all sess
Adult Entry ages 12+	\$ 20	\$ 30
Children 5-12	\$ 10	\$ 15
Military & Senior	\$ 10	\$ 15

- Convention Center Parking = \$5/day  
- Doors open 1HR before 1st session daily



[www.texastoughinvitational.com](http://www.texastoughinvitational.com)

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**USAG Men/Women FINAL SCHEDULE**  
~ Schedule is Final 1/24/2019 ~  
\*\*\* Minor timing changes ON FRIDAY ONLY \*\*\*

**TAAF Women - Final Session Day/Order**  
~ Schedule is FINAL 1/24/2019 ~

Session 1A	USAG	L10
Friday	Warm Up 11:30 AM	Cowboy Awards
	Coach Mtg 11:40 AM	
	Intro 11:50 AM	
	Compete 12:00 PM	

Session 2A	USAG	L8
Friday	Warm Up 2:00 PM	Cowboy Awards
	Coach Mtg 2:10 PM	
	Intro 2:20 PM	
	Compete 2:30 PM	

Session 3A	USAG	L9
Friday	Warm Up 5:45 PM	Cowboy Awards
	Coach Mtg 5:55 PM	
	Intro 6:05 PM	
	Compete 6:15 PM	

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**LET'S FIND OUT WHO IS...  
TEXAS TOUGH!**

**ALL TEAMS PARTICIPATE IN SUPER CUP AWARDS**

Session 1B	USAG MEN L6-10; JD
Friday	Warm Up 11:30 AM
	Coach Mtg 11:40 AM
	Intro 11:50 AM
	Compete 12:00 PM

Session 2B	USAG MEN L4 D2, all L5
Friday	Warm Up 2:45 PM
	Coach Mtg 2:55 PM
	Intro 3:05 PM
	Compete 3:15 PM

Session 3B	USAG MEN L4 D1
Friday	Warm Up 6:15 PM
	Coach Mtg 6:25 PM
	Intro 6:35 PM
	Compete 6:45 PM

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Session 4A	USAG	L7
Saturday	Warm Up 8:00 AM	Cowboy Awards
	Coach Mtg 8:10 AM	
	Intro 8:20 AM	
	Compete 8:30 AM	

Session 5A	USAG	L6 all Lg Teams + 5m
Saturday	Warm Up 12:30 PM	Cowboy Awards
	Coach Mtg 12:40 PM	Sm Teams: Empire, HOT,
	Intro 12:50 PM	Lone St, Palaestra, Rockwall,
	Compete 1:00 PM	Southlake, WOG, Zenith

Session 6A	USAG	L6 Med Teams + 5m
Saturday	Warm Up 4:00 PM	Cowboy Awards
	Coach Mtg 4:10 PM	Sm Teams: ASI LH, Corinth, Jills,
	Intro 4:20 PM	Manning, Precision, Rock,
	Compete 4:30 PM	United, Win Kids, Zero Gr

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Session 4B	TAAF	L4 Lg Teams
Saturday	Warm Up 8:00 AM	Ranger Awards
	Coach Mtg 8:10 AM	Nova, Plano Aerobats
	Intro 8:20 AM	Trevinos, Win Kids
	Compete 8:30 AM	

Session 5B	TAAF	L4 all Others
Saturday	Warm Up 11:00 AM	Ranger Awards
	Coach Mtg 11:10 AM	
	Intro 11:20 AM	
	Compete 11:30 AM	

Session 6B	TAAF	XS
Saturday	Warm Up 2:00 PM	Cowboy Awards
	Coach Mtg 2:10 PM	
	Intro 2:20 PM	
	Compete 2:30 PM	

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Session 4C	TAAF	L1 Lg Teams
Saturday	Warm Up 8:00 AM	Cowboy Awards
	Coach Mtg 8:10 AM	Lg: Irving, Olympo, Spirals,
	Intro 8:20 AM	TxDynasty, Rock, Win Kids
	Compete 8:30 AM	

Session 5C	TAAF	L1 & L2 Sm Teams
Saturday	Warm Up 10:45 AM	Cowboy Awards
	Coach Mtg 10:55 AM	all other teams
	Intro 11:05 AM	
	Compete 11:15 AM	

Session 6C	TAAF	L2 Lg Teams
Saturday	Warm Up 1:30 PM	Ranger Awards
	Coach Mtg 1:40 PM	Lg: Irving, NOVA, Olympo,
	Intro 1:50 PM	Spirals, TX Tumblers, UE,
	Compete 2:00 PM	Win Kids

Session 7C	TAAF	L3A
Saturday	Warm Up 4:30 PM	Ranger Awards
	Coach Mtg 4:40 PM	
	Intro 4:50 PM	
	Compete 5:00 PM	

Session 8C	TAAF	XB
Saturday	Warm Up 7:15 PM	Ranger Awards
	Coach Mtg 7:25 PM	
	Intro 7:35 PM	
	Compete 7:45 PM	

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Session 8A	USAG	XP, XD
Sunday	Warm Up 8:00 AM	Cowboy Awards
	Coach Mtg 8:10 AM	
	Intro 8:20 AM	
	Compete 8:30 AM	

Session 9A	USAG	XG
Sunday	Warm Up 12:00 PM	Cowboy Awards
	Coach Mtg 12:10 PM	
	Intro 12:20 PM	
	Compete 12:30 PM	

Session 10A	USAG	L2, L3, XB
Sunday	Warm Up 3:45 PM	Cowboy Awards
	Coach Mtg 3:55 PM	
	Intro 4:05 PM	
	Compete 4:15 PM	

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Session 9B	USAG	XS
Sunday	Warm Up 12:00 PM	Cowboy Awards
	Coach Mtg 12:10 PM	
	Intro 12:20 PM	
	Compete 12:30 PM	

and... Follow All Sessions "Live Results" at:



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Session 9C	TAAF	L5, L6, L7
Sunday	Warm Up 8:00 AM	Ranger Awards
	Coach Mtg 8:10 AM	
	Intro 8:20 AM	
	Compete 8:30 AM	

Session 10C	TAAF	L3P all Others
Sunday	Warm Up 12:00 PM	Ranger Awards
	Coach Mtg 12:10 PM	
	Intro 12:20 PM	
	Compete 12:30 PM	

Session 11C	TAAF	L3P Lg Teams
Sunday	Warm Up 3:00 PM	Ranger Awards
	Coach Mtg 3:10 PM	Achievers, JCC, Nova, Spirals
	Intro 3:20 PM	TX Tumblers, Trevinos
	Compete 3:30 PM	

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