

# High Point Educational Missionary Baptist Association

## HELPS Ministry

### *COVID 19 Information for the Churches*

*These documents were created by:*

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## Opening and Closing the Church

<https://www.cdc.gov/coronavirus/2019-ncov/community/faith-based.html>

CDC offers the following general considerations to help communities of faith discern how best to practice their beliefs while keeping their staff and congregations safe. Millions of Americans embrace worship as an essential part of life. For many faith traditions, gathering together for worship is at the heart of what it means to be a community of faith. But as Americans are now aware, gatherings present a risk for increasing spread of COVID-19 during this Public Health Emergency. CDC offers these suggestions for faith communities to consider and accept, reject, or modify, consistent with their own faith traditions, in the course of preparing to reconvene for in-person gatherings while still working to prevent the spread of COVID-19.

This guidance is not intended to infringe on rights protected by the First Amendment to the U.S. Constitution or any other federal law, including the Religious Freedom Restoration Act of 1993 (RFRA). The federal government may not prescribe standards for interactions of faith communities in houses of worship, and in accordance with the First Amendment, no faith community should be asked to adopt any mitigation strategies that are more stringent than the mitigation strategies asked of similarly situated entities or activities.

The decision to open or remain closed should be made with a lot of prayer, planning and cooperation from leadership (Pastor, ministers, board) working alongside Health ministers, (Ushers, greeters, congregational aids, security and person responsible for cleaning the church.

## **You may want to consider the following as you pray and plan.**

Assignments: (Who will do what)

Marked seating: 6 feet distancing (this is one of the first steps and will give you the number of people that your church can accommodate safely).

Proper signage (directions, face mask required, handwashing) use link to CDC and NC DHHS COVID 19

Close off all water fountains (can be wrapped in plastic and sign place on it.

Hand sanitizer (touchless is best)

Boxes Disposable gloves

Extra Disposable face mask (keep in large plastic container.

Sanitizer wipes

Disinfectant Spray

Contact paper to cover highly touched area (this will help with wipe down after each usage)

Disinfectant Spray mister or fogger machine

Touchless temperature thermometers: TEMPERATURES SHOULD BE TAKEN OUTSIDE BEFORE THE PERSON ENTERS THE BUILDING: IF ITS COLD OR HOT OUTSIDE TRY TO NOT HAVE PEOPLE STANDING IN THE COLD WAITING

When in good health, the **human** body's **normal temperature** is typically between 97 to 99 degrees. If your body **temperature** is above 100, you may have a fever caused by a virus or bacterial infection. Jan 10, 2020

## **COVID 19 Building Entrance Questions:**

In the past 24 to 48 hours have you experienced in of the following symptoms.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

Fever or chills

Cough

Shortness of breath or difficulty breathing

Fatigue

Muscle or body aches

Headache

New loss of taste or smell

Sore throat

Congestion or runny nose

Nausea or vomiting

Diarrhea

In the past 24 to 48 hours have you been around anyone that tested positive for COVID-19

In the past 24 to 48 hours have you been around a group of people (10 or more) that don't stay in your home?

Have you attended a social gathering or been a place where everyone wasn't wearing a face mask the entire time?

In the past 24 to 48 hours have you been tested for COVID 19?

Has any of your family members or close friends tested positive for COVID-19?

If a person answers yes to any of the following questions you should have a point person to talk to them about the risk of spreading COVID 19 and educate them about on quarantine / isolation and resources.

### **Clothing for Screeners:**

Proper PPE mask, face shield, and a scrub jacket is highly recommended, screening has been completed they should remove the jacket the proper way and place in plastic bag. Gloves should not be used doing the screening process, but the screener should make sure that they are wiping down the thermometer and using hand sanitizer.

### Resources and Websites

NC Department of Health and Human Services

Faith Leaders: 10 Actions Faith Leaders response of COVID19

<https://covid19.ncdhhs.gov/information/individuals-families-and-communities/faith-leaders>

## New COVID-19 Toolkit Available for Faith Leaders; Guidance for Places of Worship Updated for Phase 3

<https://www.ncdhhs.gov/news/press-releases/new-covid-19-toolkit-available-faith-leaders-guidance-places-worship-updated>

What Happens has symptoms and later test positive someone test positive for COVID 19

And they are linked to the building (church or food pantry etc.)

Check [state](#) and [local external icon](#) health department notices daily about transmission in the community and adjust operations.

- In the event a person diagnosed with COVID-19 is determined to have been in the building and poses a risk to the community, it is strongly suggested to dismiss attendees, then properly clean and disinfect the area and the building where the individual was present before resuming activities.

### Microphone Use and COVID 19

<https://schoeps.de/en/knowledge/knowledge-base/microphone-use-covid-19.html>

<https://en-us.sennheiser.com/microphone-hygiene>

Microphones even during the Covid-19 pandemic especially those used for close-range speech or vocal recording--require special care to avoid carrying the virus from one user to the next. Here are some tips on how to minimize this risk, based on our knowledge as of July 2020. Please follow the current recommendations of your local health authorities.

If a person sings or speaks into a microphone at close miking distance, the screen must be cleaned sufficiently after use of each person. Alternatively, the virus will die in a few days if the microphone is set aside in storage. The easiest way is to use only one microphone per person.

Wearing Gloves:

Wearing and facemask safety tips:

Face mask for public use don't necessarily need to have a filter:

Wash all cloth face mask after each usage and store in plastic container or zip lock bag.

Proper face mask should consist of 3 layers

Paper face mask or disposable mask are only good for one use.

How to properly put on your face mask

**Question: How long should a people assemble in a building?**

- A. No more than **1 hour**, they must wear their mask the entire time, and ahead to social distancing at all time. Before reopening your church, you must pray, plan, and consult with healthcare professionals remember the HPEMBA HELPS Ministry can help you.

**Indoor Air and Coronavirus (COVID-19) <https://www.epa.gov/coronavirus/indoor-air-and-coronavirus-covid-19>**

COVID-19 is thought to spread mainly through close contact from person-to-person. However, some uncertainty remains about the relative importance of different routes of transmission of SARS-CoV-2, the virus that causes coronavirus disease 2019 (COVID-19). Evidence now confirms that this virus can remain airborne for longer times and further distances than originally thought. In addition to close contact with infected people and contaminated surfaces, spread of COVID-19 may also occur via airborne particles in indoor environments, in some circumstances beyond the 2 m (about 6 ft) range encouraged by some social distancing recommendations. See [Science and Technical Resources related to Indoor Air and Coronavirus \(COVID-19\)](#) or [Indoor Air and COVID-19 Key References and Publications](#) for technical information.

**B. Should we continue to offer virtual services if we reopen our church?**

Yes, In the planning of the reopening you might want to consider how and where people will enter and exit the building so that you can still stream and record the service. Remember that you will have to limit person to person contact and the length of service (social distancing) and contact (touch). Having both in person and virtual will help you reach the masses. Keys Pray, Plan and Purpose for all believers in Jesus Christ.

**Volunteering and Staying in touch:**

During the pandemic is a good time to engage in (in house and outreach) ministry: phone calls, greeting cards, Zoom meetings, facetime, massager, texting, WhatsApp, Teams, care packages left on senior front pouch.

Pastors, Minsters and Faith leaders are encouraged to:

**Know and refer people to resources that can help them with:**

Food: Senior Services: Meals on Wheels: frozen meals delivery once a week.

<https://www.seniorservicesinc.org/coronavirus-recommendations/>

**Love Out Loud:** <https://volunteer.loveoutloudws.com/> Volunteer, Food and resources

Second Harvest Food Bank: <https://www.secondharvestnwc.org/>

Rental or bill assistance: NC DHHS financial assistance during COVID 19, Local Dept. Of Social Services, Salvation Army, NC Council of Churches, NW Piedmont Council of Government

Wake Forest Faith Health

Mental health: Daymark <https://www.daymarkrecovery.org/locations/forsyth-center>

NC Baptist Aging Ministries: <https://www.ncbam.org/> Hotline for seniors who are lonely 866-578-4673

NC Council of Churches: <https://www.ncchurches.org/covid-19r-resources/>

Novant Health Community Engagement: Porche Jones <https://www.novanthealth.org/>

You can also find the link on information on the COVID 19 vaccine.

NCDPI AND NCDHHS [877-877 MEAL LOCATOR TEXTING RESOURCES FOR PARENTS](#)

## Badge Law

<http://.ncbon.com/dcp/i/laws-rules-badge-law-license-required-and-exceptions>

Information found in this session can also be found on the board of nursing website

All nurses or anyone using the title, or any functions of a nurse must have a current license issued by the NC Medical Board and Board of Nursing.

When performing in act of nursing you must make sure that you are have guidance from that person's primary care doctor, medical history and medical records so that the care preformed or provided is correct and can enter into the record.

### 90-171.43 License requirements

No person shall practice or offer to practice as a registered nurse or licensed practical nurse or use the word "nurse" as a title for herself or himself or use an aggravation to indicate that the person is a registered nurse or licensed practical nurse, unless the person is currently licensed as a registered nurse or licensed practical nurse as provided by this Article. .

The Article shall not, however, be constructed prohibit or limit the following.

- The performance by any person of any act for which that person holds a license issued pursuant to North Carolina Law.
- The clinical practice by students enrolled in approved nursing programs, continuing education programs, or refresher courses under the supervision of qualified faculty.
- The performance of nursing performed by person who hold a temporary license issued pursuant to G.S.90.171.33
- The delegation to any person, including a member of the patients' family, by a physician licensed to practice medicine in NC, a licensed dentist or registered nurse of those patients-care service which are routine, repetitive, limited in scope that do not require the professional judgment of a registered nurse or licensed practical nurse.
- Assistance by any person in the case of emergency.
- ***Note from SR (good summations act) You might want to make sure that you provide trainings in the following: Fist Aide, CPR, AED, and how to take a blood pressure.***

As a church Health Ministry is a good idea to obtain basic health information on the membership to be used in health emergencies if you must contact 911.

Before doing this, you develop a health card, provide locked storage box.

Have a HIPPA training and with a confidentiality statement that each member of the team signs.

Decide on a place for the box (with limited keys) Pastor, Health Ministry leader(s)

Establish a procedure, and plan

Plan on how often you want to update the cards and add new ones.

#### 90-18.5 Limitations on nurse practitioners

(a) Any nurse approved under the provision of G.S. 90-18 (14) to perform medical acts, task or functions may use the title “nurse practitioner” Any other person who uses the title in any form or holds out to be a nurse practitioner or to be so approved, shall be deemed to be in violation of this Article.

(b) Nurse practitioners are authorized to write prescriptions for drugs un the following conditions:

#### **Congregational Nurse and Health Ministry or Congregational Helpers:**

Health Ministry or Congregational Helper Leader: Should have the following qualifications and trainings: **Remember it is a ministry.**

*Mission of Congregational /Helper, Nurse and Health Ministry:*

*Is to foster church and community partnerships to promote, develop and support health ministry and through faith community. Advocate for community resources for the promotion of holistic health through faith communities within the county in which they live. Respect the individual needs and culture of the congregations and community.*

1. Ministry Leadership skills (visionary)
2. Ministry Knowable
3. Purpose and compassion
4. People Person (customer service), (professionalism)
5. Communicator: know the church structure (pastor and board and communicating the needs of the ministry to the pastor, ministry members and the congregation.
6. Accountable and Willing (being in place and helping) this includes conducting meetings and follow up. Seek additional training for themselves, the ministry, church, and the community.
7. Pray and not gossip (HIPPA) confidently is cuticle.
8. Community and Agency connected: So, they can refer people to resources that they may need (mental health, medical, social needs, and financial needs).
9. Currently trained in CPR, AED, Health and Health Ministry training. (for more information on conduction a Health Ministry training please contact Sharon C. Roberts at [Sroberts66@traid.rr.com](mailto:Sroberts66@traid.rr.com)
10. Ability to work with the other HELPS ministries: ushers, greeters, and security.