

FJELLHEIM 6 – 107

Sons of Norway 1045 Ford Street Colorado Springs, CO 80915 719-574-3717

www.sonsofnorwaycs.com facebook.com/sonsofnorwaycs

August 2015 Volume 42, #8

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance

and financial products to

Inside this issue:

its members.

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MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July)

7:00 PM

Viking Hall, 1045 Ford Street, Colorado Springs, CO

SEND ARTICLES TO:

Michael Johaneson 1307 Wildwood Ln Castle Rock, 80104 mjohaneson@gmail.com

Deadline for the August issue is July 20

Get Ready for Your Next Adventure:



Thursday, August
20 at 1:00pm at
the Butte Theater
in Cripple Creek.
The musical is a
humorous combining of a number of
classic fairy tales
into one story.
You will encounter
Little Red Riding

Hood, Rapunzel, Cinderella, & several other characters. We will meet at the Safeway parking lot (3275 West Colorado Ave) at 9:00 am and work out carpooling. We will drive up, find a place to eat lunch and go to theater. Please call Karen Raynaas by August 12 at 719 390-0621 to reserve your seat.

Hi Members,

Viking Fair is set for October 24 this year so we'll be all done before things get spooky! We'll plan similarly to last year. I hope you will be able to save

the day for the Fair. So many of you have participated in so many ways in the past, and your time and generosity have been greatly appreciated. Please watch for something that you might want to donate to our raffle, Heritage Treasures or White Elephant tables. Our baked goods and lefse are very popular items. Donations and time to help with breakfast are needed.

We try to advertise wherever possible--flyers, newspapers, radio, word-of-mouth so we do attract some people from the larger community. Please let us know if you have new ideas for the day, too. Mostly, we would



like to see everyone's smiling face at the breakfast-brunch table or making new friends at the vendors' tables as you hear about interesting and wonderful items they have brought to share. And you just might be lucky enough to find the right special Christmas gift for someone or even win a raffle. Come to Viking Fair!

Eunice Bluhm

2015 August

Sondag	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lordag
						1
2 12:00—4:00 Rosemaling Viking Hall	3	4 12:30 pm Card Social Viking Hall	5 9:00 am Board Meeting Viking Hall	6 1:00 pm Viking Sisters Viking Hall	7	8
9	10	11	12 5 pm Book Club 6 pm FMC 6 pm Pot Luck 7 pm Heritage Mtg Viking Hall	13	14	15
16 12:00—4:00 Rosemaling Viking Hall	17	18	19	20 9:00 am Melodrama Cripple Creek (meet at Safeway	21	22
28 1:30 pm Dine Out Edelweiss	29	30	31			

August Program

There will be no program at the August 12 meeting because of the pot-luck dinner at 6:00pm. Maybe some jokes. Be prepared. Thank you to Roger Hadix for an entertaining and informative presentation on the history of Colorado Springs baseball at the June meeting. Thanks to Cultural Chair, Marjorie Erickson, for finding Roger.



2015 Ladies Luncheon Schedule

Ladies lunches are the third Thursday of the month and are at11:30

Each month will have a hostess who will select the location and take reservations, unless indicated below:

August 20 Cripple Creek

Sept 17 Location and Hostess TBD; any volunteers? October 15 Location and Hostess TBD; taking a volunteer...

November, December - None

2015 Last Sunday Dine Out Schedule

August 30 Edelweiss

Sept 27 Golden Bee @ the Broadmoor October, November, December – None All dinners will be @ 1:30 p.m. See you there!

Karen Ravnaas-Hostess; 390-0621



President's Thoughts

An Endless Summer?

Nope. It had to end sooner or later. We all knew that it would without any warning. But, a warning for the future is that there are only about 147 shopping days left until Christmas. Our Lodge is heading into our busy time of the year. This August will bring us our "Day-Out" in Cripple Creek, and our Dine-Out at the Edelweiss Restaurant. During September we have our Night -Out at Sky Sox, our 42nd Lodge Anniversary Dinner, and another Dine-Out

at the Broadmoor Golden Bee. And let's not forget that our "Monday Morning" Lefse making will begin on September 14th.

The Viking Fair and continuing to make lefse on Monday mornings will keep us busy during October. And November will once again bring us all to working hard for our annual Lutefisk and Meatball Dinner. December will start with decorating our Lodge for Christmas, and then having the wonderful Christmas Tea. And then on the Sunday before Christmas will be our Christmas Julebord Dinner and Festivities.



Well....., is that enough to do in the next 147 days? And during all of this we put up decorations, take down decorations, cook, bake, clean-up, and so on and so on. And what is amazing is that all of the work and these events have been happening for years, and I believe that everything will continue for years to come, because we are a Lodge and this is what our Lodge does, and what our Lodge is all about.

And if I forget to tell anyone that I had a great time at each of these events and dinners, I want to say thank you now for all of your hard work, and dedication to our Lodge. Tusen takk,

-Steve Hermanson.

Sons of Norway/ Sky Sox Picnic

Game Day: Sept 4th, 2015– Game Time 7:05– Event Start Time: 5:30
Sky Sox vs New Orleans Zephyrs
Price: Adults \$15, Children \$10 (members)
Adults \$26, Children \$17 (non-members)

RSVP to Kerry Hefta -719-266-9429 or khefta@comcast.net

Sunshine - August 2015

Happy Birthday and Happy Anniversary to everyone celebrating these very special events in August. During the summer, we have had several birthdays where members have celebrated milestone birthdays: Rosa, Chuck, Millie, June to name a few. I am always thrilled when our members say, "I never thought I'd live to see this number!" We should all be so lucky!!!

Our friend and member, Joyce Gustafson, has cleaned out her home and moved to Chandler, Arizona to be closer to family. I will report her new address and phone number when we receive it from her. We will miss you Joyce and wish you the best in your new community.

Kathie Godsil is out of her cast after recovering from surgery to repair a broken wrist which happened in a severe fall. She is doing well and has gone back to work. Ruth Tkachenko is receiving hospice care at home after being diagnosed with Hodgkin's disease. Swede Knutson has recovered from surgery to remove a kidney stone that bothered him for several months. Arlene Reid is home dealing with neuropathy and her husband, Byron Reid, is home from rehab after a bout of pneumonia and doing well. In addition, Arlene and Byron have recently celebrated their 58th anniversary. Eunice Bluhm reports that Lisa Coltrin's Mother-in Law passed away in Illinois in June. Alex Parra's sister recently passed away in California; she was the last of Alex's siblings and was 94. Please keep all of our members in your thoughts and prayers.

Agnes Barilovich, a long-time member of Fjellheim Lodge, passed away peacefully in her home on June 28th. Her passing was unexpected and quite a shock to everyone. Agnes was an active member of Fjellheim Lodge for 40 years and has served the lodge in many different capacities. A celebration of life was held on July 14 at the Sons of Norway lodge. Our sincerest condolences go out to her family and friends during this time of healing.

Hans Bjornen, former president and charter member of the lodge, died in Arizona on June 7, 2015. A celebration of Life was held at the Sons of Norway Fjellheim Lodge on June 19. We send our deepest condolences to Vivi, Kari, and their families during this time of sorrow.

While looking for a short quote about August, I came upon the following poem which reminded me of the wheat fields in North Dakota.

"Whilst August yet wears her golden crown, Ripening fields lush- bright with promise;

Summer waxes long, then wanes, quietly passing Her fading green glory on to riotous Autumn" –Michelle Thieme, *August's Crown*

Fraternally,

Karen Ravnaas - 390-0621

1250 pieces of Lefse sold in two days

The Scandinavian Festival in Estes Park on June 26-27 gave us an opportunity to sell a lot of the lefse we made in May and June. We had hoped to sell more but we did better than most vendors.



The lefse was kept frozen up to the point of sale so it was like fresh lefse when thawed. In addition, we made thirty rounds each day for demonstration purposes and to give as samples. Special recognition goes to Gail and Bjorn Gudmestad, Pat and Gerald Rowe, Carol and Mike Johaneson, Kathy Godsil, and Steve Hermanson for hauling everything to Estes Park, and setting up and maintaining the booth for two days. Mike and Steve also demonstrated lefse making each day.

We netted about \$1250 which is nice but we also provided a special Norwegian delicacy for the festival goers.



August 2015

Eunice C Bluhm	4
Betty A McIntyre	4
Alyssa R Smith	5
Todd Taskerud	5
Dennis P Lundmark	8
Trevor Oldervik	8
Åshild Telise Rodelv	8
Cathrine Y Berg	10
Anders V Hall	12
Virginia M Johnson	16
Elsie M Gonsholt	18
Beverley B Disch	19
Everett Snead	20
B June Williams	20
Sara J Berge	21
Madison J Smith	21
Riley Coltrin	22
Avery G Lawyer	26



Card Social

Card Social will be Tuesday, August 4th with a potluck lunch at 12:30 pm. followed by visiting and cards. Please join us. Questions call Ginny at 495-0253

Viking Sisters

Viking Sisters will meet August 6, 1 pm at the lodge. All women are welcome. Any questions, please call Ginny Johnson 495-0253.



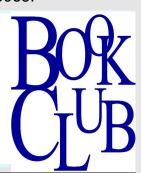


Rosemaling Classes at Viking Hall Rosemaling classes are scheduled for Sunday, August 2nd from 12:00 until 4:00 and Sunday, August 16th from 12:00 until 4:00. All skill levels are welcome. The cost for each 4 hour session is \$20.00. Please call Cindy Bauer at 633-8260 or Bj Mapstone at 264-0955.

Book Club meets every second Wednesday of the month

at 5:00 pm at Viking Hall. Our facilitator is Dot Everett.

Our book for August is your own selection. Please join us on Wednesday, August 12 at 5:00pm and tell us about a book you read this summer.



The Cookbook is Coming, the Cookbook is...

Our Viking Sisters are undertaking a project in which we need the help of everyone in the lodge. We plan to do a cookbook and need recipes. Please submit recipes and indicate what category they go in such as: appetizers, main dishes, salads, soups, desserts, etc. You can bring your legibly written recipes to the lodge or e-mail them to gnijohnson@aol.com. Recipes should be submitted by the end of this year. Your cooperation is appreciated. Thank you.



Ginny Johnson, president of Viking Sisters. Any questions call 495-0253.



Presentation on Norway was First Class

Dorene Calvin's class of second and third graders got an earful and a mouthful of Norwegian culture on June 19. This gifted and talented class at the Colorado College summer program was studying geography and Fiellheim was there on Norway day. The students got a sample of language (Mange Takk), geography (their own 32 x 8 map of Norway, dress (bunads), folk dance and song, and lefse. The hour and half went fast and was enjoyable to presenters, Eunice Bluhm and Mike Johaneson.

Agnes Barilovich

Oct 31, 1931-June 28, 2015

Agnes was born in Trondheim, Norway to Johan and Anne Andersen, the fifth of six children. Her only brother was the celebrated speed skater Hjalmer (Hjallis) Andersen, a three time Gold Medalist in the 1952 Winter Olympics as well as an European and Norwegian champion.



She married Peter Barilovich and followed him in a thirty year military career that took them many locations in the world and in the states. She was an outstanding volunteer with the American Red Cross and was awarded the Commander's Award for Public Service Medal for her lifelong service to that organization.

She is survived by a daughter, Helen Ann; two sons, John and Mark; nine grandchildren and four great grandchildren.

She served the Lodge in many capacities. She is remembered as one of the "Norwegian Ladies" who did so much to set the tone and standards for our group in the early days. She and her friends cut a handsome figure in their bunads as they served lutefisk at the dinners at Benet Hill. Besides being a convention delegate and a member of FMC, she was a bingo worker without peer. Her "vafler" were fantastic! She kept us true to our course and enriched our lives.

Fjellheim Lodge receives painting

John Barilovich and his wife, Cheryl, present a watercolor painting from Norway to Fjellheim Lodge in memory of his mother, Agnes. The painting depicts the king picking flowers in front of the Royal Palace.

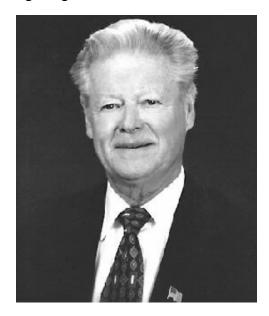


Hans Bjornen

February 23, 1929-June 7, 2015

Hans was born in Os, Norway to Hermann and Ragna Bjornen and emigrated to the United States as a young adult. After attending college in both countries and serving in both armies, he was a highly regarded employee of Colorado Interstate Gas for 35 years and participated in community events including playing soccer for Colorado College.

He is survived by his wife Vivi Bjornen, brother Øivind Bjornen, daughters Kari Beck and Suzanne Edenfield, son Kevin Bjornen and eight grandchildren and one great grandchild.



He is remembered in our Lodge as our first president, serving 5 terms at different times, and for being the attractive and coalescing force to form and nurture a new organization now nearing its 42nd year. He was a man of immense charm, smooth diplomacy, and a lover of company.

For a generation of our members, he personified the Sons of Norway. He has our lasting admiration and appreciation as we remember him with smiling lips and joyful hearts.

You are Invited to Meet & Greet Jon Tehven, Sons of Norway International President

Saturday, July 25, 2015 4pm –7pm
Kathy & Ron Browne's home
416 S. County Rd. 21, Loveland, CO 80537
Bring Finger food only to serve 8-10 people
Directions: From I-25, take exit 255 west, continue about 5
miles through town to first 4-way stop at County 21, turn left, 3/4 mile to 416. Lost ? Call–970-744-0922

Len Carlson, my boss, asked me to write something about why I like representing Sons of Norway insurance and annuities.

This is how I responded:

1. Our organization is small, personable and inti-



mate. I can call the head of underwriting at anytime, including during an interview with a client, and get an immediate answer to a question. This is very important to me. I also know everyone at the home office and they know me. This is not common among insurance companies.

2. My schedule is very flexible. No banking hours here. I can meet with potential cli-

ents at their convenience which is usually in evenings or weekends in their home

- 3. The products we offer fit our members' needs. The annuities are guaranteed in principle and interest. The life insurance is simple and understandable. We have a new simple life insurance program designed to cover end of life expenses and the new chronic illness rider for our universal life policy is a practical way to deal with long term care expenses. These are things our members want.
- 4. I get to see our members at six lodge meetings across the state each month. How many insurance representatives can say that? And we do not just talk about insurance. We talk about important things like lefse and pancake recipes, travel to Norway or how cold it was when we were kids in Minnesota. Visiting with these Norwegians is just plain fun. We are a fraternal organization in the best sense of the word.

 Mike Johaneson

Call me at 720 971-0130 or email mjohaneson@gmail.com to talk about insurance, annuities or lefse recipes.

FJELLHEIM - 2015 OFFICERS

Board of Directors							
President	Steve Hermanson	520-0303					
	ubetcha@reagan.com						
Counselor	Michael Johaneson						
Secretary	Sara Berge	495-2134					
Asst. Secretary	Laurie Hauschild	660-1105					
Treasurer/Finance Chai		ary)					
Membership Secretary	Shirley Stilley	475-1524					
D D:							
Program Directors Social Coordinator	Kathie Godsil	266 0502					
Cultural Coordinator	Marjorie Erickson	266-9592					
Hostesses	Doris Lake	597-2196 596-8600					
Hostesses	Darlene Aaland	550-1288					
	Carol Eacker	633-5193					
Sunshine	Karen Ravnaas	390-0621					
Sports	Kerry Hefta	266-9429					
Foundation	Caren Alvestad	648-2320					
Cultural Skills	Bjørg Mapstone	264-0955					
Book Club	Dot Everett	328-1481					
Support Officers							
Greeters	Lois Halvorson	632-6003					
	Owen Bergland	576-1396					
Marshall	Dave Haugen	599-0810					
Editor/Photographer	Michael Johaneson						
	mjohaneson@gmail						
Web Page & Facebook	Randy Johnson	260-7028					
Musician	Sonja Gund	473-9588					
Publicity	Eunice Bluhm	495-2029					
Historian Librarian	Virginia Nelson	650-7029					
Viking Sisters	Sonja Gund Ginny Johnson	473-9588 495-0253					
VIKING SISICIS	Olliny Johnson	493-0233					
Committees/Special A	ctivities						
Auditors	Dean Tollefson	473-1110					
	Ole Bakken	632-3892					
	Millie Sullivan	597-0381					
Tubfrim	Tania Oldervik	310-3586					
Volunteer Hours	Cleo Allgood	598-1982					
Financial Benefits	Michael Johaneson	720 971-0130					
Fjellheim Managemer							
Directors	Karen Ravnaas	390-0621 596-6159					
	Paul Wiig	-,,					
	Doug Haug Swede Knutson	632-4284 473-3297					
	Chuck Sullivan	597-0381					
	Owen Bergland	576-1396					
Trustees	Rodger Erickson	597-2196					
11451005	Jerry Johnson	495-0253					
	Terry Mapstone	264-0955					
	J						
Colorado Zone 8 Director							

Colorado Zone 8 Director

Beverly Moe 720-746-9755 bevm259@comcast.net

District 6 President

Mary Beth Ingvoldstad 707-987-2404 <u>mbingvoldst@aol.com</u>

Sons of Norway Board Lyle Berge 720-470-4961 bergenorsk@comcast.net

ALL PHONE NUMBERS HAVE 719 PREFIX UNLESS OTHERWISE IS NOTED

Sons of Norway Monthly Newsletter Mike Johaneson, Editor Viking Hall—Fjellheim 6-107 1045 Ford Street Colorado Springs, CO 80915



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1307 Wildwood Lane Castle Rock, CO 80104-9477



Michael Johaneson

Financial Benefits Counselor

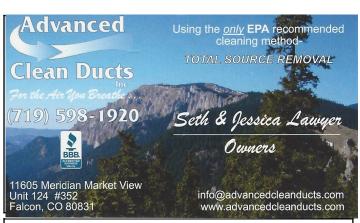
Phone: (720) 971-0130 Email: mjohaneson@gmail.com

www.sonsofnorway.com



Patty Gooding (719) 550-1206

2905 North Murray, Colorado Springs, Co 80917 Tuesday-Friday 8:00-6:00 Saturday 7:00-2:00



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