




January 2019 Classes

Des Moines Ballroom Dance Studio

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 NO CLASSES - NEW YEARS	2 630-8 AFT 8-9 Beginner V. Waltz	3 11 -12 PD Moves 630-730 Beginner Smooth - Waltz, Tango, Foxtrot (1 of 8) 830-930 Beginner Country	4 10-1030 am Ballroom Babes 630-730 Beginner Rhythm - Rumba, Cha Cha, EC Swing (1 of 8) 730-930 OPEN PRACTICE PARTY	5 930-10 Youth Movement 10-11 Youth Beginner Rumba/Cha Cha 11-12 Youth Performance Team 12-1 Kids Performance Team
6	7 530-630 Guided Practice 630-730 Sip and Step 730-830 Beginner WC Swing	8 630-730 pm Intermediate 2 Foxtrot 730-830 Intermediate 1 Cha Cha	9 630-8 AFT 8-9 Beginner V. Waltz	10 11 -12 PD Moves 630-730 Beginner Smooth - Waltz, Tango, Foxtrot (2 of 8) 830-930 Beginner Country	11 10-1030 am Ballroom Babes 630-730 Beginner Rhythm - Rumba, Cha Cha, EC Swing (2 of 8) 730-930 OPEN PRACTICE PARTY	12 930-10 Youth Movement 10-11 Youth Beginner Rumba/Cha Cha 11-12 Youth Performance Team 12-1 Kids Performance Team
13	14 530-630 Guided Practice 630-730 Sip and Step 730-830 Beginner WC Swing	15 630-730 pm Intermediate 2 Foxtrot 730-830 Intermediate 1 Cha Cha	16 630-8 AFT 8-9 Beginner V. Waltz	17 11 - 12 PD Moves 630-730 Beginner Smooth - Waltz, Tango, Foxtrot (3 of 8) 830-930 Beginner Country	18 10-1030 am Ballroom Babes 630-730 Beginner Rhythm - Rumba, Cha Cha, EC Swing (3 of 8) 730-930 OPEN PRACTICE PARTY	19 930-10 Youth Movement 10-11 Youth Beginner Rumba/Cha Cha 11-12 Youth Performance Team 12-1 Kids Performance Team
20	21 530-630 Guided Practice 630-730 Sip and Step 730-830 Beginner WC Swing	22 630-730 pm Intermediate 2 Foxtrot 730-830 Intermediate 1 Cha Cha	23 630-8 AFT 8-9 Beginner V. Waltz	24 11 - 12 PD Moves 630-730 Beginner Smooth - Waltz, Tango, Foxtrot (4 of 8) 830-930 Beginner Country	25 10-1030 am Ballroom Babes 630-730 Beginner Rhythm - Rumba, Cha Cha, EC Swing (4 of 8) 730-930 OPEN PRACTICE PARTY	26 930-10 Youth Movement 10-11 Youth Beginner Rumba/Cha Cha 11-12 Youth Performance Team 12-1 Kids Performance Team
27	28 530-630 Guided Practice 630-730 Sip and Step 730-830 Beginner WC Swing	29 630-730 pm Intermediate 2 Foxtrot 730-830 Intermediate 1 Cha Cha	30 630-8 AFT	31 11 - 12 PD Moves 630-730 Beginner Smooth - Waltz, Tango, Foxtrot (5 of 8)		

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