

Cyril Stephen White, MBA

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(734) 717-7862

SUMMARY My mission is to inspire as many people as I can to live healthier, happier and more fulfilling lives!

EXPERIENCE **Rogue Fitness** **12/2020 - Present**

Assembly Team Leader

Rogue Fitness is the world leading manufacturer and distributor of strength and conditioning equipment (www.roguefitness.com). As an assembly Team Leader at Rogue Fitness I lead a team responsible for the control of the fabrication environment to all company constraints from hour to hour into long-term goals.

Assembly Team Member **09/2020 – 12/2020**

As part of the assembly team I was responsible for working with my team to ensure that our products are assembled and shipped properly.

Strong Together Fitness, LLC / Country Spirit CrossFit LLC **03 / 2014 – 12 / 2020**

Founder / Chief Life Transformation Coach

Health and Fitness company I founded that inspired hundreds of people to live healthier, happier and more fulfilling lives by teaching them how to move better, eat better and breakthrough their limits. Created and implemented business systems to grow a client base from zero to over 100 clients in three years.

White House Financial & Settlement Consulting, LLC **12 / 2001 - 03 / 2014**

Founder / Managing Director

Financial advisory and investment management firm focused on helping clients achieve their financial goals with the least amount of risk, stress and unparalleled client service. Founded and built this firm from zero assets under management and clients to over \$80 million and 154 clients respectively. I successfully sold the firm in March of 2014 to a large investment management company.

Merrill Lynch & Co. **09 / 1997 - 12 / 2001**

Financial Consultant

As a financial consultant with the Institutional and Ultra High Net Worth client team I focused on acquiring and building long-term relationships with institutional clients.

River Capital LLC **01 / 1997 - 09 / 1997**

Investment Banking Associate

Investment banking associate responsible for business development and assisting senior banker's with mergers and acquisition and corporate financial advisory services.

Cybernet Systems Corporation **11 / 1995 - 01 / 1997**

Manager, Business Development

Managed a team responsible for the acquisition of U.S. Government contracts for the development of advanced technology systems. Created and implemented business plans to commercialize advanced technologies.

Kellogg Company <i>Business Analyst Intern</i>	05 / 1995 - 11 / 1995
Developed reporting models for finance and research departments.	
Grant Thornton LLP <i>Senior Consultant</i>	1993 - 1995
Sold and implemented business information systems to maximize large corporate client profitability and efficiency.	
Cybernet Systems Corporation <i>Research Engineer</i>	05 / 1991 - 04 / 1993
Developed and implemented advanced technologies for government and commercial applications.	
Washtenaw Community College <i>Professor of Entrepreneurship</i>	6 / 2017 – 10/2017
Taught Entrepreneurship 1 course which helps college students develop an entrepreneurial mindset and turn their dreams and passions into their vocation.	

EDUCATION

University of Chicago Booth Graduate School of Business MBA, Finance	1994 - 1996
University of Michigan BSE, Engineering Physics	1987 - 1991

CERTIFICATIONS / LICENSES

Certified Level 3 CrossFit Trainer CrossFit, Inc	12 / 2019
Certified Health Coach Institute for Integrative Nutrition	01 / 2017
Barwis Methods Level 1 - 4 Coach Barwis Methods	04 / 2015
Certified Financial Planner College for Financial Planning	06 / 2003
First Degree Black Belt United States Chung Do Kwan Association	06 / 2007
Certified Structured Settlement Consultant National Structured Settlement Trade Association	05 / 2002
Life & Health Insurance License	4 / 1997