



## Stroke and Brain Injury Resources – Statewide Oklahoma (Updated 1/2018)

### INTEGRIS Stroke Website

- [www.integrisk.com/stroke](http://www.integrisk.com/stroke)
- On Demand Stroke Class
- Stroke education tools for community, emergency personnel, and teachers as well as professional health care education

### Life After Stroke

- What you need to know about stroke
- Practical tips and tools for living with stroke
- Can be used for “Carry The Message” for community education by lay public
- Available at [integrisk.com/stroke](http://integrisk.com/stroke)

### Stroke and Brain Injury Support Groups

- **Citywide Stroke Support Group**  
American Heart Association  
3401 NW 63rd, #200, Oklahoma City, OK  
Contact Janet Spradlin, Ph.D., 405-272-6554 to join from home anywhere in Oklahoma or go to [www.brainatlas.info](http://www.brainatlas.info).  
Meets 4th Monday of month, 6:30 - 8 p.m.
- **McAlester Stroke Support Group**  
McAlester Regional Wellness Center  
1 Clark Bass Blvd, McAlester, OK 74501  
Contact: Tammy Burnett 918-421-6678  
Meets 3rd Thursday of month at noon.
- **Stroke Support Group – Center for Individuals w/Physical Challenges, Tulsa**  
815 S. Utica Avenue, Tulsa, OK 74104, Classroom #1  
Contact: 918-584-8607  
Meets 4th Thursday of month, 3:30-5 p.m.

### Outpatient PT and OT – Statewide

- **INTEGRIS Canadian Valley Hospital, Yukon**
  - 1201 Health Center Parkway, off I-40 West, Yukon
- **Jim Thorpe Rehab Outpatient Moore**
  - 2111 Riverwalk Drive, Moore
- **INTEGRIS Health Edmond**
  - 4509 INTEGRIS Parkway, Suite #100 – off I-35N

For Scheduling Appointments, call 405-945-4500.

- **Jim Thorpe Rehabilitation Services – Lawton**
  - 3201 W. Gore Blvd., Lawton, OK 73505
  - 580-250-5833
- **Jim Thorpe Rehabilitation Bass**
  - 401 S. 3rd St., Enid, OK 73701
  - 580-548-1163
- **Miami INTEGRIS Physical Therapy and Sports Medicine**
  - 310 2nd Ave. SW, Miami, OK 74354
  - 918-540-7736
- **Jim Thorpe Rehabilitation Grove**
  - 2203 S. Main St., Grove, OK 74344
  - 918-786-3797
- **Center for Individuals with Physical Challenges – Tulsa, OK**
  - 815 S. Utica Ave., Tulsa, OK 74104
  - 918-584-8607
  - Monday - Friday, 8 a.m. to 5 p.m.; Tuesday and Thursday, 8 a.m. to 8 p.m.
  - Aphasia Group (meets monthly)
  - Rehab services; adaptive recreation; community reintegration
  - Communication group and a memory/cognition group
  - Base or Premium Package

### Outpatient Speech Therapy

- **OSU – Tulsa Speech-Language-Hearing Clinic – Tulsa, OK**
  - 700 N. Greenwood Ave., North Hall 391, Tulsa, OK 74106
  - 918-594-8573
  - Evaluation, treatment, screening, consultation
  - Sliding scale – No waiting list

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## Outpatient Speech Therapy (continued)

- **OSU – Stillwater Speech and Hearing**
  - 042 Murray Hall at University and Monroe St., Stillwater, OK 74074
  - 405-744-6021
  - Evaluation, treatment, screening, consultation
  - Sliding scale – also take Medicaid and insurance – Medicare scholarships available – No or short waiting list
- **University of Tulsa Speech and Hearing – Tulsa, OK**
  - 2820 E. 5th Street, Tulsa, OK 74104
  - 918-631-2909
  - Speech and Language Therapy, Hearing Evaluations
  - Evaluations = \$65; Therapy = \$40/hour - Scholarship applications available
  - May be waiting list – call early
- **Northeastern State University Speech-Language-Hearing – Tahlequah, Broken Arrow, OK**
  - 800 N. Vinita Avenue, Tahlequah, OK 74464
  - 918-444-3775
  - Speech Therapy
  - Sliding scale
  - No or short waiting list

## Access to Social Security and Disability Information

- **Applying for Medicare and Medicaid**
  - [www.medicare.gov/people-like-me/disability](http://www.medicare.gov/people-like-me/disability)
- **Applying for help with job retraining**
  - 1-800-487-4042
  - [www.okrehab.org/job-seekers/dvr](http://www.okrehab.org/job-seekers/dvr)
- **Finding a Healthcare Provider**
  - [www.211ok.org](http://www.211ok.org)
- **Applying for Disability**
  - 1-800-772-1213
  - [www.ssa.gov/disabilityssi](http://www.ssa.gov/disabilityssi)

## Durable Medical Equipment and Assistive Technology

- **Oklahoma ABLE TECH**
  - 1-800-257-1705
  - Affordable Assistive Technology for disabilities of all ages – STATEWIDE resource
  - Device Demonstrations; equipment and device reuse; equipment and device short-term loans
  - Durable Medical Equipment Reuse Program

## Senior Resource Directory

- 405-943-4344
- Resource directory – very practical
- Areawide Aging Agency – central and western Oklahoma
- [www.areawideaging.org](http://www.areawideaging.org)

## Stroke Associations and Resources

- National Stroke Association - Can download brochures and flyers at no charge - [www.stroke.org](http://www.stroke.org)
- American Stroke Association - [www.strokeassociation.org](http://www.strokeassociation.org) and [www.americanheart.org](http://www.americanheart.org)
- National Institute for Neurological Diseases and Stroke - [www.ninds.nih.gov](http://www.ninds.nih.gov)

## Stroke Magazines

- Sent at No Charge to stroke survivors and caregivers
- Stroke Smart – National Stroke Association; 1-800-787-6537
- Stroke Connection – American Stroke Association; 1-888-478-7653

## Help Paying for Medicines

- **RX for Oklahoma**
  - 1-877-RX4-OKLA or 405-232-0199
  - Prescription assistance for uninsured OR underinsured in Oklahoma
  - Medicare and Medicaid
  - Pharmaceutical company provides
  - Long-term medications ONLY

## Transportation

- **United We Ride**
  - One-Call/One-Click clearinghouse of Oklahoma's public transportation resources
  - Does NOT PAY for ride or schedule ride
  - WILL provide phone help to find provider if no computer – call 1-844-OKMYRIDE or 1-844-656-9743