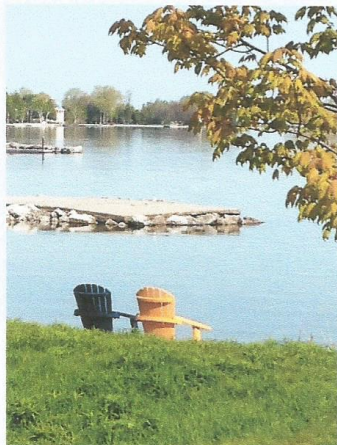


DOOR COUNTY WOMEN'S WALK

SEPT 5 - 8, 2019

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SOL FITNESS
AND PERSONAL
TRAINING



Join us for the 2019 trip to Door County! Such a lovely place to walk and enjoy the nature and history, beautiful water views... Lovely communities and people! Meet new friends and connect with those from prior years! Stay in the lovely log den where we share meals with laughter and fun!



COST: \$450.00 with \$100 deposit by March 31st. Bring a friend and share (Queen/king/dbl) and the cost is \$425 per person. Balance due by Aug. 1st. * NO RETURNS ON DOWN PAYMENTS AFTER July 1st. Cost includes transportation, lodging at the large log den complete with multi-bathrooms and bedrooms, game room and wrap-around porches. All meals included once we arrive at Door County. Welcome bag upon arrival!

**We have been doing this trip for years now and each year we find a new treasure to share! Each year we bring back our favorite activities!

HIGHLIGHTS:

Views off the beaten path while walking, art and nature special events. This year back to Washington Island via ferry. Bon fires and lanterns!

**WE WELCOME ANY WOMAN WHO
WANTS TO CHALLENGE HERSELF
AND MEET NEW PEOPLE!
TOGETHER WE MAKE EACH
OTHER STRONGER!**

For further info contact Connie Udell at
SOL Fitness and Personal Training
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www.solpersonalfitness.com