

wcw shopper



The Bands that Keep you FIT

The Elastic Boutique offers a fitness 4-pack of resistance exercise bands. The Elastic Boutique's latex bands are made to resist instant snapping when stretched—preventing injuries. Their unique formulation slows down the progression of the tear so that user can detect it while in use and stop immediately. The bands are versatile and can easily be adapted to any fitness level. The exercises included in the chart that come with the bands were developed by a physical therapist to get the most effective workout in a shorter amount of time. Resistance bands offer a great alternative to getting an entire body workout at home. And, you can bring them along while traveling! But remember Sen. Harry Reid and be careful! Cost: \$34.95 at www.elasticboutique.com.

Tea for you...

Get those ice cubes ready! This summer, skip the boiling process and go straight for the cold brew. ORGANIC INDIA has over 18 different flavors of its signature organic Tulsi, Holy Basil herb, that helps reduce stress, aid in digestion, balance metabolism, support anti-aging and overall immune system. So you can sip your way to a healthy summer with this calorie free, cold treat.

Added deliciousness: you'll be supporting the global leader in promoting organic products, sustainable farming, healthcare and overall wellness for the agricultural communities in Northern India. All teas are sold at Whole foods and www.organicindiausa.com.



Get Some Good Scents

Kai has launched a home fragrance reed diffuser infused with kai's light and intoxicating blend of a gardenia wrapped in white exotics. The reed diffuser has been specially designed to preserve the integrity of the kai fragrance, while delicately releasing its signature notes into the air.

Packaged in an Italian glass bottle, the reeds are fast-wicking, easy to use, and provide a controlled, reliable rate of release of the fragrance that lasts four months of use—no "flipping" of the reeds is required. Price: \$78 for 6.75 oz.

Kai is one of the only premium fragrance, bath, body, and home care lines based on a single scent. Fans include lots of Hollywood celebrity devotees such as Nicole Kidman, Cate Blanchett and Renee Zellweger. It was also featured as one of Oprah's "favorite things." Kai products are cruelty-free and not tested on animals.

Find kai at exclusive boutiques, apothecaries, resorts and spas or at www.kaifragrance.com.



Let's Hear it for...your Feet

Inspired by a 5,000 year-old ancient, Indian design worn by Mahatma Gandhi, Gurus are a modern twist on a classic is so many things: unisex, adjustable, eco-friendly and fully sustainable — made from 100% vegan, biodegradable natural rubber still sourced directly from the founders' own family farms in the South of India, creating a super comfortable, yet durable fit perfect for the laid back yogi or the workout buff on-the-go. And, of course, perfect for Florida living!

What makes Gurus even cooler, is their commitment to giving back. By teaming up with Trees for the Future, pledging to leave more than they take, gurus plants a tree for every pair of sandals sold. In this way, Gurus is more than doing its part to return precious resources to the Earth for future generations to enjoy.

Gurus come in 7 vibrant colors and sell for \$29.99 at www.ilovegurus.com/shop.