

MEET OFFICIALS

Meet Director:
 Kunle Lawson
Timing:
 Blue Ridge Timing



RESULTS

Men's 3000m Steeple

Pl	Name	Yr Team	Time	Pts
1	STIRLING, Calhoun	SR Mary Washin	10:18.36	10
2	JONES, Austin	JR Mary Washin	10:23.13	8

Women's 4 x 100m Relay

Pl	Team	Time	Pts
1	Mary Washington (A) 1) LIGHTFOOT, Brianna FR 2) ANDREWLEVICH, Erin JR 3) HORSLEY, Quintasia JR 4) CHERIKOS, Angie SO	50.20	10
2	Catholic (A) 1) WALTER, Jillian FR 2) BORAS, Grace JR 3) WALTER, Abigail FR 4) BAKER, Madeline SO	53.11	8

Men's 4 x 100m Relay

Pl	Team	Time	Pts
1	Mary Washington (A) 1) AMMANN, Nicolas FR 2) WALTON, Rajai SO 3) DANEK, David JR 4) ONGUENE, Ben SO	44.50	10

Women's 1500 Meters

Pl	Name	Yr Team	Time	Pts
1	LYONS, Kiera	SR Catholic	4:58.31	10
2	APPLEGATE, Ashley	SO Mary Washin	5:07.71	8
3	RAFTER, Zoe	FR Mary Washin	5:13.54	6
4	LLOYD, Kenzie	FR Mary Washin	5:15.80	5
5	DEMAREE, Carolyn	SR WRC	5:29.78	4
6	VILLANUEVA, Jasmine	FR Mary Washin	5:36.07	3
7	POLIS, Clare	SO Marymount (5:42.86	2
8	SMITH, Grace	JR Marymount (7:14.23	1

Men's 1500 Meters

Pl	Name	Yr Team	Time	Pts
1	HARTMAN, Jason	Unattached	4:14.01	
2	BURKLOW, John	JR Mary Washin	4:20.85	10
3	TINSLEY, Ryan	FR Mary Washin	4:20.98	8
4	BAUMGARTNER, Brandon	FR Mary Washin	4:26.19	6
5	LIBMAN, Justin	FR Mary Washin	4:28.39	5
6	ESATTO, Jeremy	SR Unattached	4:36.46	
7	GILLETT, Paul	FR Catholic	4:40.77	4
8	PHILLIPS, Jake	SO Mary Washin	4:41.08	3
9	MACYKO, Thomas	FR Catholic	4:48.84	2
10	ALMARODE, Andy	Colonial Roa	4:51.96	1

Women's 100 Meters

Prelims				
Pl	Name	Yr Team	Time	H(Pl)
1	LEON LEDEZMA, Valentina	FR Mary Washin	13.01 (+2.1)q	1(1)
1	LIANG, Grace	Unattached	13.01 (+2.1)q	2(1)
3	PADILLA, Antoinette	Unattached	13.02 (+2.1)q	1(2)
4	HORSLEY, Quintasia	JR Mary Washin	13.26 (+2.1)q	1(3)
5	BAKER, Madeline	SO Catholic	13.38 (+2.1)q	2(2)
6	RUDISEL, Alexis	SO Mary Washin	13.80 (+2.1)q	1(4)
7	WALTER, Abigail	FR Catholic	13.88 (+2.1)q	2(3)
8	BALUARTE, Carly	SR Catholic	15.58 (+2.1)q	1(5)

Men's 100 Meters

Prelims				
Pl	Name	Yr Team	Time	H(Pl)
1	BROWN, Maurice	SO Unattached	11.07 (+2.1)q	1(1)
2	SAKIMURA, Tyler	SO Mary Washin	11.50 (+0.3)q	2(1)
3	MILLER, Luke	FR Mary Washin	11.74 (+1.5)q	3(1)
4	MURRAY, Shawntel	JR Unattached	11.76 (+0.3)q	2(2)
5	THORNE, Gavin	Unattached	12.09 (+1.5)q	3(2)
6	CHRISTIAN DAVIS, Hunter	Unattached	12.21 (+2.1)q	1(2)
7	KASINSKI, Curtis	FR Unattached	12.61 (+1.5)q	3(3)
8	DUNMEYER, Dashaun	FR Catholic	13.03 (+0.3)q	2(3)
9	RUDOLPH, Wren	Potomac Vall	13.15 (+0.3)	2(4)
10	RIVAS, Paolo	SO Marymount (13.22 (+0.3)	2(5)
11	HARRIS, Joseph	Potomac Vall	14.15 (+2.1)	1(3)

Women's 100m Hurdles

				Wind: (+1.6)
Pl	Name	Yr Team	Time	Pts
1	HOLTON, Kennedy	Unattached	14.07	
2	HAMOUDA, Mandi	Greensboro P	14.72	10
3	NDIAYE-ARETTE, Adja	Unattached	14.81	
4	LOGAN, Desmone	FR Mary Washin	16.06	8
5	ESPRIT, Lauren	JR Mary Washin	17.13	6
6	TROY, Natalie	SO Catholic	17.50	5
7	SCHUBERT, Emily	JR Catholic	19.01	4

Men's 110m Hurdles

				Wind: (+0.4)
Pl	Name	Yr Team	Time	Pts
1	MCCOY, Joseph	FR Unattached	15.47	
2	BRANCH, Joseph	FR Mary Washin	16.28	10
3	DREITLEIN, Michael	SO Catholic	16.72	8
4	CHANDLER-BYRD, D'andre	SO Mary Washin	16.77	6
5	MCALPINE, Bryce	SO Mary Washin	17.78	5
6	BUDD, Kevin	SR Catholic	19.75	4

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Women's 400 Meters

Pl	Name	Yr Team	Time	Pts
1	BORAS, Grace	JR Catholic	1:03.74	10
2	WALCUTT, Anna	FR Catholic	1:04.84	8
3	ANYANWU, Ogechi	SO Catholic	1:06.08	6
4	FIORE, Olivia	FR Catholic	1:06.97	5
5	STROKIS, Madeleine	JR Catholic	1:10.48	4

Men's 400 Meters

Pl	Name	Yr Team	Time	H(Pl)	Pts
1	SNEED, Laurence	SO Mary Washin	50.46	1(1)	10
2	BROWN, Maurice	SO Unattached	50.79	1(2)	
3	HALL, Chris	SO Mary Washin	51.41	2(1)	8
4	BINCK, Peter	SR Catholic	51.44	1(3)	6
5	COATES, Cameron	JR Mary Washin	52.52	1(4)	5
6	SAUL, Brian	Unattached	53.29	2(2)	
7	MAXWELL, Patrick	FR Catholic	53.63	1(5)	4
8	POTTER, Ryan	Unattached	54.74	2(3)	
9	RUDOLPH, Wren	Potomac Vall	1:01.61	2(4)	3

Women's 100 Meters

Finals Wind: (+4.5)

Pl	Name	Yr Team	Time	Pts
1	LIANG, Grace	Unattached	12.86	
2	LEON LEDEZMA, Valentina	FR Mary Washin	12.99	10
3	HORSLEY, Quintasia	JR Mary Washin	13.11	8
4	BAKER, Madeline	SO Catholic	13.33	6
5	RUDISEL, Alexis	SO Mary Washin	13.74	5
6	WALTER, Abigail	FR Catholic	13.97	4
7	BALUARTE, Carly	SR Catholic	15.75	3
	PADILLA, Antoinette	Unattached	DNF	

Men's 100 Meters

Finals Wind: (+2.4)

Pl	Name	Yr Team	Time	Pts
1	SAKIMURA, Tyler	SO Mary Washin	11.30	10
2	MILLER, Luke	FR Mary Washin	11.54	8
3	MURRAY, Shawntel	JR Unattached	11.62	
4	THORNE, Gavin	Unattached	11.96	
5	KASINSKI, Curtis	FR Unattached	12.39	
6	DUNMEYER, Dashaun	FR Catholic	12.63	6

Women's 400m Hurdles

Pl	Name	Yr Team	Time	Pts
1	TROY, Natalie	SO Catholic	1:09.36	10
2	BYRD, Haileigh	FR Mary Washin	1:10.10	8
3	LYONS, Kiera	SR Catholic	1:14.46	6

Women's 400m Hurdles (cont'd)

Pl	Name	Yr Team	Time	Pts
4	SCHUBERT, Emily	JR Catholic	1:18.83	5

Men's 400m Hurdles

Pl	Name	Yr Team	Time	Pts
1	MCCOY, Joseph	FR Unattached	56.21	
2	MCALPINE, Bryce	SO Mary Washin	59.37	10
3	CHANDLER-BYRD, D'andre	SO Mary Washin	1:01.11	8
4	BUDD, Kevin	SR Catholic	1:04.90	6

Women's 800 Meters

Pl	Name	Yr Team	Time	Pts
1	DELEAN, Camy	FR Mary Washin	2:27.95	10
2	WHITE, Kristy	JR Mary Washin	2:28.30	8
3	CARLINI, Victoria	SO Catholic	2:28.65	6
4	SALING, Leah	SO Mary Washin	2:29.35	5
5	POLIS, Clare	SO Marymount (2:40.82	4
6	HUGGINS, Hannah	JR Mary Washin	2:46.73	3
	GUZMAN, Teresa	FR Mary Washin	DNF	
	KNERR, Emily	SR Mary Washin	DNF	

Men's 800 Meters

Pl	Name	Yr Team	Time	Pts
1	QUIN, Connor	FR Mary Washin	2:04.20	10
2	SOUTH, Andrew	SO Mary Washin	2:04.28	8
3	DEHETRE, Jake	SO Mary Washin	2:04.74	6
4	STICKNEY, Alexander	Unattached	2:05.04	
5	DAKESSIAN, Brandon	FR Marymount (2:06.17	5
6	MALLERY, Michael	FR Mary Washin	2:12.96	4
7	ESATTO, Jeremy	SR Unattached	2:14.88	
8	STOCKARD, Braden	FR Mary Washin	2:19.65	3
9	ALMARODE, Andy	Colonial Roa	2:26.36	2

Women's 200 Meters

Pl	Name	Yr Team	Time	H(Pl)	Pts
1	HAMOUDA, Mandi	Greensboro P	25.54 (+3.0)	1(1)	10
2	HOLTON, Kennedy	Unattached	25.70 (+3.0)	1(2)	
3	FACEY, Nasheeda	Greensboro P	26.05 (+3.0)	1(3)	8
4	LIANG, Grace	Unattached	26.92 (+3.0)	1(4)	
5	CHERIKOS, Angie	SO Mary Washin	26.99 (+0.2)	2(1)	6
6	LIGHTFOOT, Brianna	FR Mary Washin	27.22 (+3.0)	1(5)	5
7	BAKER, Madeline	SO Catholic	27.55 (+3.0)	1(6)	4
8	PADILLA, Antoinette	Unattached	28.17 (+3.0)	1(7)	
9	WALTER, Jillian	FR Catholic	29.12 (+0.2)	2(2)	3
10	MAGRINI, Sheila	FR Catholic	29.74 (+0.2)	2(3)	2
11	STROKIS, Madeleine	JR Catholic	30.67 (+0.2)	2(4)	1

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Women's 200 Meters (cont'd)

Pl Name	Yr Team	Time	H(Pl)	Pts
12 BALUARTE, Carly	SR Catholic	33.62 (+0.2)	2(5)	

Men's 200 Meters

Pl Name	Yr Team	Time	H(Pl)	Pts
1 SNEED, Laurence	SO Mary Washin	23.04 (+1.3)	1(1)	10
2 SAUL, Brian	Unattached	23.22 (+1.3)	1(2)	
3 POTTER, Ryan	Unattached	24.82 (+1.6)	2(1)	
4 HARRIS, Joseph	Potomac Vall	24.91 (+1.6)	2(2)	8
5 DUNMEYER, Dashaun	FR Catholic	25.90 (+1.6)	2(3)	6
6 KASINSKI, Curtis	FR Unattached	26.33 (+1.3)	1(3)	
7 RUDOLPH, Wren	Potomac Vall	26.49 (+1.6)	2(4)	5
8 RIVAS, Paolo	SO Marymount (26.98 (+1.6)	2(5)	4
HALL, Chris	SO Mary Washin	DNF (NW)	1	

Women's 5000 Meters

Pl Name	Yr Team	Time	Pts
1 MERRILL, Carly	FR Marymount (23:00.41	10
2 REED, Kaitlyn	JR Marymount (23:38.43	8

Men's 5000 Meters

Pl Name	Yr Team	Time	Pts
1 GIBSON, Jeff	JR Mary Washin	15:41.82	10
2 CAICEDO, Jonathan	SO Mary Washin	17:36.38	8
3 HOAK, Alex	SR Ho-kago Tea	17:48.52	6
4 LANDIVAR, Matthew	JR Marymount (19:26.60	5

Men's High Jump

Pl Name	Yr Team	Mark	Pts
1 DANEK, David	JR Mary Washin	1.98m	10
2 WALTON, Rajai	SO Mary Washin	1.93m	8
3 WARNER, Maccall	FR Mary Washin	1.78m	6
4 BRANCH, Joseph	FR Mary Washin	1.68m	5

Women's High Jump

Pl Name	Yr Team	Mark	Pts
1 MAGRINI, Sheila	FR Catholic	1.35m	10

Men's Pole Vault

Pl Name	Yr Team	Mark	Pts
1 LAROSA, Luke	FR Catholic	2.90m	10
CHESTER, Will	JR Catholic	NH	

Women's Pole Vault

Pl Name	Yr Team	Mark	Pts
1 JAMES, Yamina	JR Mary Washin	3.05m	10
2 REEVES, Brynne	JR Mary Washin	2.75m	8
3 GRAY, Erin	SO Mary Washin	2.30m	6

Men's Long Jump

Pl Name	Yr Team	Mark	Pts
1 WALTON, Rajai	SO Mary Washin	6.85m (-2.1)	10
2 ONGUENE, Ben	SO Mary Washin	6.26m (-2.1)	8
3 BRANCH, Joseph	FR Mary Washin	6.08m (-2.1)	6
4 WARNER, Maccall	FR Mary Washin	5.65m (+1.1)	5
5 CHESTER, Will	JR Catholic	5.29m (-0.5)	4

Women's Long Jump

Pl Name	Yr Team	Mark	Pts
1 LIANG, Grace	Unattached	5.03m (-3.3)	
2 BYRD, Haileigh	FR Mary Washin	4.89m (-0.3)	10
3 LOGAN, Desmone	FR Mary Washin	4.72m (-3.8)	8
4 RUDISEL, Alexis	SO Mary Washin	4.64m (-1.0)	6
5 ESPRIT, Lauren	JR Mary Washin	4.45m (-1.5)	5
6 WALTER, Abigail	FR Catholic	4.43m (-1.1)	4
7 FIORE, Olivia	FR Catholic	4.43m (-0.8)	3
8 BALUARTE, Carly	SR Catholic	3.75m (-2.2)	2

Men's Triple Jump

Pl Name	Yr Team	Mark	Pts
1 WALTON, Rajai	SO Mary Washin	14.71m (-2.1)	10
2 DANEK, David	JR Mary Washin	13.43m (+0.0)	8
3 ONGUENE, Ben	SO Mary Washin	13.31m (-2.8)	6
4 CHESTER, Will	JR Catholic	11.09m (-3.4)	5

Women's Triple Jump

Pl Name	Yr Team	Mark	Pts
1 LOGAN, Desmone	FR Mary Washin	10.45m (+0.0)	10
2 BYRD, Haileigh	FR Mary Washin	10.32m (-1.0)	8

Men's Shot Put

Pl Name	Yr Team	Mark	Pts
1 SMITH, Ripken	SR Mary Washin	14.10m	10
2 TONGRONGOU, Soussia	Unattached	13.85m	
3 JOHNSON, Tristan	FR Mary Washin	12.79m	8
4 SCHODOWSKI, Ryan	JR Catholic	11.04m	6
5 WEBSTER, Ryan	FR Mary Washin	9.61m	5

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Women's Shot Put

Pl	Name	Yr Team	Mark	Pts
1	GALEANO, Andrea	SR Catholic	11.23m	10
2	JOHNSON, Rebecca	SR Catholic	9.58m	8
3	HUGH, Chelsey	FR Mary Washin	9.37m	6
4	MARTINEZ, Yulemi	FR Mary Washin	8.47m	5
5	TOMASURA, Gabby	JR Catholic	8.30m	4

Men's Discus

Pl	Name	Yr Team	Mark	Pts
1	CERMINARA, John	Commonweal	51.21m	10
2	JOHNSON, Tristan	FR Mary Washin	43.40m	8
3	SMITH, Ripken	SR Mary Washin	43.29m	6
4	TONGRONGOU, Soussia	Unattached	37.53m	5
5	LEE, Daniel	FR Mary Washin	35.67m	4
6	ROBERTSON, Robert	JR Mary Washin	34.70m	3
7	SCHODOWSKI, Ryan	JR Catholic	33.54m	2
8	O'BRIEN, Timothy	SO Catholic	24.68m	1
9	BRANCH, Joseph	FR Mary Washin	20.91m	
10	KELLY, James	FR Catholic	16.12m	

Women's Discus

Pl	Name	Yr Team	Mark	Pts
1	JOHNSON, Rebecca	SR Catholic	31.36m	10
2	TOMASURA, Gabby	JR Catholic	30.95m	8
3	GALEANO, Andrea	SR Catholic	28.58m	6
4	HUGH, Chelsey	FR Mary Washin	27.87m	5
5	MARTINEZ, Yulemi	FR Mary Washin	25.14m	4

Men's Hammer

Pl	Name	Yr Team	Mark	Pts
1	WATSON, Ja'Mar	Unattached	60.79m	10
2	SMITH, Ripken	SR Mary Washin	45.24m	8
3	ROBERTSON, Robert	JR Mary Washin	45.10m	6
4	JOHNSON, Tristan	FR Mary Washin	44.09m	5
5	WEBSTER, Ryan	FR Mary Washin	32.34m	4
6	SCHODOWSKI, Ryan	JR Catholic	30.28m	3
7	O'BRIEN, Timothy	SO Catholic	26.18m	2
8	LEE, Daniel	FR Mary Washin	24.11m	1
9	KELLER, Joe	FR Catholic	21.10m	
10	KELLY, James	FR Catholic	19.34m	

Women's Hammer

Pl	Name	Yr Team	Mark	Pts
1	GALEANO, Andrea	SR Catholic	46.34m	10
2	TRUESTER, Allie	Unattached	34.15m	8
3	TOMASURA, Gabby	JR Catholic	32.81m	6

Women's Hammer (cont'd)

Pl	Name	Yr Team	Mark	Pts
4	HUGH, Chelsey	FR Mary Washin	32.24m	6
5	JOHNSON, Rebecca	SR Catholic	30.26m	5
6	MARTINEZ, Yulemi	FR Mary Washin	30.24m	4
7	SULLIVAN, Emily	JR Catholic	28.82m	3

Men's Javelin

Pl	Name	Yr Team	Mark	Pts
1	LEE, Daniel	FR Mary Washin	51.16m	10
2	HARRIS, Joseph	Potomac Vall	46.85m	8
3	SLOAN, Aaron	Unattached	36.52m	6
4	JOHNSON, Tristan	FR Mary Washin	35.63m	5
5	SCHODOWSKI, Ryan	JR Catholic	32.52m	4

Women's Javelin

Pl	Name	Yr Team	Mark	Pts
1	TOMASURA, Gabby	JR Catholic	30.84m	10
2	HUGH, Chelsey	FR Mary Washin	22.38m	8
3	JAMES, Yamina	JR Mary Washin	20.11m	6
4	SULLIVAN, Emily	JR Catholic	20.03m	5

Men's Scores

Pl	Team	Code	Score
1	Mary Washington	MAVA	375
2	Catholic	Catholi c	89
3	Potomac Valley Track Club	POTO	24
4	Marymount (Va.)	MAV3	14
5	Commonwealth Throws Club	COMM	10
6	Ho-kago Tea Time	HO-K	6
7	Colonial Road Runners	COLO	3

Women's Scores

Pl	Team	Code	Score
1	Mary Washington	MAVA	229
2	Catholic	Catholi c	216
3	Greensboro Pacesetters	GREE	28
4	Marymount (Va.)	MAV3	25
5	WRC	WRC	4