

The Affinities Program®  
Unit and Lesson Overview

Day	Grade 9	Grade 10	Grade 11	Grade 12
1	Setting the scene: a) Brainstorm video questions b) Create portfolio	Workbook Introduction: a) Family activity section in class b) Discuss pacing for the remainder	Reminisce and reflect: Use photographs to free write	Review your strengths progress: a) Examine portfolio b) Access <i>Strengths Viewer</i>
2	Who am I?: Word bank/diagram activity	Identify your strengths: Use IDEO cards to begin strengths conversations	How has the past formed me?: Peer consulting to determine important events	Use strengths to prepare your college essay: Brainstorming and Outline
3	I like you, but are you my friend?: Discussion and brainstorm	Identify your strengths (cont.): View film and reflect	Create a personal profile: Repeat 9 <sup>th</sup> grade personal documentation project	Use strengths to prepare your college essay: Draft
4	Construct a relationship matrix	Identify your strengths (cont.): a) The FIVE WHY approach b) Enact a scenario	Create a personal profile (cont.): Compare with results from 9 <sup>th</sup> grade year	Use strengths to prepare your college essay: Draft and edit
5	Friendships in a virtual world: Analyze social networks	Strength in numbers: Assign and discuss roles in a group	How will my past form my future?: Rewrite the past from a future perspective	Use strengths to prepare your college essay: Draft and edit
6	Map your relationships: Concept mapping	<i>Putting Your Strengths to the Test:</i> Interactive Game	Use the future to celebrate the past: Write a letter for your 90 <sup>th</sup> birthday	How to communicate your message of strength: Direct instruction, informal practice, and reflection
7	Discover your relationship strengths: Utilize the relationship map	<i>Putting Your Strengths to the Test:</i> Interactive Game Part 2	Visualize your future: Create an artifact that represents your future self	Create your message: Brainstorm and draft the senior speech
8	Activate your relationship strengths: Extend the relationship map	Planning for conflict: a) View films of teams at work b) Brainstorm possible conflicts	Representation of your future self: a) Find an item to represent how your strengths will aid your future b) Creative writing	Create your message (cont.): Draft and edit the senior speech

9	Respond to relationship woes: Develop a plan	Conflict is natural: a) Make a web of possible conflicts b) Create Conflict Strategy Statements	<i>Composing a Life:</i> Prepare for exhibit	Create your message (cont.): Write final draft and practice senior speech
10	Defining Empathy: a) Discussion b) Readings and films	Apply gratitude: a) Learn gratitude as a tool b) Appreciate your team	<i>Composing a Life (cont.):</i> Prepare for exhibit	The force of gratitude: a) Get inspiration of gratitude from others b) Spread the word
11	Examples of Empathy: a) Learn about <i>Giraffe Project</i> b) Communicate with <i>Giraffes</i>	How do you feel about the people who boss you around?: a) Attributes of a boss/subordinate relationship b) Personal reflections	Peer guidance for choosing a path: a) View film b) Reflections and discussion	Share your personal gratitude: Write letters to those who have helped you
12	Models of Empathy: a) Find inspiring hero from <i>My Heroes Project</i> b) Outline what it takes to become an empathetic hero	How can a boss work with your strengths?: a) Choose an authority figure to profile b) Discuss and compare others' profiles c) Reflect on boss/subordinate compatibility	Access tools to guide your career choice: <i>Complete Ability Explorer</i>	Live a life of gratitude: a) Gratitude as a universal principle b) Start a <i>Gratitude Journal</i>
13	Use empathy to solve relationship problems: a) View inspirational films b) Discuss and reflect	Use your strengths to deal with challenges from a boss: Case study	Utilize tools to guide your career choice: Group work to chart interest in types of roles within jobs	Begin to document your journey: Form your essential question
14	Empathy, not assumptions: a) Examine photos to identify assumptions b) Reconstruct situations through the lens of empathy	Use empathy strengths to be the boss: a) <i>You're the Boss</i> game b) Reflections	Profile possible futures: Use Occupational Outlook Handbook to find five favorites	Reflect on the beginning to get to the end: a) Answer personal documentation questions b) View 9 <sup>th</sup> grade answers to personal documentation questions c) Brainstorm process for creating presentations

15	Find a relationship metaphor: a) Relationship survey b) Determine a metaphor	Get feedback from the pros: Discussion with real-world bosses	Share the possibilities: Orally present on your top five job possibilities	Create your <i>Presentation of Learning</i> : Gather resources from portfolio
16	Recognize relationships as systems	Shape your future: Profile the ideal future boss who will play to your strengths	Explore your career possibilities: Create a life budget and compare it to careers	Create your <i>Presentation of Learning</i> (cont.): Create detailed outline of the presentation
17	Build the relationship model	Organize yourself: a) Make teams, identify roles and strengths b) Develop working agreements	Test your career possibilities: Research and contact prospective field trip opportunities	Create your <i>Presentation of Learning</i> (cont.): Make the PowerPoint
18	Multiple intelligences discovery stations and teacher observations	Formulate your plan: a) IDEO cards for inspiration b) Brainstorm how IDEO card can be put to use c) Draft an outline d) Assign tasks	Test your career possibilities (cont.): a) Continue researching and contacting b) Share results with group and pool resources	Create your <i>Presentation of Learning</i> (cont.): Make a photo or video montage
19	Multiple intelligences personal reflections and view educational film	Turn your plan into a product	Commit to more: Begin to secure summer internships	Create your <i>Presentation of Learning</i> (cont.): Make the model or map
20	Neuro-developmental constructs discovery stations and reflection	Turn your plan into a product and construct a model (day 2)	Recover from your setbacks: a) Learn the three steps b) Use case studies to coach others	Create your <i>Presentation of Learning</i> (cont.): Write the cover letter and outline for the panel of judges
21	Neuro-developmental constructs direct instruction and discussion	Turn your plan into a product and construct a model (day 3)	Make a psyche-up plan: Find specific ways to avoid slumps and funks	Create your <i>Presentation of Learning</i> (cont.): Make sure it's all there
22	Create the Learning Strengths profile	Present your lesson and model to a teacher	A focus on happiness: a) View <i>The Happiness Formula</i> b) Create <i>Happiness Mission Statements</i> c) Construct a Happiness Map	Create your <i>Presentation of Learning</i> (cont.): Practice giving your presentation

23	Mini-Presentations of Learning	Utilize feedback: Make revisions and create final product	Stay on your <i>Strengths Path</i> : a) View films of others' inspirational paths b) Select a peer coach to identify how and when you have lost your <i>strengths path</i> in the past	Create your <i>Presentation of Learning</i> (cont.): Set-up and finishing touches
24	Illuminating the illumination process: a) Watch samples b) Discussion	Evaluate your performance: Create a report	Document the path: a) Peer coach helps to develop a summary of time off the path b) Together, create a plan for staying on the path	Reflect and apply gratitude
25	Put your Learning Strengths to work	Celebrate your performance: a) Report to group b) Reflections c) Apply gratitude	Document the path (cont.): Turn your plan into a <i>Strong Life Profile</i> using hypermedia	Breakdown and archival