

IMPACT

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ON HEALTH

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TNHF Awards four \$10,000 Scholarships

Triangle North Healthcare Foundation's Board of Directors has awarded four \$10,000 scholarships to high school graduates from the four-county region.

The scholarships were presented during a reception honoring the scholars on Thursday, July 21 at the Foundation office in Henderson. Foundation board members, school personnel, and family members of the recipients joined the celebration.

The scholarship program was launched in February with invitations to each of the high schools in the region to nominate one candidate for the \$10,000 award. Nominees had to have a minimum GPA of 2.5 with plans to pursue careers in health care. From those students nominated, one scholar per county was selected to receive the \$10,000 scholarship.

Scholarship awards were presented to:

- *Kimberly Berry*, graduate of South Granville High School, who will attend Vance Granville Community College and major in Nursing.
- *Jacqueline Calamaco-Conde* of Franklinton High School, who will attend Wake Technical Community College and major in Nursing.
- *Cameron Overton*, graduate of Vance County Early College High School, who will attend East Carolina University, majoring in Biology, with plans to become a cytotechnologist.
- *Katelyn Richardson*, from Warren Early College High School, who will attend Winston-Salem State University and major in Nursing.

Funding for Triangle North Healthcare Foundation's scholarship programs are made possible through a gift from the estates of Dr. Andrew and Felcie Newcomb.



Triangle North Healthcare Foundation has awarded academic scholarships to four outstanding students from the four-county region who will pursue careers in health. Pictured from left to right: TNHF Board Member and scholarship committee chairman Emilee Johnson; Woody Caudle, TNHF Board Chairman; scholarship recipients Jacqueline Calamaco-Conde from Franklinton High School, Kimberly Berry from South Granville High School, and Katelyn Richardson from Warren Early College High School; and Wanda Hunt, TNHF Board Member. Not pictured: Cameron Overton from Vance County Early College High School.

Our Mission

To encourage, support and invest in quality efforts that measurably improve health in the Triangle North Region.

Our Vision

To live in a healthy community.

Our Focus Areas

The Foundation gives priority to grant projects that will have a positive impact and improve health in these priority areas:

- Child Well-Being
- Chronic Disease
- Mental Health & Substance Abuse
- Nutrition & Physical Fitness
- Reproductive Health

**2023-2024
grant cycle opens
March 1, 2023.
Contact us to discuss
your grant ideas,
252-430-8532.
Go to the Foundation's
website,
www.tnhfoundation.org
to review our grant
making policies,
funding priorities
and eligibility
requirements.**

Triangle North Healthcare Foundation Awards Grants for Local Health Impact

Triangle North Healthcare Foundation's Board of Directors has awarded 15 grants totaling \$456,000, which will support programs designed to positively impact health throughout the four-county region.

Since beginning grantmaking in 2013, the Foundation has invested over \$3 million in funding for programs to improve health in the four-county region, which includes Vance, Granville, Franklin and Warren counties.

"Through our grants with local partners, we are investing in programs that will help fulfill our mission to improve health," said Val Short, executive director for the Foundation. "Our hope is that these grant awards will result in healthy outcomes for children and adults in the four counties we serve," said Short.

Grants awarded this year include programs that will provide a broad range of approaches for improving health-- from programs that heal and support victims of trauma; programs that teach and promote healthy lifestyles; and programs that provide care, treatment, and support for those with addiction disorders. "In all of our grant programs, health and wellness are at the heart of what they do," said Short.

Recipients of the 2022 TNHF grants include:

Special Olympics of NC – *Partner Up – Power Up in Vance & Franklin* - community-based volunteer leadership will mobilize coaches and volunteers to resume pre-pandemic sports training, culminating in athletic competition events for people with intellectual disabilities participating in Special Olympics. The virtual program, Partner Up Power Up, includes fitness sessions and health education. In addition to community-based athletes, athletes in at least 10 Special Olympics Unified Champion Schools will continue to participate in Partner Up Power Up, with both day and evening sessions offered. The goal is to improve health and quality of life for the population of people with intellectual disabilities who are at risk for poor health outcomes.

Shepherd Youth Ranch – *Trails to Success* – will provide 18 weekly equine assisted learning sessions to children and parents from the TNHF region suffering from trauma. Each session includes 1 hour of equine assisted learning and 20 minutes of mentoring. The program will also provide training for 10 adult mentors to serve both parents and children.

Boys & Girls Clubs of North Central NC – *Triple Play* – a 3-component health & wellness program for youth ages 6-18, Triple Play is a daily part of the Club's afterschool and summer programs. The program will include a minimum of 30 minutes of physical activity, 60 minutes of social recreation each day during the afterschool program and the ten session Healthy Habits program. Club members will also participate in the National Fitness Competition January - May. During the summer program, the Club will double physical activity and social recreation programming.

Granville County Cooperative Extension – *Get Fit and Lose It* – involves a multi-step approach to losing weight and getting fit through a variety of activities throughout the year, with monthly workshops on topics from heart health, nutrition, physical activity, Bingocize, cooking fresh veggies, breakfast, diabetes, healthy food on a budget to eating smart during the holidays. Fitness Challenges will also be issued with incentives for participation in the program. A food & nutrition workshop series will be offered on different topics such as the Mediterranean Diet and the Cook Smart Eat Smart program.

Masonic Home for Children at Oxford – *Trauma-Informed Model of Care* – Year 3 of implementation & training using the CARE model in conjunction with Cornell University to become a trauma focused organization. This impacts services to youth by improving the screening and intake process; creating a different approach to implementation of service planning; and reducing the circumstances of unplanned discharges. Training goes beyond the classroom and into the daily interactions with staff and the residents. Programming is being established to offer activities that promote emotional and physical wellbeing and improving competence, while considering developmental abilities which are all principles of a trauma informed program.

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2022 GRANT AWARDS (Continued)

Oxford Preparatory School – Cheers to Healthy Eyes & Ears – funds will be used to purchase hearing screening and vision screening devices. All students will be routinely screened based on recommendations made by the American Pediatric Association. Additionally, vision and hearing screenings are often needed when students are being referred for special education services, so the machines will be used on an as-needed basis for those students, as well. These devices will allow many children to be screened with ease and at no-cost to the families.

Strength and Mending (S.a.M) Child Advocacy Center – Child Forensic Interviews – the Child Forensic Interview (CFI) is one component of a comprehensive child abuse investigation. All multi-disciplinary team partners benefit from the use of a CFI. In this process, the child can tell their account, in their own language. Each CFI is visually, and audio recorded for each agency involved to be able to obtain a copy of the interview. Interviews take place in a child and family friendly environment, by a neutral trained professional.

TROSA (Triangle Residential Options for Substance Abusers, Inc.) – Long-Term Substance Abuse Recovery for Triangle North Residents – provides a comprehensive, no-cost substance abuse treatment to 25 individuals from the Triangle North Region. At TROSA, peer support and community are a large part of the treatment model. TROSA's community relies on all its members as key agents of change. The treatment model not only addresses the substance use disorders of residents, but also every other aspect of residents' lives that contribute to success, such as mental and physical health, education, employment, and financial stability.

NC MedAssist – Mobile and Free Pharmacy Services for Low Income, Uninsured in the TNHF Region – provides free pharmacy program services for residents in Franklin, Granville, Vance and Warren counties, as well as two mobile free pharmacy events. Prescription and over-the-counter medication will be distributed to more than 1,200 individuals and families in the TNHF region, valued at approximately \$2,000,000. In a second project, Hope for Health Community Day - is an enrollment event that aims to connect uninsured patients to NC MedAssist's free pharmacy program, a local health provider, and other resources that assist with social determinants of health. The event allows individuals the opportunity to connect patients to providers and access to prescription medication all in one place. Additionally, a local food bank will distribute food and medicine bags to all who attend. All attendees will be provided with a free lunch. Community safety net organizations will be invited to participate.

Vance County Schools – VCMS Healthful Living – an after-school program that will provide a daily regimen of fitness that will cover the five components of fitness (cardiovascular endurance, muscular endurance, muscular strength, flexibility & Body Mass Index). Participants will improve their skill level in diverse team, individual and lifetime sport activities (tennis, flag football, volleyball, basketball, soccer). Support will be given on eating healthy, increasing students' fitness levels, helping them maintain a healthy weight, and potentially improving their health outcomes.



Vance County Middle School has been awarded a grant from Triangle North Healthcare Foundation to fund their after-school program, Healthful Living. Joining in the award celebration were, from left, Andrew Markoch, Director of Fine Arts and Physical Education; Dr. Cindy Bennett, Superintendent; Stephanie Ayscue, Principal; Deon Smith, PE Teacher, Gloria Holden, AVID Coordinator and Elective Teacher; and from the Foundation, Val Short, Executive Director, and Board Member Terri Hedrick.



Special Olympics North Carolina (SONC) will use grant funds to support Special Olympic athletes in Franklin and Vance counties. Franklin County Special Olympic representatives were present along with SONC staff for the award presentation. L-R: front row with sign: Jasmine Roa-Ortiz & Anna Mendoza, Franklin County Special Olympic athletes. L-R: back row: Keith Fishburne, President & CEO, Lorenzo Stancil, Jeremy Hingle, & Brian Perkins, Franklin County Special Olympic athletes, Oliver Greene, Franklin County Local Program Coordinator, Shauna Hines-Farmer, Community Resource Director for Eastern NC, Val Short, TNHF.

2022 GRANT AWARDS (Continued)

Henderson Family YMCA – After School Camp – provides traditional afterschool programming: homework assistance, STEM activities, swimming, games, sports, and crafts. Afterschool Camp also provides all-day care during teacher workdays, most holidays, and track-out days. A snack is provided on school days and breakfast, lunch, and snack during full-day service. Buses provide transportation to the YMCA from most schools with two schools dropping-off at the YMCA. Grant funding will be used to subsidize program fees to increase affordability. Additional financial assistance will be available to those in need. In a second project, *Safety Around Water* – is offered in partnership with Henderson-Vance Parks and Recreation Department and Vance County Schools, and will be offered to all 2nd grade students in the Vance County School System. Henderson Collegiate and Vance Charter School will also be invited to participate. Fundamental water safety skills are taught, including how to survive should they unexpectedly find themselves in the water over their head. A third project, *Summer Day Camp* – will offer recreational swimming, swim instruction, sports, games, arts and crafts, remedial academic support (when requested), robotics, STEM activities, cultural exploration, physical and nutritional instruction to encourage healthy living, and field trips to area amenities. All programming will be offered through a lens of social emotional development which has been identified as a significantly delayed due to the pandemic.

Edmonds Tennis and Education Foundation (ETEF) – Tennis Court Resurface Project – resurfacing of the Edmonds Tennis and Education Tennis Court is paramount to ensure safety during all ETEF tennis activities, including the goal to enroll a minimum of 206 youth in ETEF activities throughout the 2022 calendar year, and partnering with youth development organizations in the TNHF region.



All of the grant programs fall into one or more of the Foundation's five focus areas, which include Child Well-Being, Chronic Disease, Mental Health and Substance Use Disorder, Nutrition and Physical Fitness, and Reproductive Health.

The Edmonds Tennis and Education Foundation (ETEF) is a youth development organization that is dedicated to utilizing the game of tennis to provide academic and athletic opportunities for under-resourced youth throughout rural North Carolina. The primary focus is youth between the ages of 5-18. ETEF partners with the National Junior Tennis & Learning network to provide tennis coaching & academic curriculum designed to improve math & science skills of youth. Pictured above are ETEF Vice-President Dorcel Edmonds, Terri Hedrick, TNHF Board Member, and Jerry Edmonds, ETEF President.