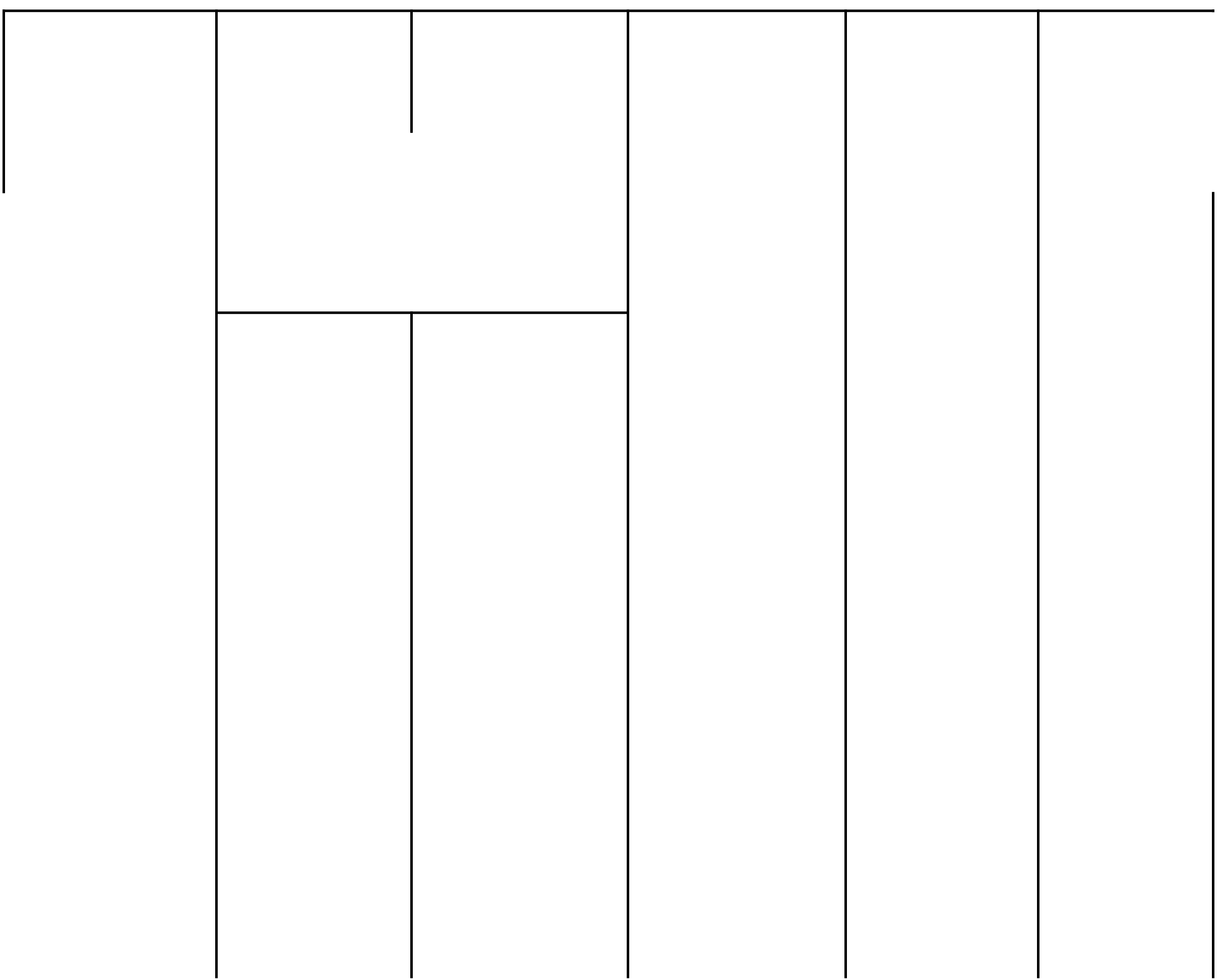
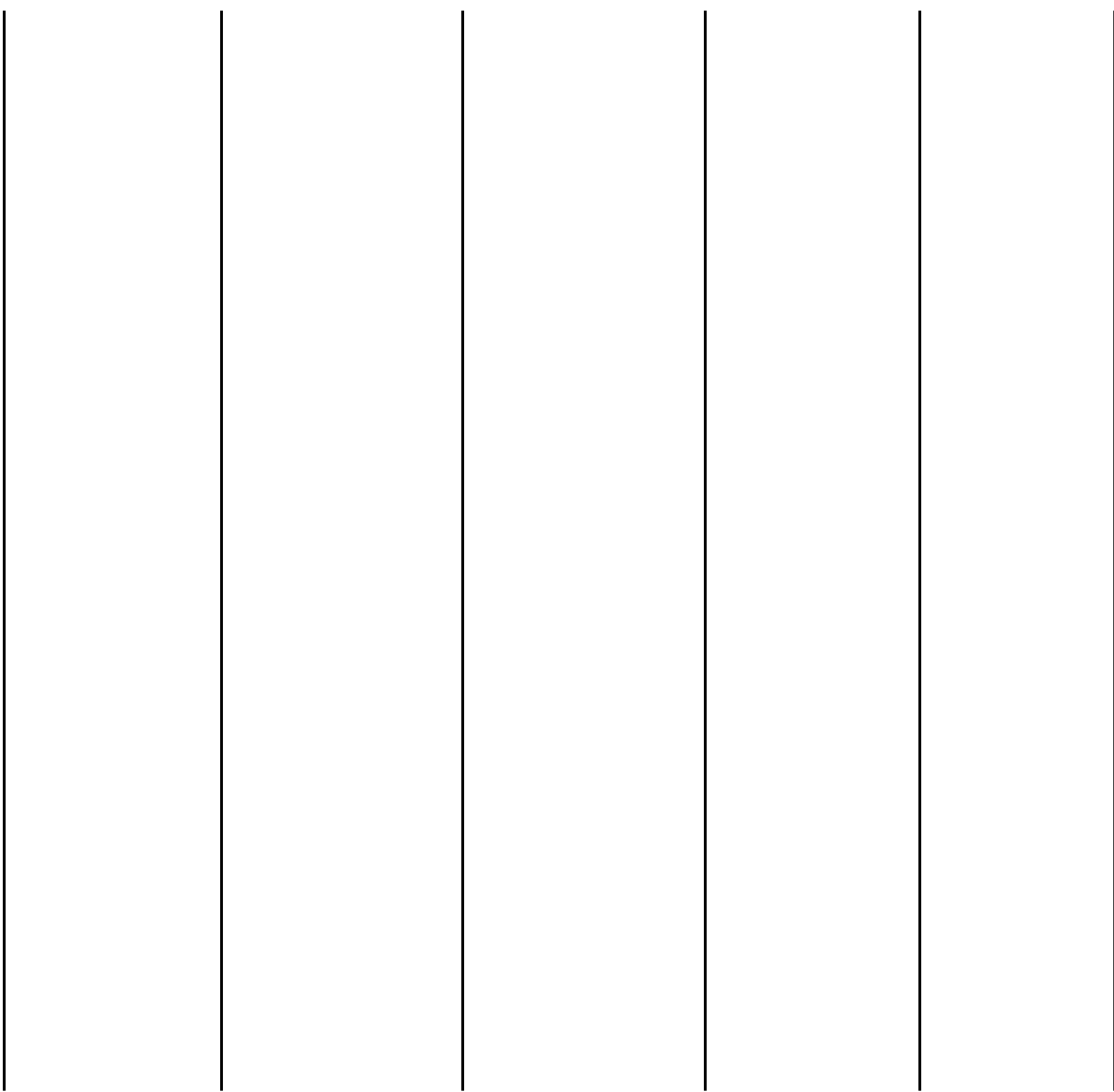
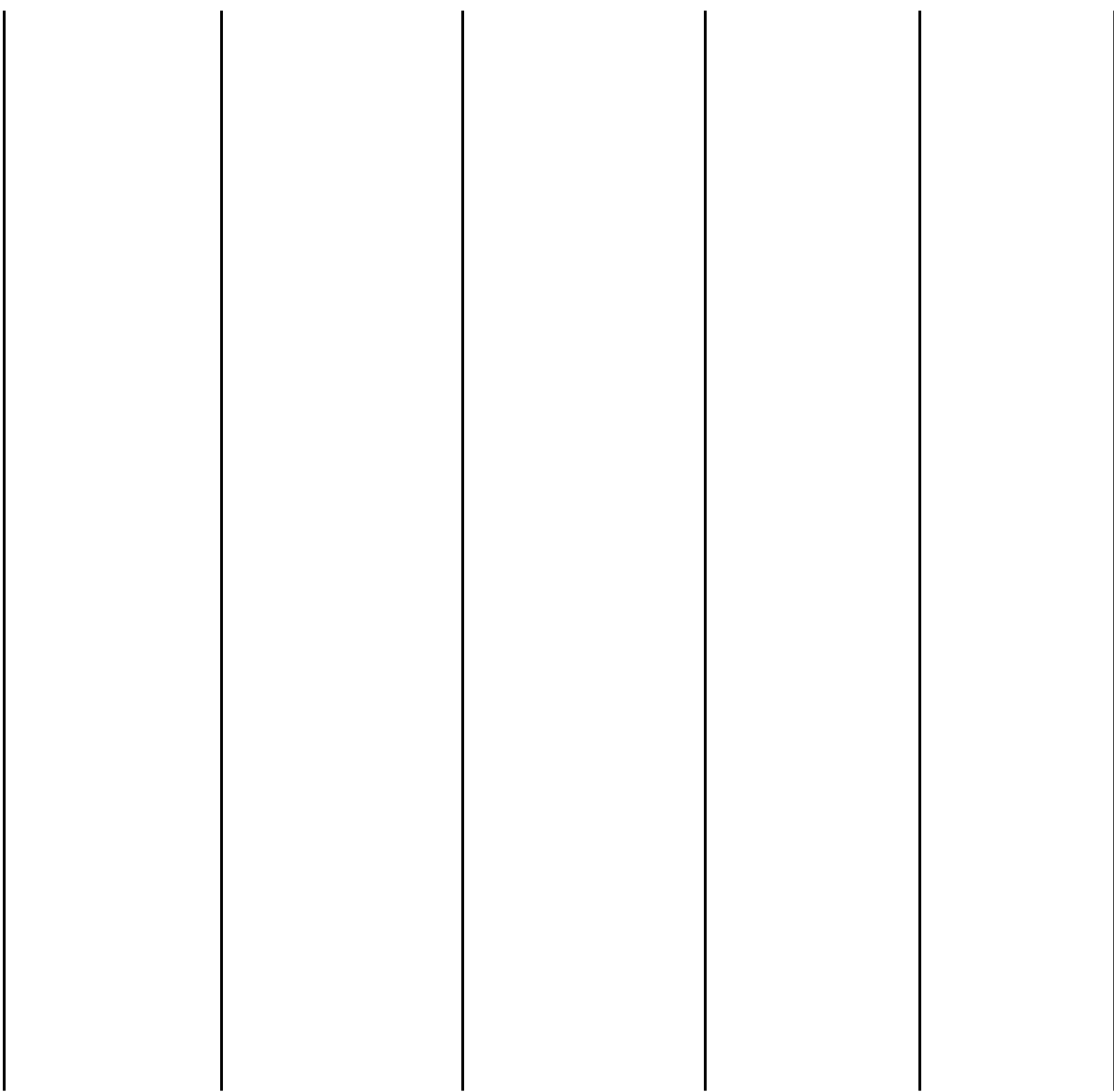


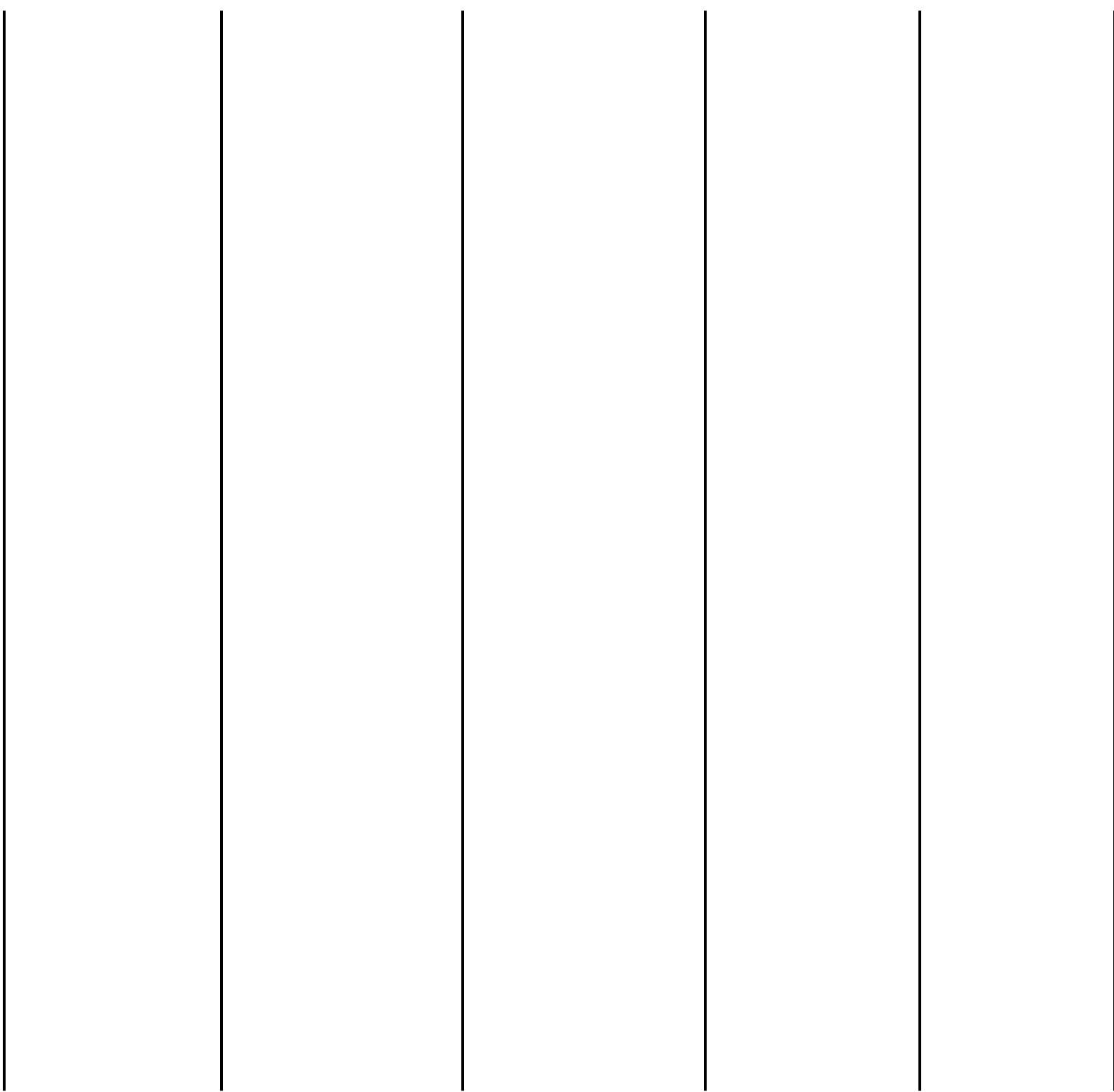
Monday 1	TUESDAY 2	WEDNESDAY 3	Thursday 4	FRIDAY 5	Saturday 6
5:00AM POWER PUMP-BT 8:30AM PILATES-KD 9:00AM SPIN-T 9:30AM FUNKIE/TONE-SP 4:30PM GORGEOUSGLUTES-AD 5:30PM CARDIO & SCULPT -MC 5:30PM SPIN-T 6:30PM FUNKIE FUSION-TC	7:30AM FAT BURNER-C 8:30AM YOGA&STRETCH-TH 9:30AM RIPPED-CG 12:15PM FUNKIE FUSION-AL 4:30PM BOOTYBALLET-TH 5:30PM CARDIOKICK-BG 6:30PM RIPPED-CG2	5:00AM POWER PILATES-BT 8:30AM PURPOSE PILATES-CL 9:30AM BOOTYBALLET-TH 12:15PM POUND-ST 4:30PM RIPPED-EW 5:30PM TONING-BT	8:30AM TABATA YOGA-TH 9:30AM INTERVAL TRAINING-KT 12:15PM TONING-AL 4:30PM TABATA YOGA-TH 5:30PM SPIN-MC 5:30PM BOOTY BALLET-TH 6:30PM ZUMBA-SS	5:00AM POWER PUMP-BT 8:30AM FUNKIE/TONE-CL 9:30AM BC EXPLOSION-SP	9:30AM FUNKIE/TONE-TC
8	9	10	11	12	13
5:00AM POWER PUMP-BT 8:30AM PILATES-KD 9:00AM SPIN-T 9:30AM CARDIO/TONE-SP 4:30PM GORGEOUSGLUTES-AD 5:30PM CARDIO & SCULPT -T 5:30PM SPIN-MC 6:30PM METABOLIC-TC	7:30AM STEP-C 8:30AM YOGA&STRETCH-TH 9:30AM RIPPED-CG 12:15PM FUNKIE FUSION-TC 4:30PM BOOTYBALLET-TH 5:30PM CARDIOKICK-BG 6:30PM RIPPED-EW	5:00AM POWER PILATES-BT 8:30AM PURPOSE PILATES-CL 9:30AM BOOTYBALLET-TH 12:15PM POUND-ST 4:30PM RIPPED-EW 5:30PM FUNKIE FUSION-KG	8:30AM TABATA YOGA-TH 9:30AM INTERVAL TRAINING-KT 12:15PM RIPPED-CG2 4:30PM YOGA&STRETCH-TH 5:30PM SPIN-MC 5:30PM BOOTY BALLET-TH 6:30PM ZUMBA-BP	5:00AM CIRCUIT-BT 8:30AM FUNKIE/TONE-CL 9:30AM BC EXPLOSION-SP	9:30AM POUND-ST
15	16	17	18	19	20
5:00AM RESISTANCE-BT 8:30AM PILATES-KD 9:00AM SPIN-T 9:30AM FUNKIE/TONE-SP 4:30PM BARBELLS&GLUTES-AD 5:30PM CARDIO & SCULPT-MC 5:30PM SPIN-T 6:30PM FUNKIE FUSION-TC	7:30AM TONE-C 8:30AM YOGA&STRETCH-RH 9:30AM RIPPED-CG 12:15PM FUNKIE FUSION-AL 4:30PM BOOTYBALLET-KT 5:30PM CARDIOKICK-BG 6:30PM RIPPED-CG2	5:00AM POWER PILATES-BT 8:30AM PURPOSE PILATES-CL 9:30AM BOOTYBALLET-TH 12:15PM STRONG-BC 4:30PM RIPPED-EW 5:30PM TONING-TC	8:30AM TABATA YOGA-TH 9:30AM INTERVAL TRAINING-KT 12:15PM TONING-AL 4:30PM TABATA YOGA-TH 5:30PM SPIN-MC 5:30PM BOOTY BALLET-TH 6:30PM ZUMBA-BP	5:00AM STEP/TONE-BT 8:30AM FUNKIE/TONE-CL 9:30AM BC EXPLOSION-SP	9:30AM POWERPUMP-BT
22	23	24	25	26	27
5:00AM SPIN-BT 8:30AM PILATES-KD 9:00AM SPIN-T 9:30AM CARDIO/TONE-SP 4:30PM GORGEOUS GLUTES-AD 5:30PM CARDIO & SCULPT -T 5:30PM SPIN-MC 6:30PM METABOLIC-TC	7:30AM FAT BURNER-C 8:30AM YOGA&STRETCH-TH 9:30AM RIPPED-CG 12:15PM FUNKIE FUSION-AL 4:30PM BOOTYBALLET-TH 5:30PM CARDIOKICK-BG 6:30PM RIPPED-EW	5:00AM POWER PILATES-BT 8:30AM PURPOSE PILATES-CL 9:30AM BOOTYBALLET-TH 12:15PM POUND-ST 4:30PM RIPPED-EW 5:30PM FUNKIE FUSION-KG	8:30AM TABATA YOGA-TH 9:30AM INTERVAL TRAINING-KT 12:15PM RIPPED-CG2 4:30PM YOGA&STRETCH-TH 5:30PM SPIN-MC 5:30PM BOOTY BALLET-TH 6:30PM ZUMBA-BP	5:00AM CIRCUIT-BT 8:30AM FUNKIE/TONE-CL 9:30AM BC EXPLOSION-SP	ST. JUDE \$10 AEROB-A-THON 9:00AM BUTTS&GUTTS-AL 9:30AM STEP-C 10:00AM BOOTYBALLET-TH 10:30AM FUNKIE FUSION-AL 11:00AM POUND-ST 25 MINUTE CLASSES OPEN TO PUBLIC
29	30	31	<p style="text-align: center;">Gym Hours Mon-Thurs: 5am-8pm Friday: 5am-7pm Saturday: 8am-4pm Sunday: 1pm-4pm</p> <p style="text-align: center;">Nursery Hours: Mon-Fri 8:30am-11:30am Mon-Thurs 4:30pm-7:30pm Sat 9:00am-11:00am</p> <p style="text-align: center;">October 2018</p> <p style="text-align: center;">www.physiquesfitness.com (337)984-2226</p>		
5:00AM POWER PUMP-BT 8:30AM PILATES-KD 9:00AM SPIN-T 9:30AM FUNKIE/TONE-SP 4:30PM BARBELLS&GLUTES-AD 5:30PM CARDIO & SCULPT -MC 5:30PM SPIN-T 6:30PM FUNKIE FUSION-TC	7:30AM CARDIOKICK-C 8:30AM YOGA&STRETCH-TH 9:30AM RIPPED-CG 12:15PM FUNKIE FUSION-AL 4:30PM BOOTYBALLET-TH 5:30PM CARDIOKICK-BG 6:30PM RIPPED-CG2	5:00AM POWER PILATES-BT 8:30AM PURPOSE PILATES-CL 9:30AM BOOTYBALLET-TH 12:15PM POUND-ST			

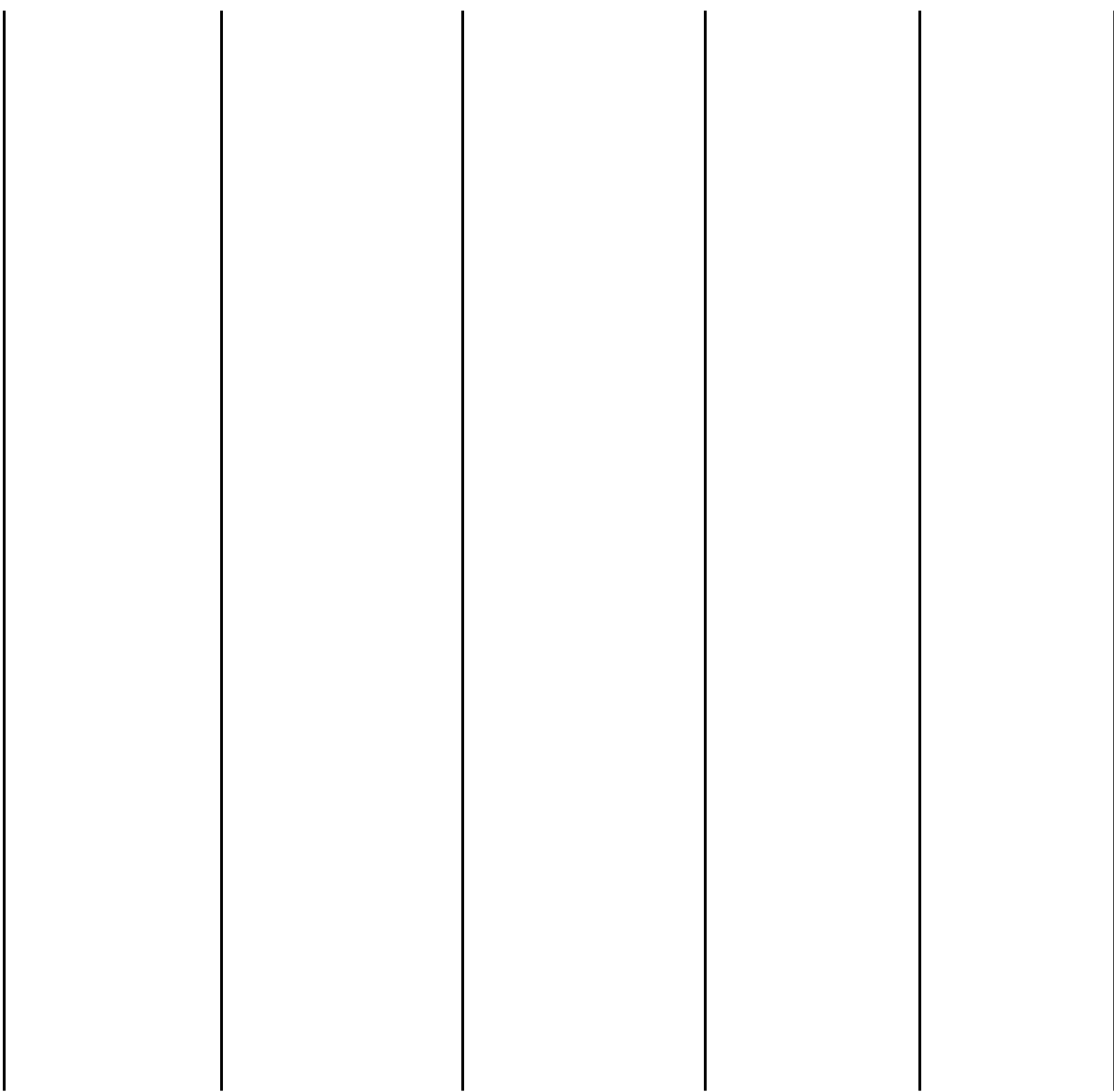


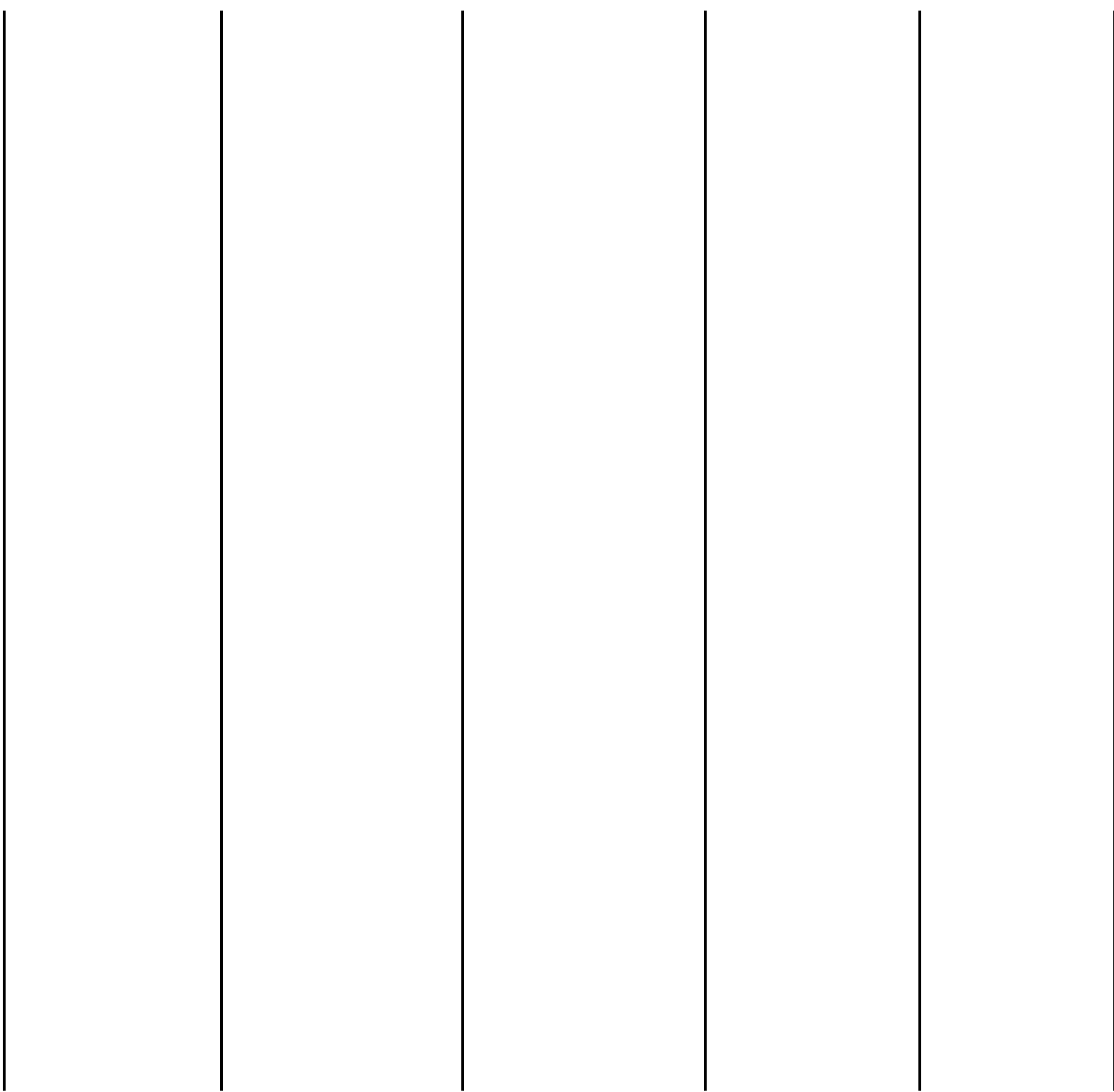


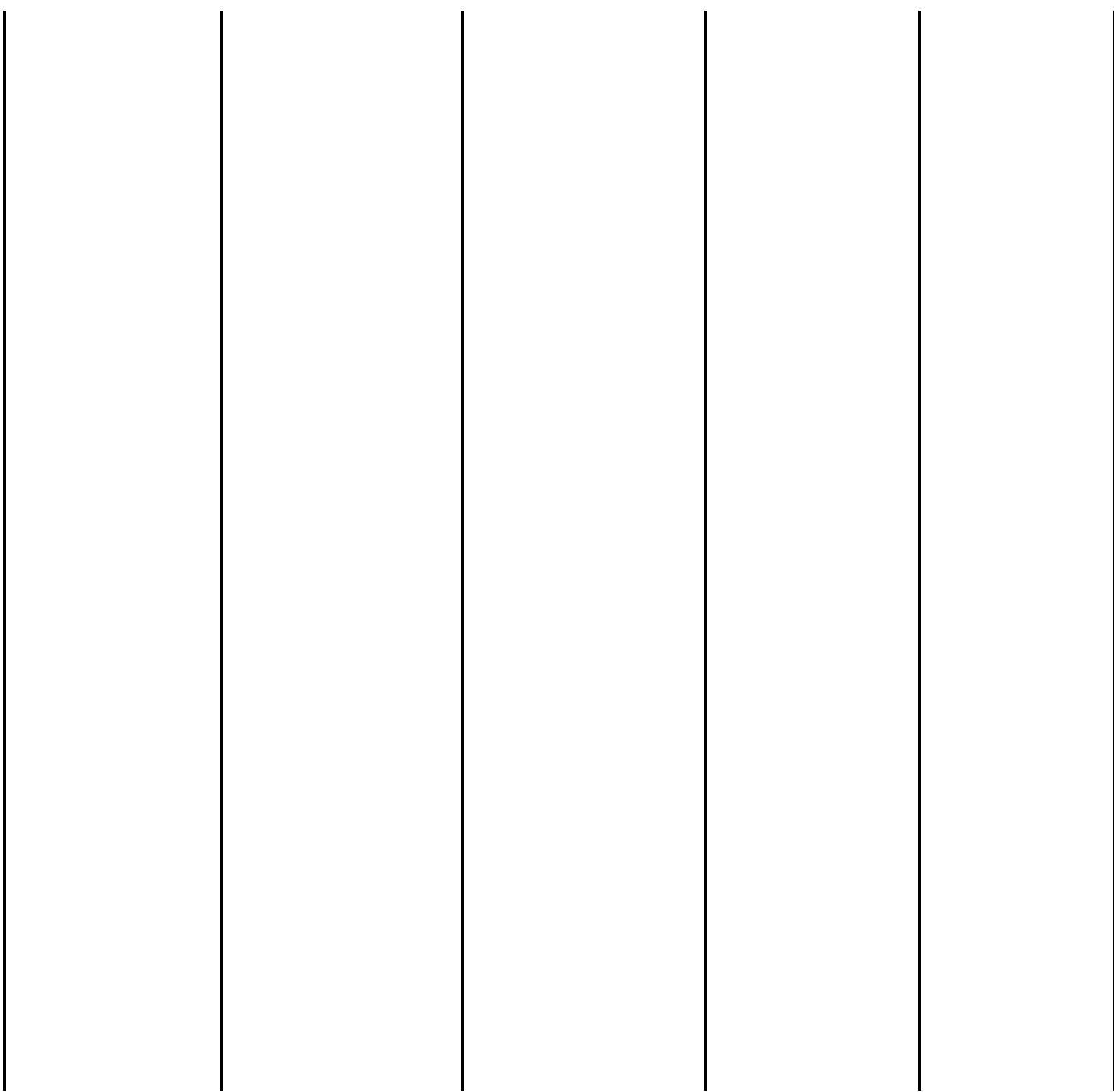


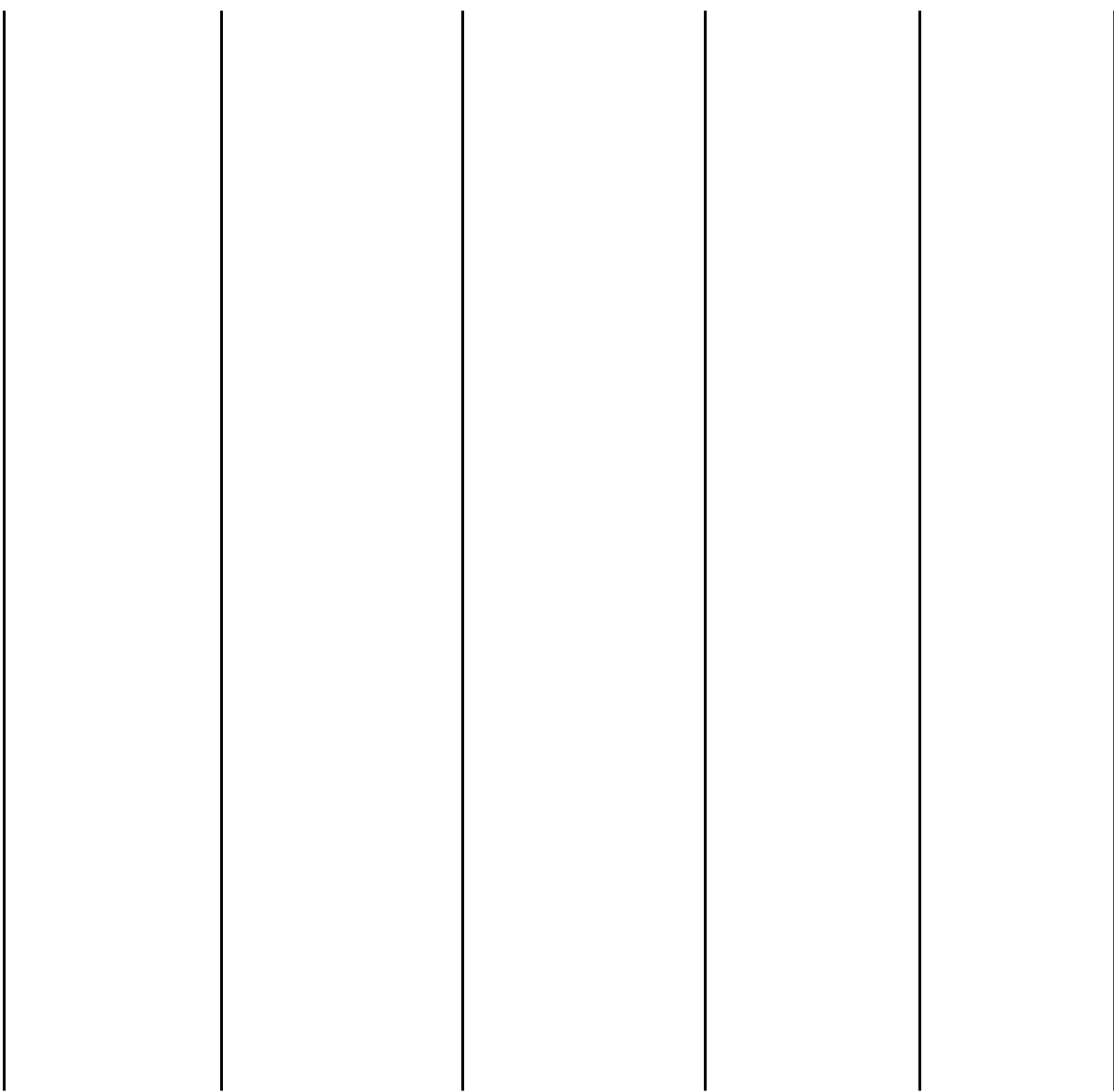


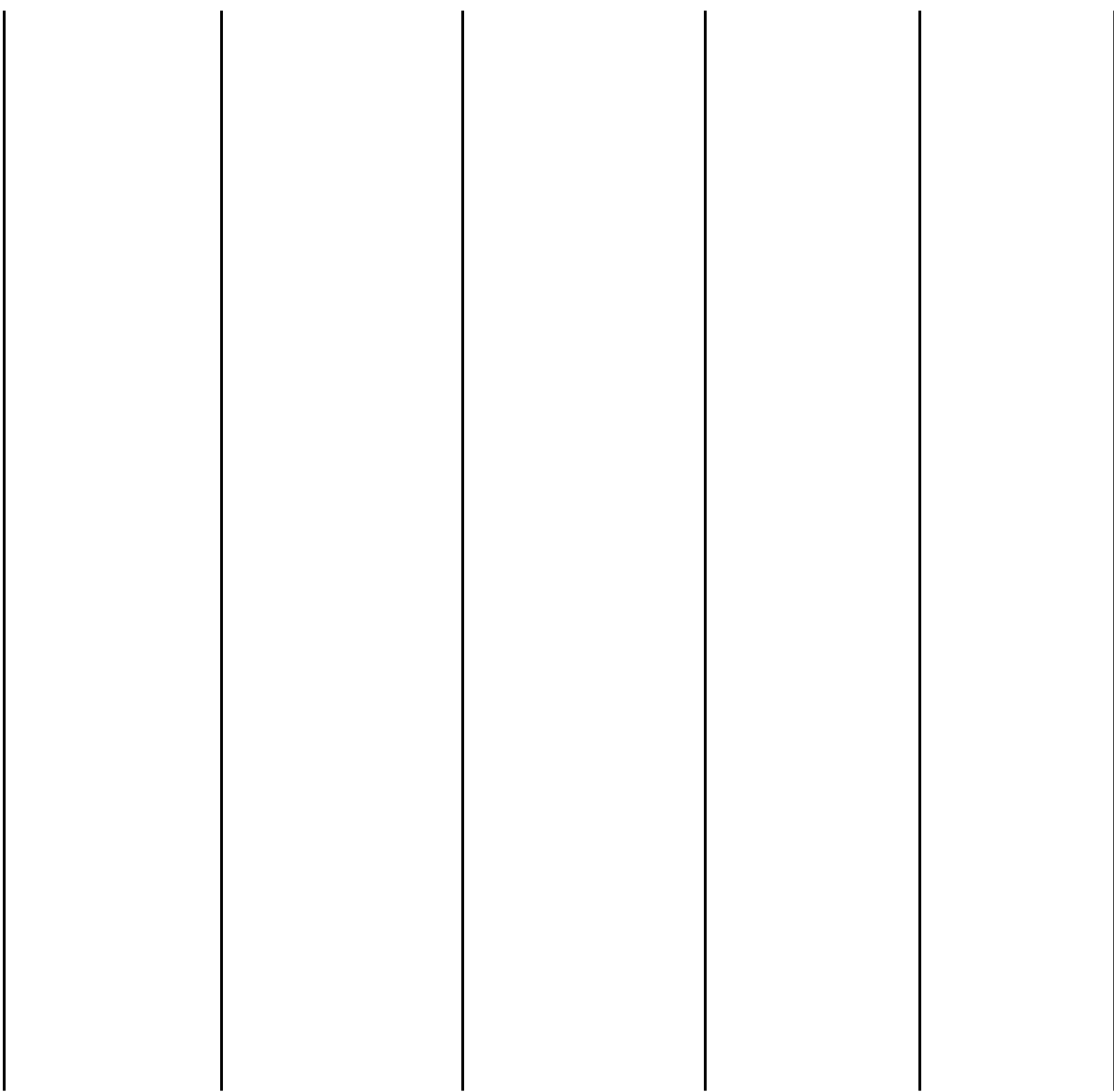


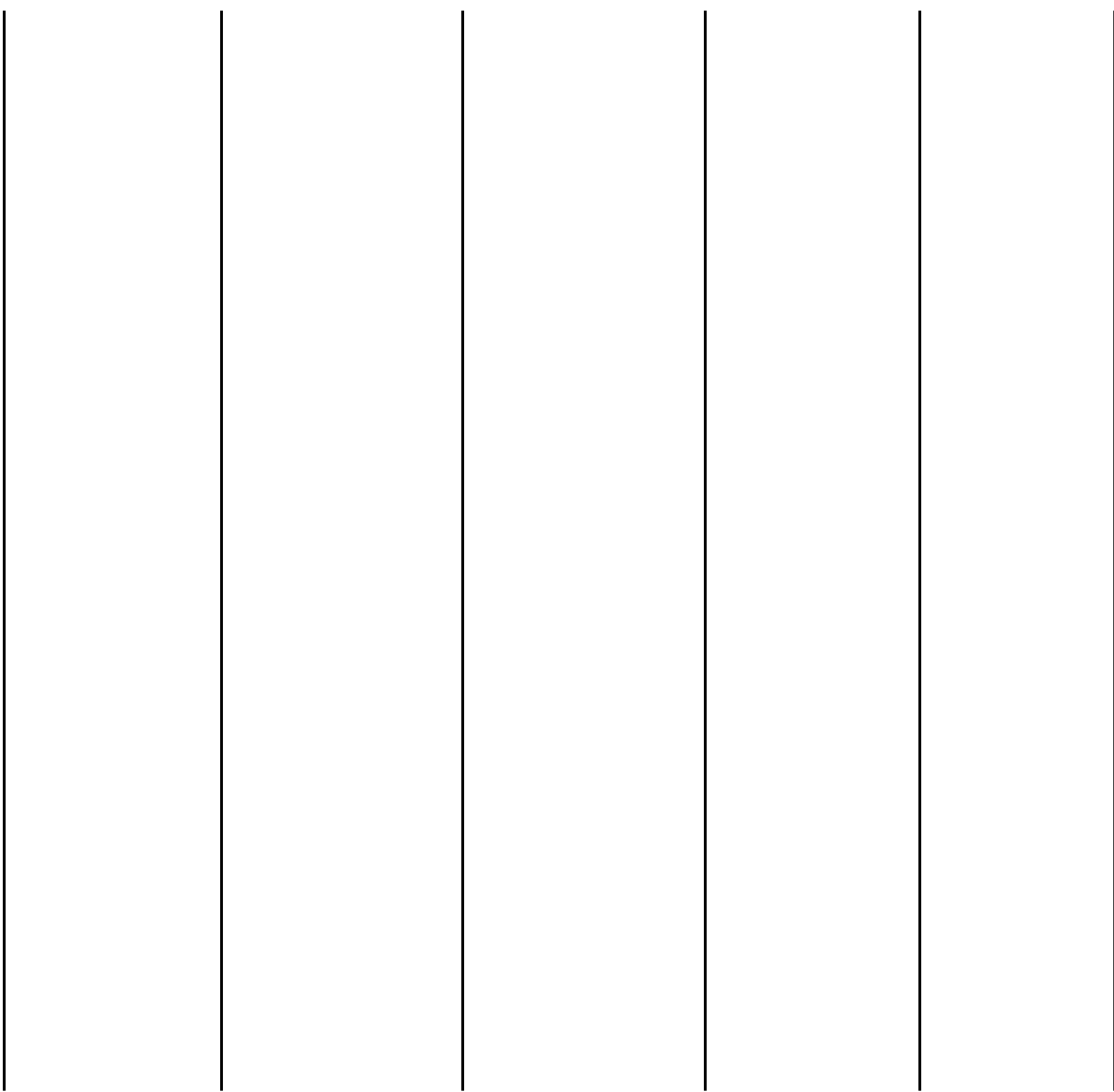


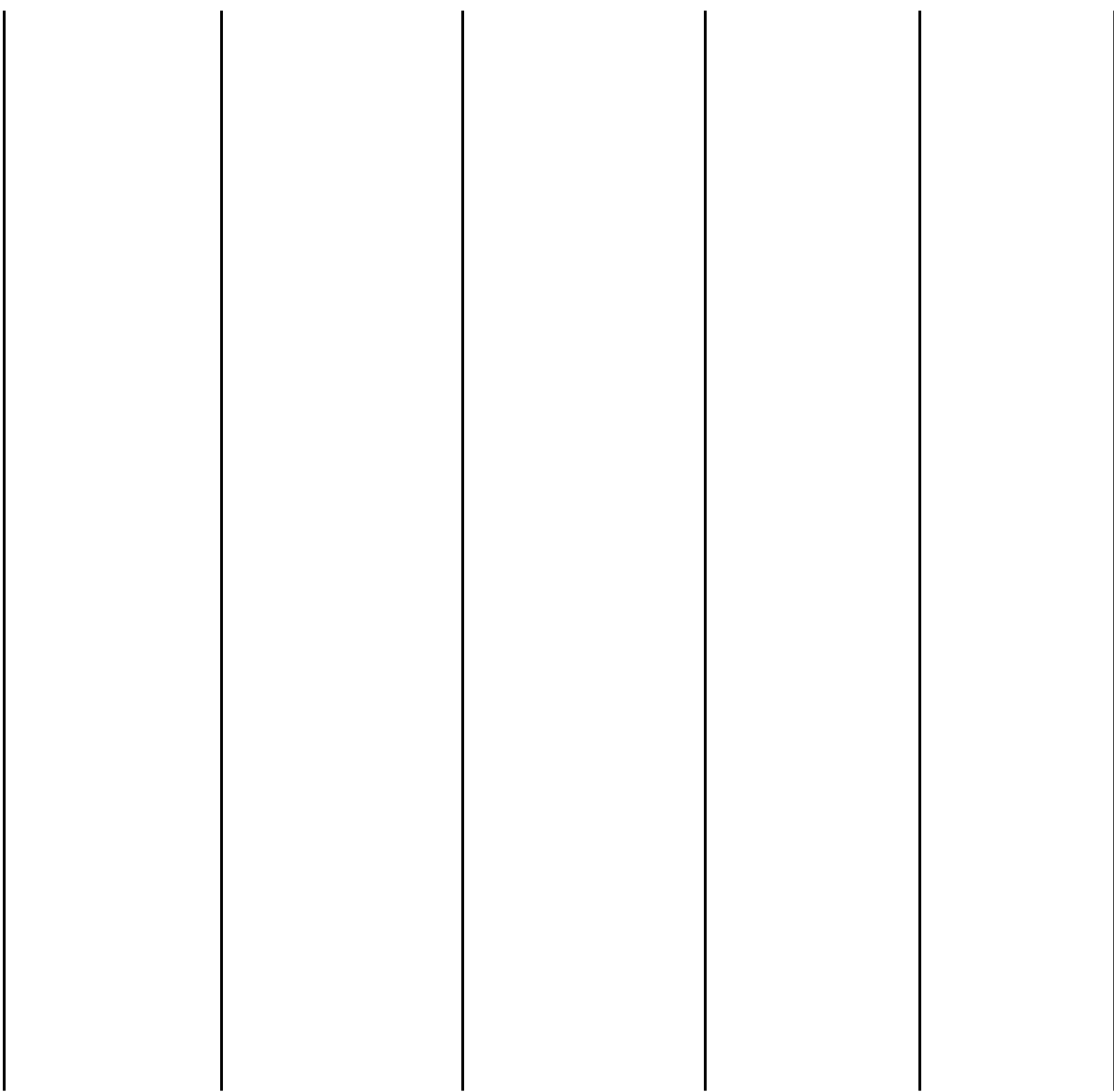


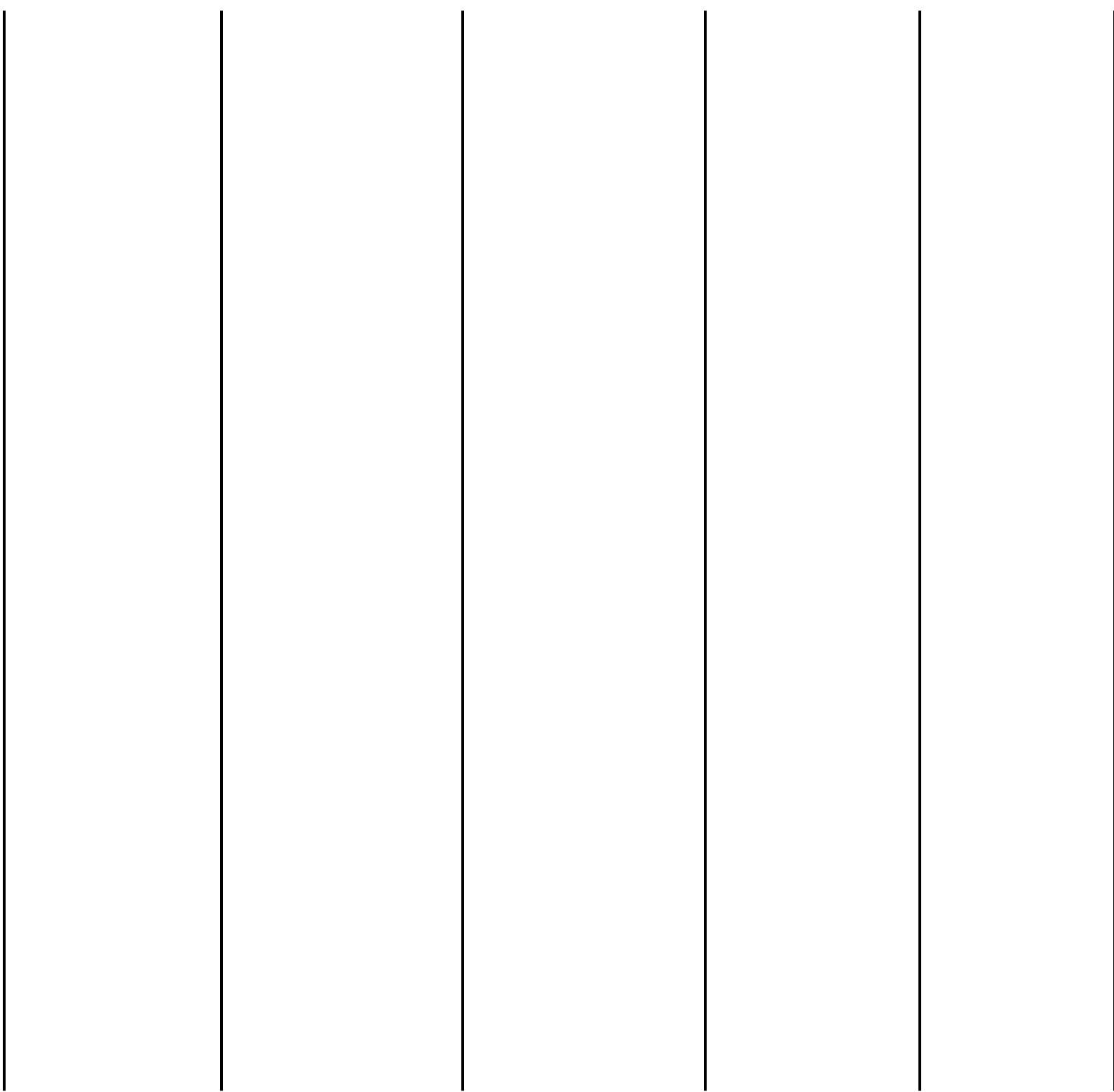


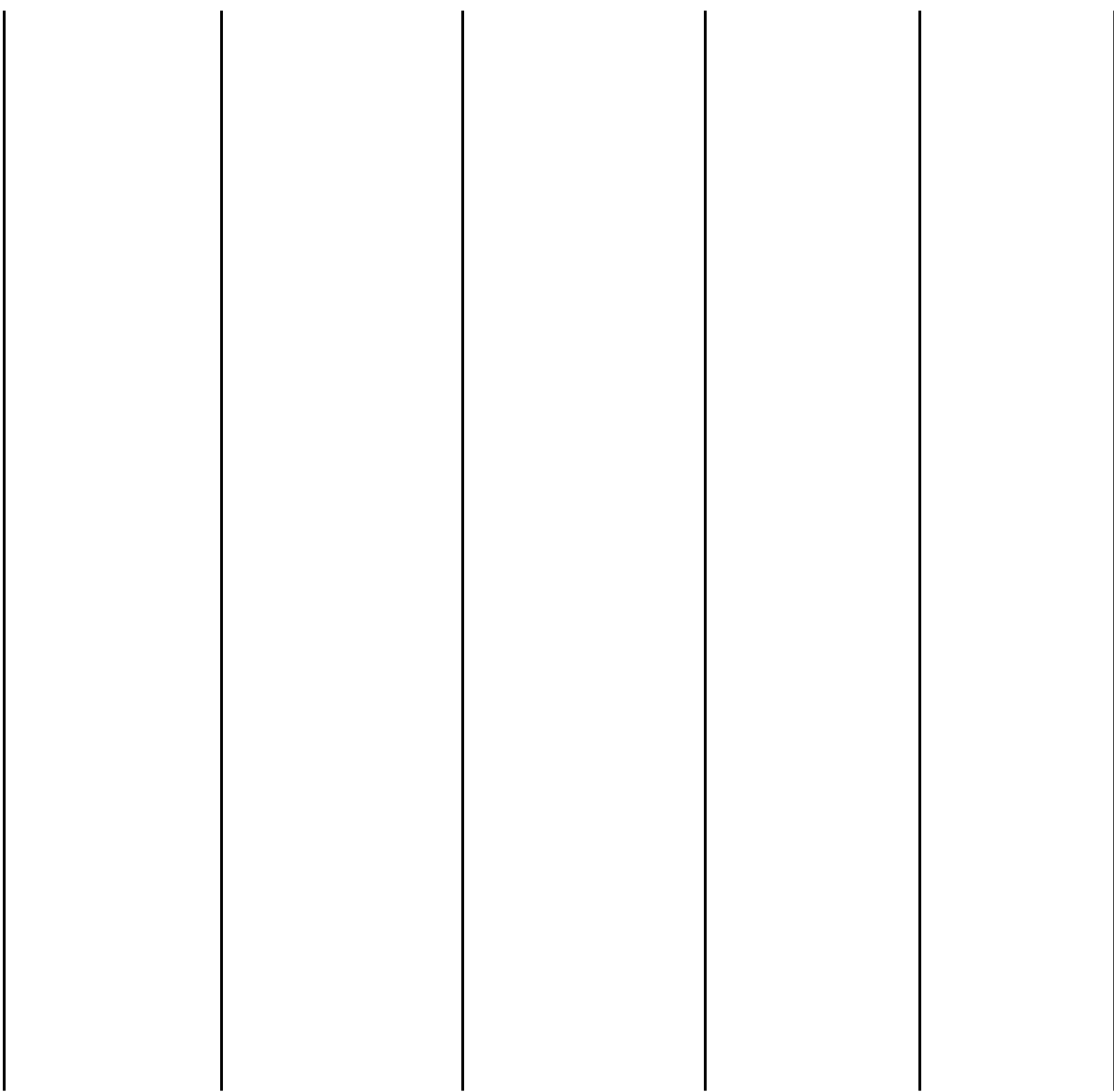


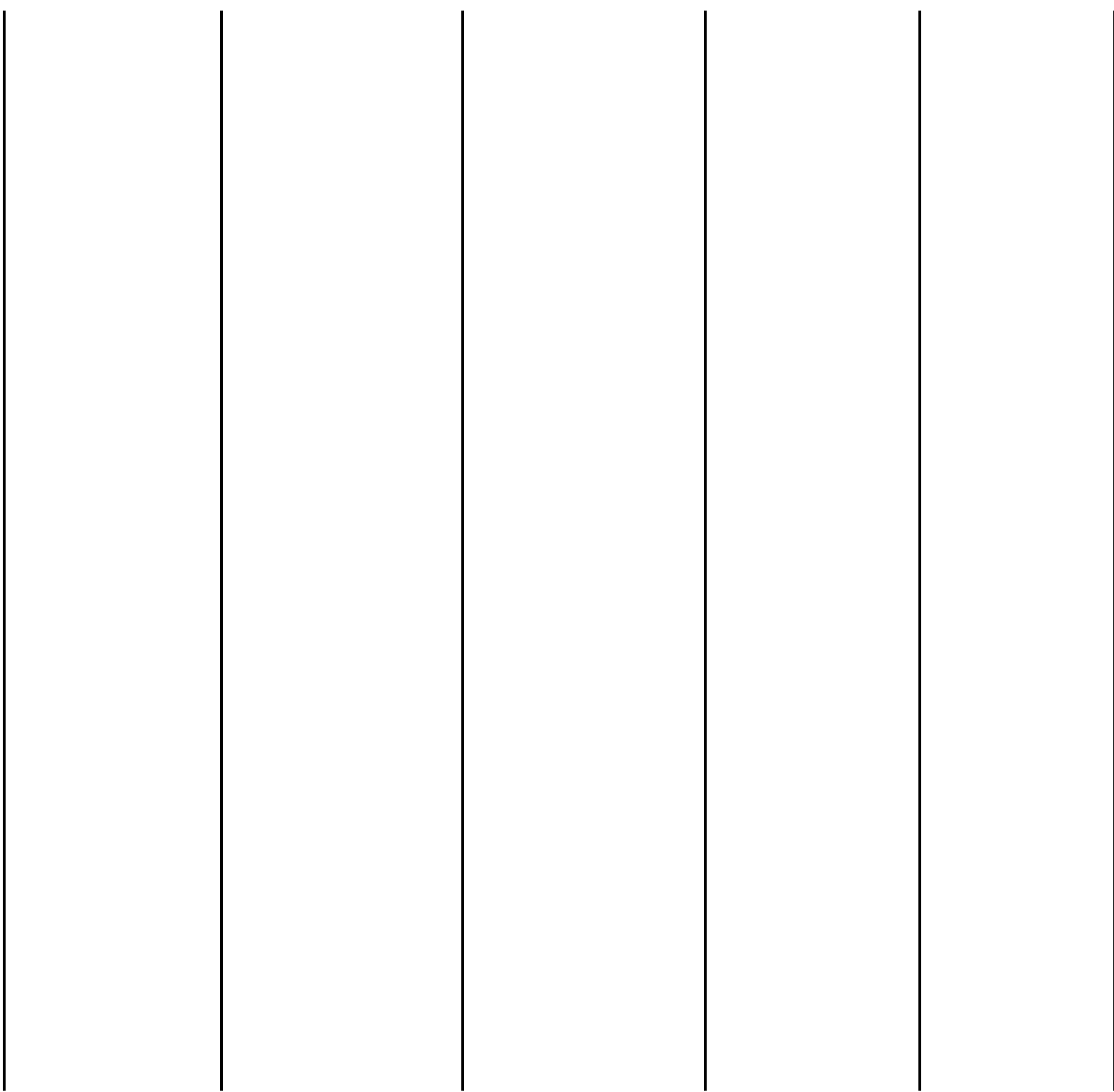


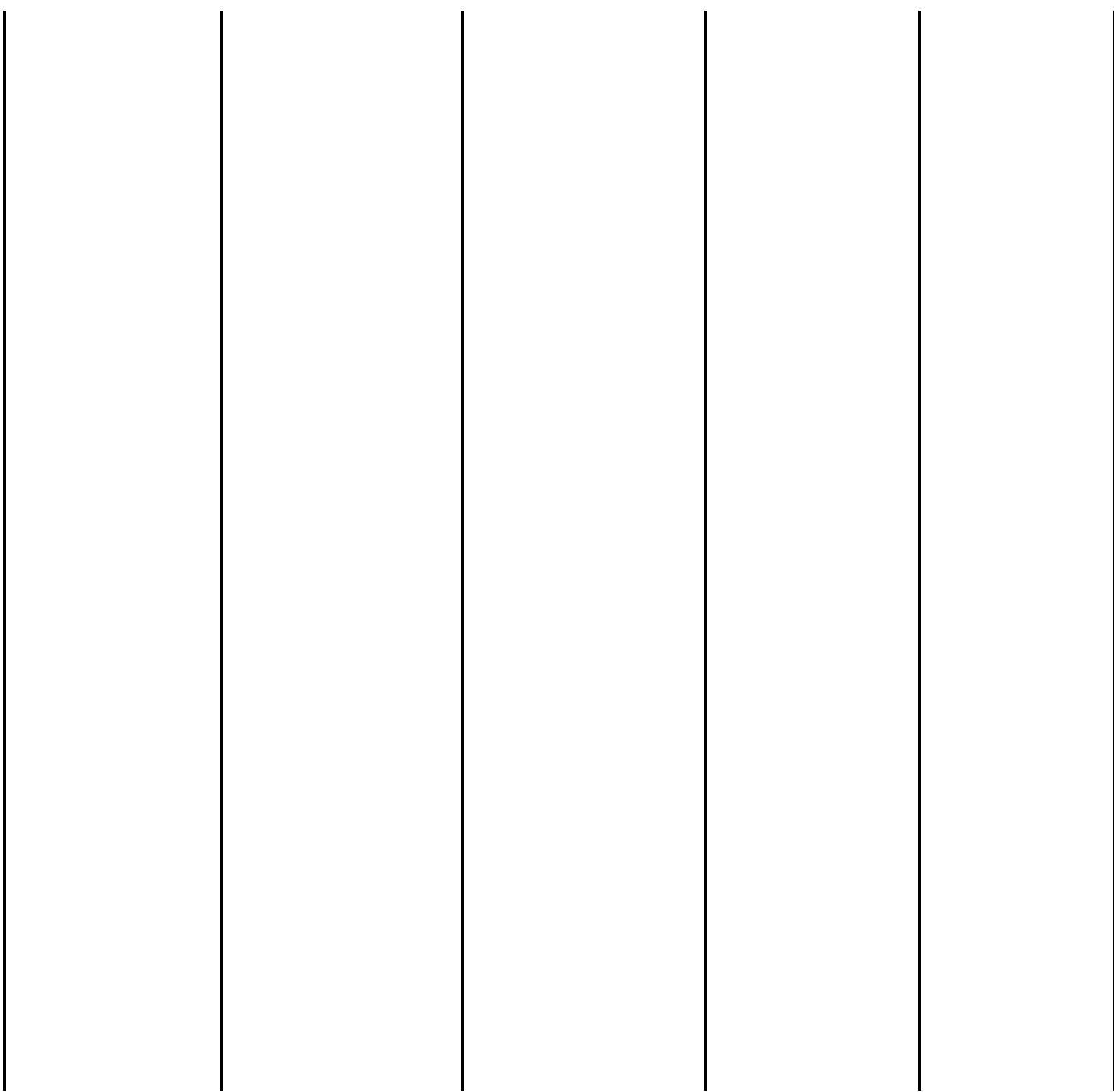


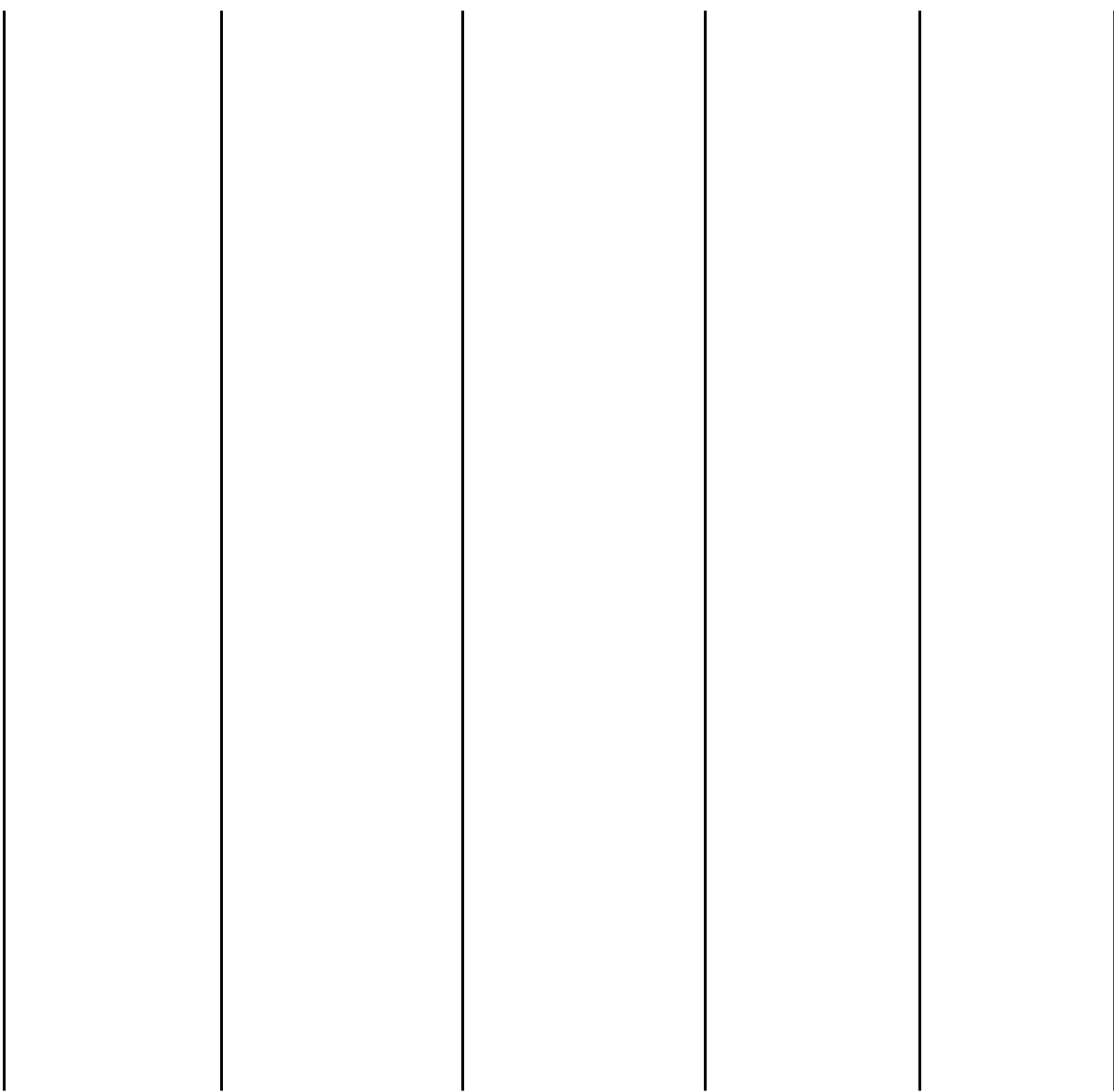


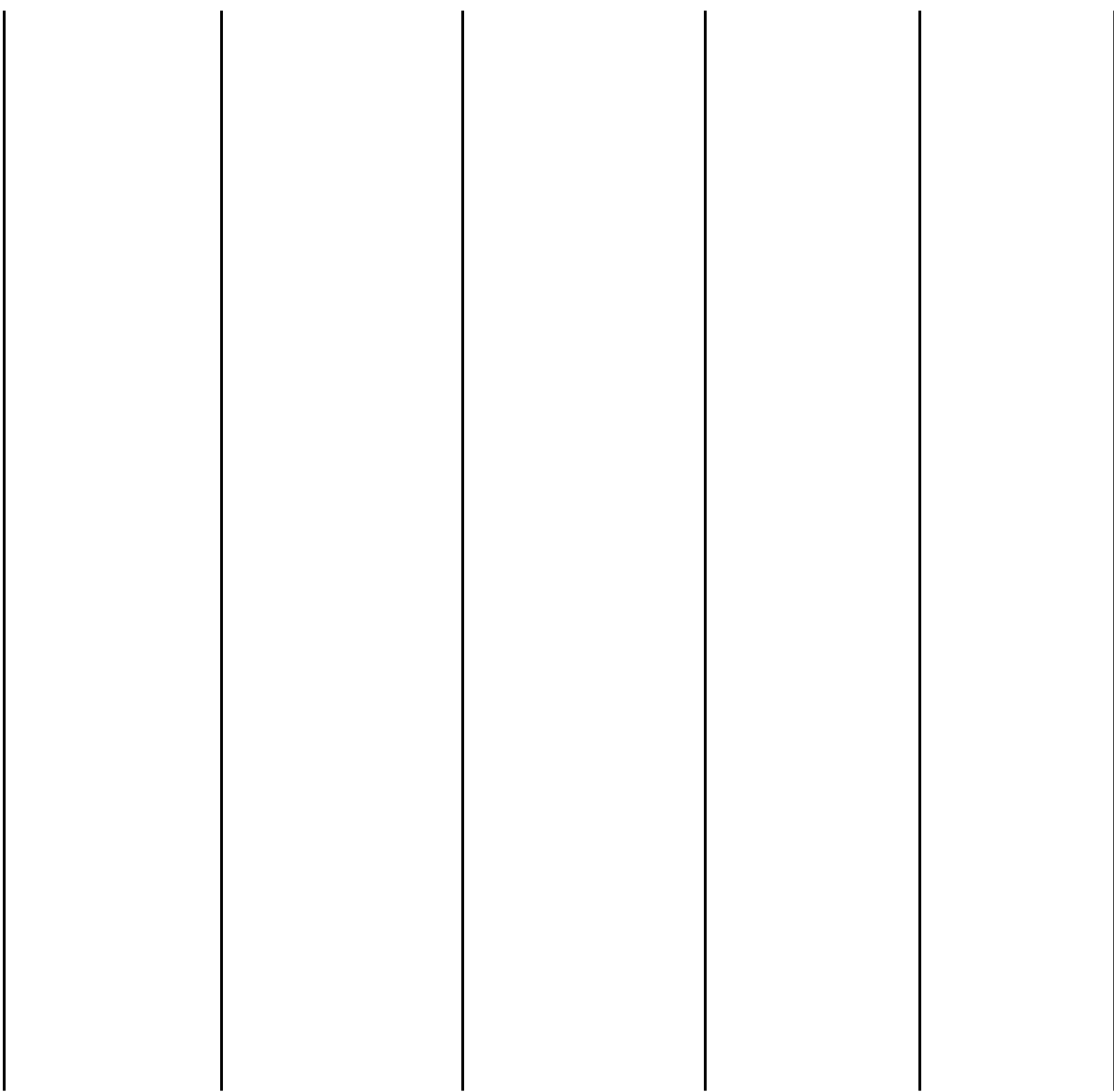


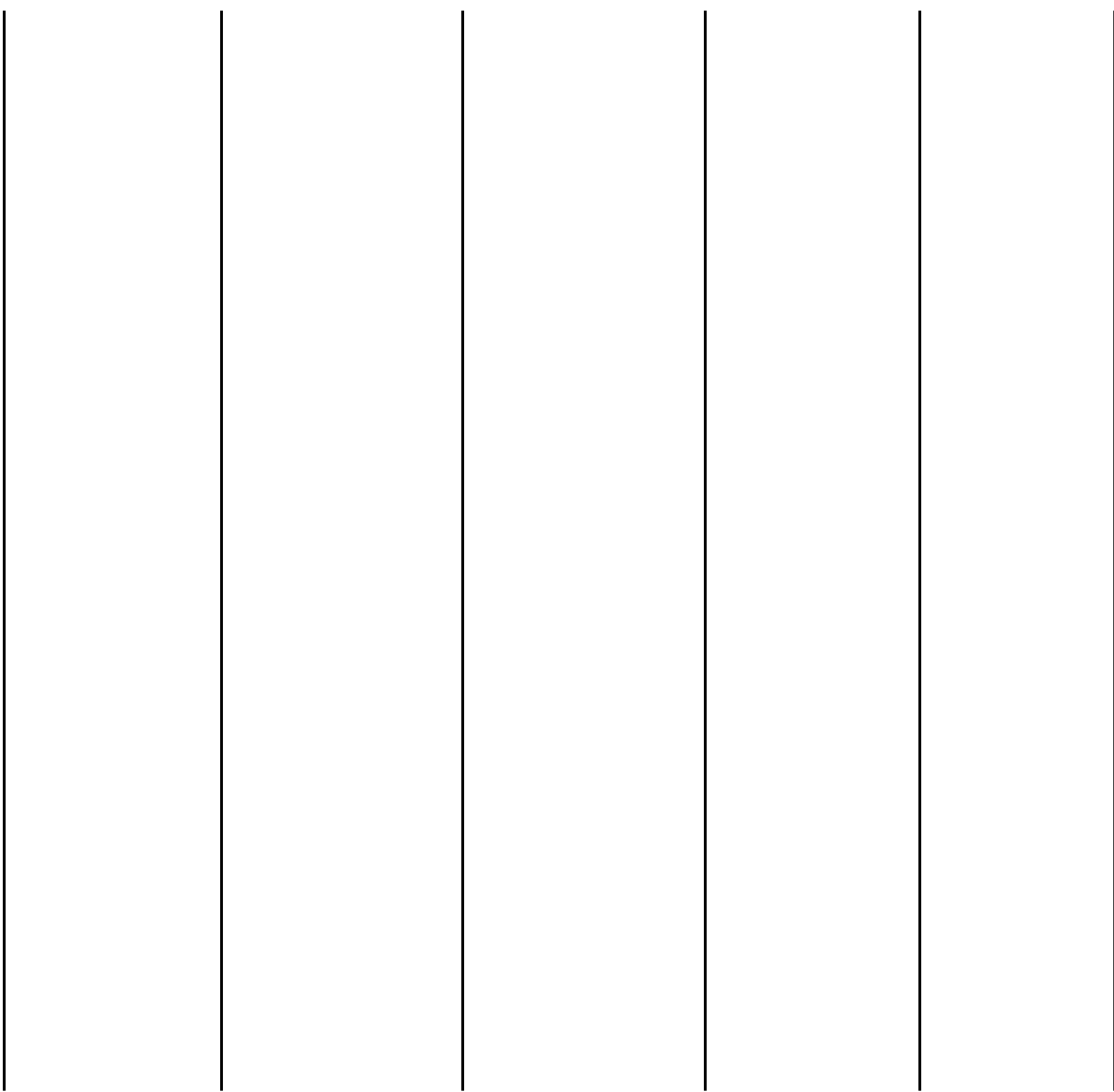


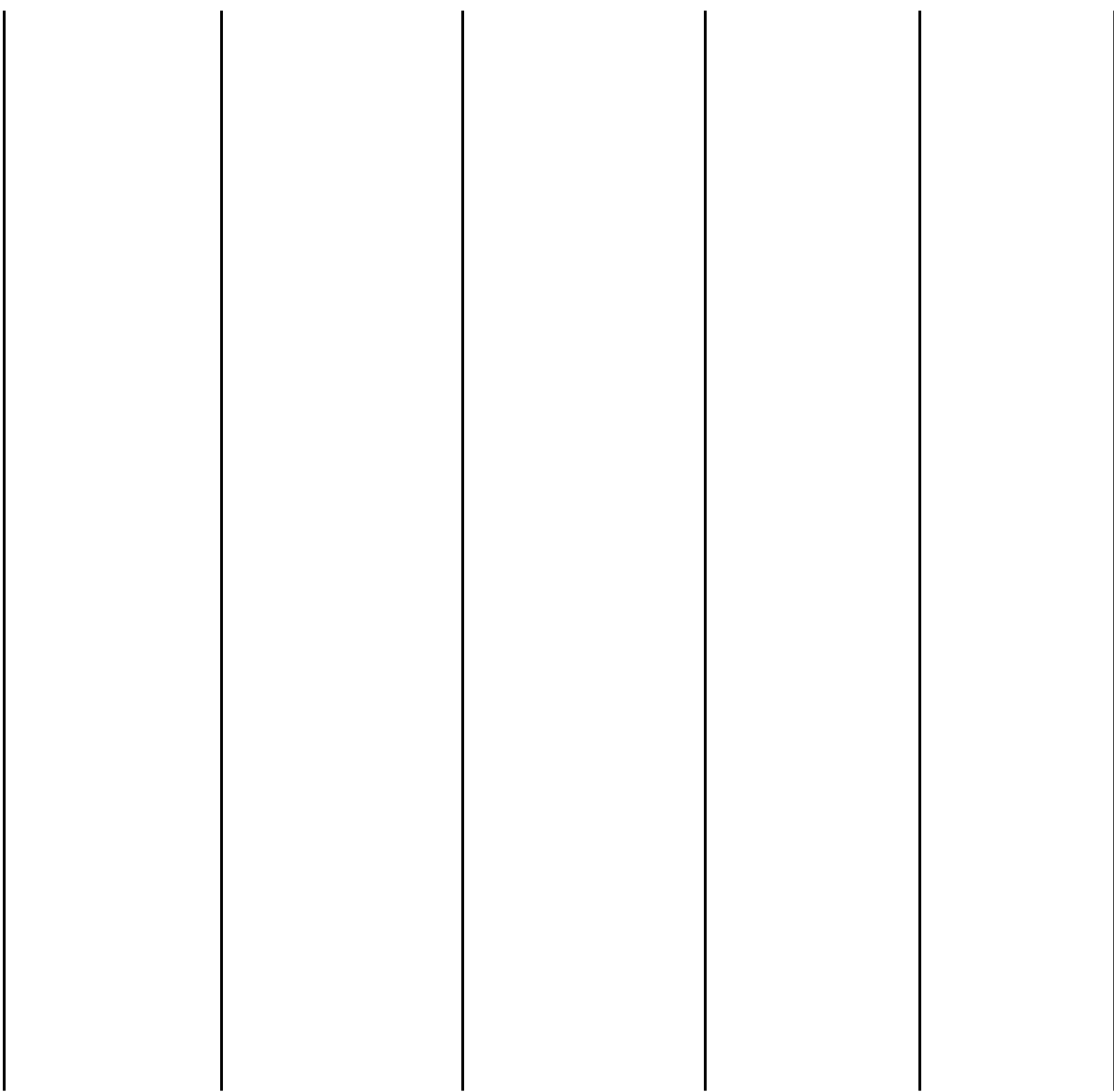












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