









August 2019

Dance Centre Studios
870 Lee Road
Macon, Georgia
478-743-9391

<http://dancecentrebhallroom.com>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>For God so loved the world that He gave His only be- gotten Son, that whosoever believes in Him shall not perish, but have eternal life.</i></p> <p><i>John 3:16</i></p>				<p><i>1</i></p> <p>6:50 PM– Br. I Waltz</p>	<p><i>2</i></p> <p>Smiling covers a multitude of mistakes on the dance floor.</p>	<p><i>3</i></p> <p>2:00 New Student Workshop</p>
<p><i>4</i> “Everything got started in God and finds its purpose in God.” <i>Colossians 1:16b</i></p>	<p><i>5</i></p> 	<p><i>6</i></p> <p>6:50 PM—New Student Workshop</p> <p>8:00 PM -Br. I Hustle</p>	<p><i>7</i></p> <p>Both partners should maintain firm wrist, elbow, & shoul- der tension for side- ways, forwards, and backwards movement.</p>	<p><i>8</i></p> <p>6:50 PM– Br. I Swing</p>	<p><i>9</i></p> <p>The waltz teaches poise, control, balance and grace.</p>	<p><i>10</i></p> <p>2:00 New Student Workshop</p>
<p><i>11</i></p>	<p><i>12</i></p> <p>Dancing com- bines rhythmic, mu- sical, emotional, and cognitive brain func- tions enhancing the brain’s alertness.</p>	<p><i>13</i></p> <p>6:50 PM—New Student Workshop</p> <p>8:00 PM -Br. I Cha Cha</p>	<p><i>14</i></p> 	<p><i>15</i></p> <p>6:50 PM– Br. I 2-step variations</p>	<p><i>16</i></p> <p>As a social activity, ballroom dance builds social confidence; and therefore, a better outlook on life.</p>	<p><i>17</i></p> <p>2:00 New Student Workshop</p>
<p><i>18</i></p> <p>“God has planted eternity in the human heart.” <i>Ecclesiastes 3:11</i></p>	<p><i>19</i></p> 	<p><i>20</i></p> <p>6:50 PM—New Student Workshop</p> <p>8:00 PM -Br. I Tango</p>	<p><i>21</i></p> <p>Nothing would be done at all if we waited until we could do it so well that no one could find fault with it. Cardinal Newman</p>	<p><i>22</i></p> <p>6:50 PM– Br. I Foxtrot</p>	<p><i>23</i></p> 	<p><i>24</i></p> <p>2:00 New Student Workshop</p>
<p><i>26</i></p> 	<p><i>26</i></p>	<p><i>27</i></p> <p>6:50 PM—New Student Workshop</p> <p>8:00 PM -Br. I Mambo</p>	<p><i>28</i></p> 	<p><i>29</i></p> <p>6:50 PM– Br. I Jitterbug</p>	<p><i>30</i></p> <p>Dancing improves posture, stamina, and ease of movement.</p>	<p><i>31</i></p> <p>2:00 New Student Workshop</p>