Intake Information Form

Note: If you were a patient here before, please fill in only the information that has changed.

Today's date:		
A. Identification		
Your name:	Date of birth:	
Age:		
Nicknames or aliases:		
Home street address:		
Apt.:		
City:		State:
Zip:		
Home/evening phone:		
e-mail:		
Calls or e-mail will be discreet, but please indicate any re	estrictions:	
B. Referral: How did you hear about me?		
C. Religious and racial/ethnic identification		
Current religious denomination/affiliation	Catholic	Jewish Islamic
🗅 Buddhist 🗅 Hindu		
Other (specify):		
Involvement: D None D Some/irregular D Active		

How important are spiritual concerns in your life?

Ethnicity/national origin:	Race:
or other similar way you identify yourself and	d consider important:
D. Your medical care: From whom or where	do you get your medical care?
Clinic/doctor's name:	Phone:
Address:	
If you enter treatment with me for psycholog	ical problems, may I tell your medical doctor so that he or
she can be fully informed and we can coord	inate your treatment? 🛛 Yes 🕒 No
E. Your current employer	
Employer:	
Address:	
Work phone:	or other means of communication
Calls will be discreet, but please indicate an	y restrictions:

F. Emergency information

If some kind of emergency arises and we cannot reach you directly, or we need to reach someone

close to you, whom should we call?

Name:	Phone:	
Relationship:		
Address:		
Significant other/nearest friend or r	relative not residing with you:	
G. Your education and training		
Dates	Schools	

То

From

B. Chief concern

Please describe the main difficulty that has brought you to see me:

Severity	of the	above	problem(s)	0-10:
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Suicidal Thoughts? Indicate yes or no. Now:_____

In the Past?_____

If yes please describe:

Suicidal Actions? Dates of attempt(s):

Were you hospitalized?_____

C. Treatment

1. Have you ever received psychological, psychiatric, drug or alcohol treatment, or counseling

services before?

□ No □ Yes If yes, please indicate:

When? From whom? For what?

With what results?

2. Have you ever taken medications for psychiatric or emotional problems? D No D Yes If yes,

please indicate:

	When?	From whom?	Which medications?	For what?	
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With what results?

D. Relationships in your family of origin.

Please describe the following:

1. Your parents' relationship with each other:

- 2. Your relationship with each parent and with any other adults present:
- 3. Your parents' medical problems, drug or alcohol use, and mental or emotional difficulties:
- 4. Your relationship with your brothers and sisters, in the past and present:

E. Abuse history:

□ I was not abused in any way. □ I was abused.

If you were abused, please indicate the following. For kind of abuse, use these letters: P = Physical,

such as beatings. S = Sexual, such as touching/molesting, fondling, or intercourse. N = Neglect, such

as failure to feed, shelter, or protect.

E = Emotional, such as humiliation, etc.

Your age(s):

Kind of Abuse, please circle all that apply: S P N E

By Whom?:

Effects of You:

F. Present relationships

1. How do you get along with your present spouse or partner?

2. How do you get along with your children?

3. Your important friends, past and present:

Names:

Good parts of relationship:

Bad parts of relationship:

G. Chemical use

1. How many cups of regular coffee do you drink each day? _____ How many cups of tea? _____.

How many sodas/pop with caffeine (Coke, Pepsi, Mountain Dew, Dr. Pepper, Orange Crush, etc.)?

How many "energy drinks"? _____

How often do you use No Doz or similar caffeine pills? _____.

2. How much tobacco do you smoke or chew each week?

4. Have you ever felt annoyed by criticism of your drinking? 🗅 No 🕒 Yes

5. Have you ever felt guilty about your drinking? □ No □ Yes

6. Have you ever taken a morning "eye-opener"? \hfill No \hfill Yes

7. How much beer, wine, or hard liquor do you consume each week, on the average?

🗆 No 🗳 Yes

9. Have you ever used inhalants ("huffing"), such as glue, gasoline, or paint thinner? D No D Yes

If yes, which and when?

Which drugs (not medications prescribed for you) have you used in the last 10 years?

Please provide details about your use of these drugs or other chemicals, such as amounts, how often you used them, their effects, and so forth:

H. Legal history

Are you presently suing anyone or thinking of suing anyone? □ No □ Yes. If yes, please explain:

2. Is your reason for coming to see me related to an accident or injury? No Yes If yes, please explain:

^{8.} Are there times when you drink to unconsciousness, or run out of money as a result of drinking?

3. Are you required by a court, the police, or a probation/parole officer to have this appointment?

□ No □ Yes. If yes, please explain:

5. Your current attorney's name, IF COURT ORDERED:

Phone: _____

6. Are there any other legal involvements I should know about?:

What are some things you like about yourself?

What are some things you most enjoy?

How would you like your life to be in 5 years?

I. Other

Is there anything else that is important for me as your therapist to know about, and that you have not written about on any of these forms? If yes, please tell me about it here or on another sheet of paper:

Please do not write below this line.

J. Follow-up by clinician

Based on the responses above and on	interview data	records I reviewed	other

information I have asked the client to complete and/or I have completed the following forms:

□ Chemical use survey □ Suicide risk assessment summary and recommendations □ Mental

status evaluation report

Other:

This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited