



HEMPFIELD HUBS

Community Participation Supports

HEMPFIELD HUBS FACILITATES MEANINGFUL PARTICIPATION AND VALUED ROLES, GIVING PARTICIPANTS A SENSE OF PURPOSE AND RESPONSIBILITY WITHIN THEIR COMMUNITY.

LOCATIONS

- Located in the community and serving:
 - East and West shore communities of the City of Harrisburg
 - Newville and the surrounding area
 - Eastern Snyder County
 - South Central Communities of Adams County
- Future Locations:
 - Union County, Northumberland County, Montour County



PURPOSE

- Hempfield Hubs strives to reduce hunger in our community, promote alternative transportation (where applicable), support the arts community, encourage community involvement, caring for others and sustainable practice (reduce, reuse, recycle, & repurpose).
- Addressing these causes creates an avenue for adults with disabilities to:
 - engage in meaningful and inclusive community activities
 - develop & sustain valued social roles
 - increase independence
 - increase potential for employment

HUBS

- This is a program *without walls*.
- Local public spaces such as the coffee shops, libraries, student unions, book shops, art centers and markets are meeting locations. Hempfield Hubs is conducted:
 - 100% in the community
 - in intimate groups of 1:1, 1:2 and 1:3 (facilitator/participant)
- At hubs, the facilitator encourages:
 - relationships & networks that provide friendship and support
 - development of hobbies/interests that promote health & wellness
 - skills in navigating the local community physically and socially



COMMUNITY INVOLVEMENT

- Hempfield Hubs encourages community involvement by creating volunteer opportunities at:
 - local golf courses
 - animal rescue organizations
 - local borough offices
 - local businesses
 - agriculture centers
 - assisted living facilities
 - local rescue companies

SUSTAINABILITY

- Participants have the opportunity to volunteer at places that exemplify goals to reduce, reuse, recycle or repurpose:
 - local thrift stores
 - bike shops
 - scrap recycle businesses

HUNGER

- We address hunger through volunteering at various food pantries in the community.
- We partner with local churches, synagogues, & mosques to establish raised gardens to grow food at their location for distribution at shelters and afterschool programs.
- We collect excess food from local farmer's markets.
- *Red Tomato Farm in Newville provides raised beds, starter plants and gardening advise for new community garden start-ups.*



ALTERNATIVE TRANSPORTATION

- Learning to navigate the community when a destination is not within walking distance develops independence and opens opportunities for exploration different areas of the community.
- Some of our urban locations uses alternative transportation to include:
 - the city bus system.
 - Uber or Lyft
 - Zagster

SUPPORTING PERSONAL INTERESTS

- Communities offer many opportunities to develop personal interest including, but not limited to the following areas:
 - art communities
 - musical instruments
 - nutrition and cooking
 - physical fitness
 - books and reading





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ACCEPTING REFERRALS

**We are accepting referrals
for all Hempfield Hubs
Communities.**

Call: 717-221-8004

Email: hbhservices@gmail.com

On the Web:
hempfieldpa.com

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