

AWARE

A NEWSLETTER PUBLICATION OF THE
DIOCESE OF SALT LAKE CITY COUNCIL OF CATHOLIC WOMEN
An Affiliate of the National Council of Catholic Women since 1928

FALL 2020 ISSUE



DCCW PRESIDENT'S MESSAGE

Becky Colombo — St. Anthony of Padua, Helper, Parishioner

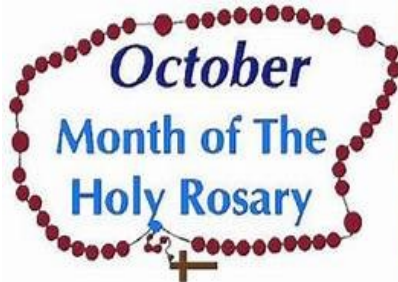
bcolombo@emerytelcom.net

As I sit down to write my AWARE article, the current situation in our country comes to mind, with living during this time of COVID-19. I'm sure all of us thought the virus would be gone by now, but unfortunately it is not. So, on with my thoughts.....

Think of this scenario: one individual in particular is not feeling well, but only thinks it is a common cold. After having a cough and runny nose for two weeks, this individual goes to be tested, yet will continue to do what they normally do while waiting for their test results. Golf, coach a basketball team, go to a community event (i.e. rodeo, county fair, demolition derby) and golf again. Yep, you guessed it- tests positive for the virus. Now, pause and think of the number of people affected by this one individual doing the actions mentioned above. Yes, I know you are shaking your head and wondering why. I think we all have that same reaction. But to be fair to that individual, they didn't think they were contagious. Yet all of this person's direct contacts could be infected. The point I am trying to make is not concerning the actual virus, but concerning how many other individuals this one person's action has affected.

Now, think if this was not a virus, but an act of love or kindness to all these people. How many would be affected or rather "infected" with feeling the joy of someone being kind, friendly, understanding, and loving. A smile is infectious....just try it sometime with someone you meet on the street whom you do not know. Some people are not accepting of a smile, but they are very few! Do we give away our smiles to our own family members, or just those we are around for social reasons? I'm not saying everyone would continue the spread of the disease, or rather the "kindness" that one person can spread, but it is certain to touch at least *some* of those we encounter. There are so many people this one individual may have infected through that "domino effect". So many had to be contacted and those individuals had been around other individuals, and so on and so on. I can only hope for a day in our world when kindness and love could spread as easily as this virus has. Unfortunately, it probably won't happen.

But wouldn't it be awesome if it did??





DCCW SPIRITUAL ADVISOR

Father Reynado "Rene" Rodillas — St. James the Greater, Ogden

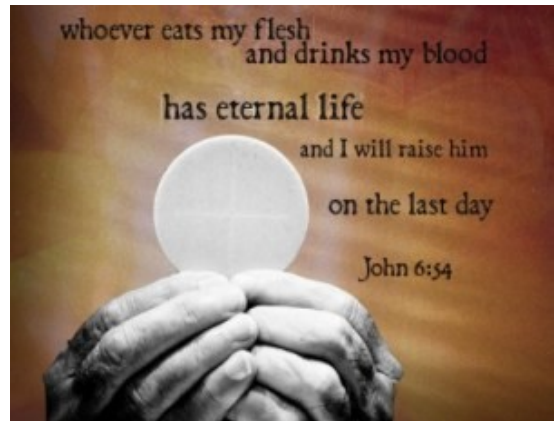
frrenedioslc@gmail.com

THE EUCHARIST HEALS

I have always believed in the healing power of the Eucharist: that is emotionally, spiritually and physically. The Eucharist nourishes our souls as well as our bodies. It is life-giving and nurtures our spirits. Our Lord assured us when he said, "Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day." (Jn. 6:54) These words of our Lord are so very real in my personal life and in my experience as a priest and as a person. I draw strength from the Eucharist when I am down, and it refreshes my inmost being when I am in trouble. It also inspires me as I witness its effects on the people to whom I minister.

Recently, I was a witness to the reality of the miracle of the Eucharist being life-giving, not only spiritually but physically. One Friday morning I was called to anoint a dying gentleman. He had been suffering from cancer of the lungs for several years, and he was lying in a hospital bed seriously ill. It was almost midnight the following day, and again I got a call from his wife asking me to perform the "commendation of the dying". The hospital released him earlier that day, and he was assigned to hospice care. When a person is on hospice, it means only one thing, that the person's days are numbered. Because of that, they called all their children home to be with their dad in his supposed last days of earthly existence. I told her that he was prepared to go if he passed, because I had already anointed him. The wife said she wanted him to receive Holy Communion. The next day was Sunday, and I went to see him and gave Communion.

Four days later, I again went to check on him and brought him Communion. He could hardly get up



from his bed. After that, I brought him Communion regularly. A month later, he was able to get up from his bed and could now lie on the couch in their living room. After six weeks, I was surprised because he could now walk, of course with a walker and with his son's supervision. I could sense that he was slowly regaining his health. What a miracle! A few days of expected survival extended not only for several days, but several months. Really, no one knows when a person will leave this earth. Only God knows.

It has been exactly four months and three days since this occurred. Thank God's goodness in using the doctor's expertise as an instrument of his healing power. Thanks to the healing power of the Eucharist, which sustained him to last this long, even if the medical practitioners handling his medical care had given him limited time to survive. Thank God for giving this man another chance to appreciate more the beauty of the greatest gift of all, his life.

Truly, the Eucharist heals. Jesus, indeed is the greatest Healer of All.



Every October the Church in the United States celebrates Respect Life Month. The 2020-21 theme is "Live the Gospel of Life."

<https://www.usccb.org/resources/rlp-20-resource-summary-eng.pdf>





NATIONAL COUNCIL OF CATHOLIC WOMEN

PRESIDENT-ELECT

Pat Voorhes — St. Vincents, Murray, Parishioner
patthebaglady@gmail.com

My dear sister's in Christ,

Although we were prevented from meeting for our Centennial Convention in August of this year, the work of NCCW has continued via Zoom and conference calls. Since I last wrote to you in June, the NCCW Executive Committee met 4 times, the Board of Directors met once; we held a ZOOM installation for our newly elected treasurer (Marla Johnston), National Spiritual Advisor (Fr. Miguel Gonzalez) and 12 new Province Directors; as well as: member calls, Rosary calls, *Catholic Woman* magazine articles and the *Connect*.

At our last NCCW Board of Directors meeting we passed two resolutions. The resolutions can be found in their entirety in the latest edition of *Catholic Woman* magazine and on the NCCW website. They are listed here in brief:

Walking with Moms in Need A Year of Service The purpose of this resolution is to encourage the use of the USCCB's program of the same name: <http://usccb.org/about/pro-life-activities/walking-with-moms-in-need.cfm> the resolved is to embrace the program and continue to pray and support pregnant women and mothers in our parishes

Appreciation of Spiritual Advisors The purpose of this resolution is to acknowledge and show appreciation for Spiritual Advisors. The resolved is to recognize, pray and acknowledge our Spiritual Advisor. Fr. Rene has the Spiritual Advisors pin, and I hope everyone is using the Spiritual Advisors Prayer to support him and pray for his intentions. Suggestion: For \$30.00 the SLCDCCW can give Fr. Rene a subscription to *Catholic Woman* and access to the NCCW members only website. Call the NCCW office (703) 224-0990 to make this happen.

This year we have experienced many unfortunate circumstances caused by the COVID-19 pandemic. These have prevented us from receiving the necessary funds from our annual convention that we rely on to sustain our operation and the many ministries of the NCCW. Please consider making a tax-deductible donation to NCCW as a gift of sustainability. Please send your gift to:

NCCW
A Gift of Sustainability
200 N. Glebe Rd. Suite 725
Arlington, VA 22203



October is Domestic Violence Awareness Month. If you took part in the Member Call last night (September 16) you were told about the document *Mending the Brokenness....With Real Love* an effective Domestic Violence Awareness Program. This comprehensive resource will be everything you would need to run a campaign in your parish. Please go the website to www.nccw.org for this document. If you missed the call, I encourage you to login to the NCCW "members only" website and listen to the call. You will not regret it.

Stay safe and healthy until we can meet again.
God's abundant blessings on your day.



DCCW FIRST VICE PRESIDENT/PRESIDENT-ELECT

MaryAnne Mulvihill — St. Therese, Midvale, Parishioner

maryannemul@live.com

I've been looking over the material Becky Colombo has given me and trying to set a timeline for my activities in the hope that we have a convention in 2021. I wish I could report on the 2020 Convention, or on the NCCW Convention, but it has been such a strange year. My sister and I have a running joke about when the locusts are going to show up...

As it is, what I can say is that I'm here for you, and I'm supporting President Becky Colombo as we go forward. Looking for better times to come!

You have been in my prayers as we socially distance, and I hope you have all been well. I miss being able to hug my friends, but I'm hugging you all in my heart.



DCCW SECOND VICE PRESIDENT

Patricia Ramos-Yarber, Chair — St. Olaf, Bountiful

t.ramos801@gmail.com

I hope all is well with everyone. It has been quite a year getting used to our "new norm".

I am very excited and looking forward to seeing what this next year will bring for DCCW and my 1st year in the Second Vice President position. I will soon be in the process of collecting supplies, etc. from MaryAnne Mulvihill and the items needed for the raffle and silent auction setup at convention.

Convention is only seven months away, and we'll have to see with the pandemic where we are at in order for all of us to remain safe. It has been suggested that we have a virtual silent auction or a theme. Contact me if you have any other suggestions.

Also, please meet with members of your parish to start thinking of items to donate for the silent auction and the raffle. I will also be contacting the vendors that were going to be at the 2020 convention.

Take care, stay safe with prayer and faith.



The convention raffle quilt for 2020!



**IMMEDIATE PAST PRESIDENT
NOMINATING COMMITTEE CHAIR
Casey Pond — St. Olaf, Bountiful, Parishioner
casey.pond@comcast.net**

Out of curiosity, I looked back and reread the September President's report I gave two years ago. One line now seems pointless for this September: Jesus did not promise us happiness, He promised joy. Joy?!? With the world, and especially our country, in such a chaotic, frightening, uncertain, rancorous state? But as we know, happiness comes and goes, but Christian joy is a deep and abiding sense of contentment that comes from one's relationship with God.

But we humans still want, often need, that transitory feeling of happiness. Being grateful for all we have – big things and small – is a very good way to achieve happiness. And we, as Catholic women, know of the many rewarding results of service for both those we serve and for ourselves.

***Happiness is not something ready-made.
It comes from your own actions. (Dalai Lama)***

The late Supreme Court Justice Ruth Bader Ginsburg firmly supported community service and often spoke about it: "You will get satisfaction out of doing something to give back to the community that you never get in any other way." and "That's what I think a meaningful life is. One lives not just for one's self, but for one's community." Pope Francis made us think about our priorities in regard to service when he asked, "Do we open ourselves to the Holy Spirit, so as to be an active part of our communities, or do we close in ourselves, saying 'I have so many things to do, that's not my job'?"

With that in mind, I want to thank all of you who make time to serve, especially to our Church community – women who lead in the Diocesan Council of Catholic Women, the deaneries, and the parishes; the women who support the ministry of their Councils; women who serve in the various ministries in their parishes: those who sit on parish councils and organizing teams, those who bring communion of the sick, those who share their talents and grace us with liturgical music; those who clean the church, those who pray for others, and so many, many more. We are all at different levels of busyness in our lives, but yet so many women graciously give what valuable time they can to very good causes. And the rewards are many, not only for those who serve and for those blessed by that service, but for the strength and future of our Church. In 1988, Pope John Paul II wrote *Mulieris Dignitatem (On the Dignity and Vocation of Women)*, and in it he said, "...the witness and the achievement of Christian women have had a significant impact on the life of the Church as well as society..." So, let's keep up the good work!

Congratulations to our new DCCW President, Becky Colombo, and to her board; to the new Deanery Presidents and their boards; and to the new Affiliate Presidents and their boards. We look forward to working together, creating happiness through service, and doing our part to make our world, our country, and our communities better places for all.

Yours in faith and service,
Casey Pond





**DCCW DIRECTOR OF MEETINGS &
WOMAN OF THE YEAR, CHAIR
PAST NCCW PRESIDENT
Bobbie Hunt — St. Rose of Lima, Layton, Parishioner
don1bob4@aol.com**

Even though we didn't have a 2020 Convention, many parishes still had chosen their Woman of the Year, and we want to honor them. We had asked affiliate presidents to continue to send in their parish's **2020 Woman of the Year** biographies by June 30th, 2020. Many have not done so yet. Please send the names and biographies to me as soon as possible. All 2020 women of the year will be the ladies who are honored at the 2021 convention. No additional women will be chosen for 2021. Any questions, please email me at don1bob4@aol.com.

REMINDER: AFFILIATE PRESIDENT'S CONTACT INFORMATION, NEEDS TO BE EMAILED TO THE DCCW SECRETARY, CHERRI DELGADO, ASAP!

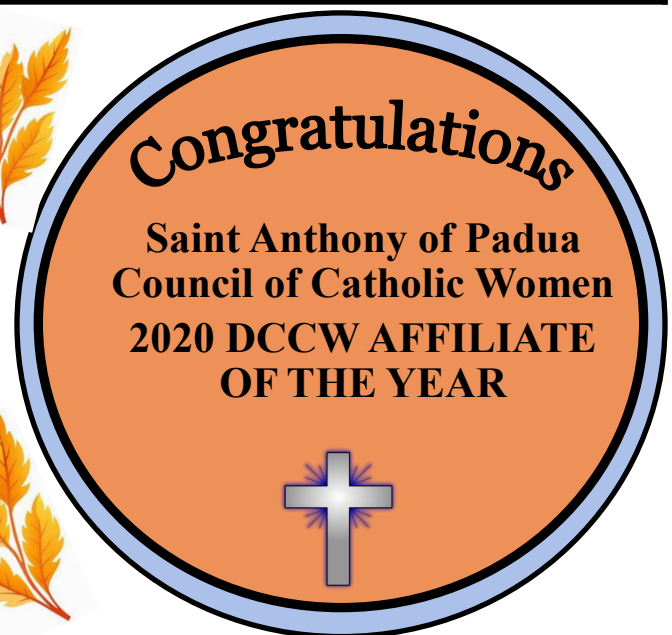
cdelgado0784@gmail.com

CHERRI WILL FORWARD UPDATES TO NCCW

Don't Miss Important

Communication from DCCW & NCCW

INDIVIDUAL NCCW MEMBERS NEED TO MAKE CHANGES TO YOUR PROFILE ONLINE OR CONTACT NCCW DIRECTLY



Inviting ladies to join Council is offering them an opportunity to enhance their lives while giving service to their church and community. It can be life changing. Our attitude, enthusiasm, and love of Council is contagious and encourages the stranger to attend a meeting or event. Think about all the wonderful things council does and all it accomplishes. We love Council, love spending time together and find our accomplishments fulfilling and meaningful!

Jeannie Illian, NCCW LTD Program Consultant

**IT'S TIME TO CELEBRATE
DCCW Council Sunday— October 18, 2020**

Throughout the diocese, we will be celebrating and publicizing **Council Sunday**. This annual day of recognition is to celebrate the accomplishments and contributions of our DCCW affiliated women's groups, while at the same time increase Council awareness. Contact your women's council president to see what's planned at your parish! **Send pictures.** Watch for our ad in the Intermountain Catholic.



DCCW MEMBERSHIP, DEVELOPMENT AND RESOURCE

Amy Kennedy — Cathedral of the Madeleine, Parishioner

amy.kennedy@comcast.net

Michael O'Shea—St. Anthony of Padua, Helper, Parishioner

msmichaeloshea@gmail.com

Back to School and Learning New Skills

Whether in-person, virtual, or some combination thereof, students all over Utah are returning to school. Like most things in 2020, school is very different this year. Our students are adapting due to in no small part the hard work of teachers, who think of innovative ways to instruct. By their nature, teachers are nurturers, leaders, and creative persons willing to share their personal and professional wisdom. This is why I am so excited to have a teacher join the MDR team: past DCCW President Michael O'Shea.

Like our students and teachers, council members and leaders are addressing challenges most of us could not have imagined a year ago or even six months ago. Your MDR team is here to help you meet these challenges. We're happy to visit with your council in person (wearing cute masks, of course!) or virtually.

Let's do this journey together!



A message from Michael O'Shea:

I would just like to tell you what an honor it will be to serve with Amy on the MDR Committee. I have a deep love for DCCW and all the women I have known over the years. I look forward to meeting more of you and sharing our vision of our wonderful organization.



LOOKING FOR SOME FALL/ WINTER READING? CHECK OUT THESE BOOKS BY MARIA MORERA JOHNSON 2021 DCCW CONVENTION KEYNOTE SPEAKER

Books should be available at **Immaculate Heart Book Store, Draper**. We encourage you to purchase from them, as they were to be a convention vendor this year and had stocked them in anticipation of our convention. Contact them to verify stock on hand:
801-523-9243.



RBG



DCCW CONVENTION SPONSORSHIP COMMITTEE

Ernie Folks, Chair — St. Francis of Assisi, Orem

erniefolks@outlook.com

Nancy Reading, Co-Chair — St. John the Baptist, Draper

nlr@xmission.com

**Together
We
Will
Have
A
Better
Tomorrow**

WE HAVE AN OFFER YOU CANNOT REFUSE! A FREE TICKET TO NEXT YEAR'S DCCW CONVENTION!!

The next DCCW Convention is scheduled for April 17-18, 2021. This will give active Catholic women, who would love to attend the DCCW Convention but need the financial assistance a sponsorship can provide, the time to apply.

The 10 sponsorship applications, which were approved for the 2020 Convention, will be kept on file for the 2021 Convention. Those women need **NOT REAPPLY**. We will contact them in January, 2021 to verify all information is still valid.

For more information on the DCCW Sponsorship Program and how new applicants can apply for 2021, please contact us.



JOIN FATHER RENE, OUR DCCW SPIRITUAL ADVISOR, IN RECITING THE HOLY ROSARY EVERY EVENING AT 8:30 PM MST ON FACEBOOK LIVE.

Look for him on Facebook:
FrRene Rodillas

**So umm,
do you
wanna
change the
world
together?**

DO YOU KNOW THE DCCW MISSION STATEMENT?

To unite Catholic women's organizations and individual Catholic women in the state of Utah, Diocese of Salt Lake City, in purpose, through **support, empowerment, and education** in the areas of **spirituality, leadership and service** and respond with Christian values to current issues in the church and society.



#170436202



#170436202



SERVICE COMMISSION

Annette Pressley, Chair — St. Thomas More, Cottonwood Hts.
Parishioner
tennis1054@aol.com

What a strange year it's been. It is really hard to remember time before the Corona Virus changed our lives for what seems like forever. Service to others has been hard to realize. Social distancing has kept us from reaching out, as we normally would, to those most in need. As this is our "new normal", we should take opportunity to reach out to serve those who have been devastated during this extreme time: the hungry, victims of domestic/child abuse, the lonely, the homeless, and those suffering with addiction.

There are many ways to serve. Some service project recommendations from NCCW:

- ♦ Think about participating in The Box of Joy Program sponsored by Cross Catholic Outreach. This project sends Christmas gifts to children around the world. [Click here for more information](#)
- ♦ Become a Pen Pal with the North American Prison Ministry Apostolate. [Click here for details](#)
- ♦ Walking with Moms in Need website, www.walkingwithmoms.com,
- ♦ On a local level consider reaching out to a local food bank, homeless or domestic violence shelter, school, addiction facility, or even those within your own parishes. Last year the Ladies of St. Thomas More and STM Community Outreach coordinated with Catholic Community Services to get a list of their most needed food items. We used the Reverse Advent Calendar as an Advent Project for our parish. The Reverse Advent Calendar template can be edited for any project you choose (see page 10). You can edit to be more prayerful and attentive to your parish needs. **It is very important to donate items most needed by the project you choose.** 211Utah.org is a great resource for shelters, foods pantries in your area.

St. Therese Lisieux, the Little Flower, whose Feast Day is October 1, is known for her "little way," spirituality, which is simply the idea of seeking holiness in the ordinary and in our everyday lives.

"Miss no single opportunity of making some small sacrifice, here by a smiling look, there by a kindly word; always doing the smallest right thing and doing it all for love."

This can easily be a part of a Reverse Advent Calendar Project—**see sample on page 10.**



“Wherever there is a human in need, there is an opportunity for kindness and to make a difference.”

Kevin Heath



REVERSE ADVENT CALENDAR

EACH DAY ADD AN ITEM TO THE BAG.
AFTER CHRISTMAS WE WILL DONATE THE CONTENTS
TO **SERVICE PROJECT OF YOUR CHOICE**

December 1- Say a prayer for donation recipient

December 2- New pajamas

December 3- Kid's snacks

December 4-New underwear

December 5- Warm Socks

December 6- Call a shut in to check on them

December 7-Send a Christmas card to a parishioner

December 8-Postage Stamps

December 9- Say a prayer together as a family

December 10-check on elderly relative/neighbor

December 11-toothpaste/toothbrush

December 12-deodorant

December 13-Bus passes

December 14-paper towels

December 15-Antibacterial wipes

December 16-reusable water bottles

December 17-declutter and donate items

December 18-new bras

December 19-liquid soap

December 20-garbage bags

December 21-give a smile to everyone you meet

December 22-shampoo

December 23-toilet paper

December 24-conditioner

For more information contact **give contact name and phone** or
give contact name and phone number

Advent
Project for
everyone!

Collection bins
are located
PICK A SPOT-
Items may be
dropped off
weekly or by
Jan. 5, 2020 at
the latest.



LEADERSHIP COMMISSION

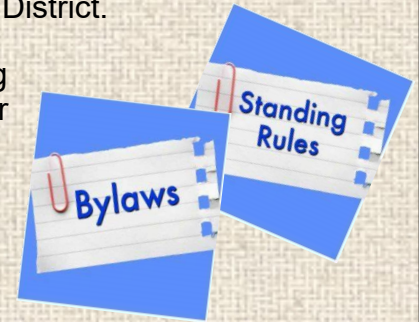
Kirsten Mele, Chair— St. Olaf, Bountiful, Parishioner

kirsten_mele@yahoo.com

Hi, I am Kirsten Mele the new chair for the Leadership Commission. I live in Bountiful and attend Saint Olaf parish. I have been involved with the Council of Women for many years. I have three adult children. One lives in Seattle, one goes to school in Boston, and one who just started at the University of Utah. I work as a School Psychologist in the Davis School District.

The Leadership Commission committee is currently working on reviewing and updating, as needed, the DCCW Bylaws and Standing Rules. Our goal is to have this done by the November DCCW Board meeting.

I am excited to be involved with DCCW!



PUMPKIN BAR RECIPE:

2 cups flour
2 tsp. baking powder
2 tsp. cinnamon
½ tsp. nutmeg
1 tsp. salt
1 tsp. baking soda
4 eggs
1 & 2/3 cups sugar
1 cup oil
1 15 oz. can pumpkin

That yummy, yum
That yummy, yummy



Sift dry ingredients (flour, baking powder, cinnamon, nutmeg, salt, & baking soda) and set aside.

In a large bowl combine eggs, sugar, oil, and pumpkin until light and fluffy. Gradually add dry ingredients. Mix well. Spread batter in a greased 15x10 jelly roll pan. Bake at 350 – for 23-25 minutes or until cooked. (Higher Altitudes they cook faster)

Frosting:

1 – 8oz. pkg. cream cheese
1/3 cup softened butter
1 tablespoon milk

4 & ½ cups powdered sugar
2 tsp. pure vanilla

Cream together butter and cream cheese until smooth. Add powdered sugar, vanilla and milk. Mix on high speed until frosting consistency.

Enjoy every calorie --

Submitted by: Marcie Downs



SPIRITUALITY COMMISSION

Susan Espinoza, Chair — susane0101@gmail.com
Suzie Brown, Co-Chair — toddandsuziebrown@gmail.com
St. Joseph the Worker, West Jordan, Parishioners

As things are still slow in the activities quadrant, I'd like to take this opportunity for one last chance to put forth this important information, with the Presidential election just a few weeks away.

It is part of our Catholic faith to participate in public life and to make our voices as Catholics heard. I invite you to go to <http://www.usccb.org/news/2020/20-26.cfm> for information about the USCCB's most recent update on [Forming Consciences for Faithful Citizenship](#), the teaching document for the faithful on the political responsibility of Catholics, put out every four years. It does not tell you how to vote but gives direction on what must be considered to make an informed vote. It is important to know that no one – not even the bishops – should tell you how to vote as a Catholic. As the bishops say in their document, "in this statement, we bishops do not intend to tell Catholics for whom or against whom to vote. Our purpose is to help Catholics form their consciences in accordance with God's truth. We recognize that the responsibility to make choices in political life rests with each individual in light of a properly formed conscience, and that participation goes well beyond casting a vote in a particular election".

Besides this most important document, there are also resources discussing the importance of civilized dialogue with those of differing opinions.

Also, this year, there are videos which complement this document and can be viewed on the [USCCB's YouTube channel](#).

The videos are titled:

- [Catholics Participate in Public Life](#)
- [Catholics Protect Human Life and Dignity](#)
- [Catholics Promote the Common Good](#)
- [Catholics Love their Neighbors](#)
- [Faithful Citizens Work with Christ as He Builds His Kingdom](#) (a compilation of the four videos)

The videos are only 2-3 minutes long, and are available in English, Spanish, Tagalog and Vietnamese. The videos in Tagalog feature Bishop Oscar A. Solis of Salt Lake City.

Another great resource is our own Diocesan Office of Life, Justice and Peace <https://www.dioslc.org/outreach/office-of-life-justice-and-peace>. The director, Jean Hill, has a lot of resources for legislative priorities and advocacy tips. She also includes "find your legislator".

I hope you will take time in the next few weeks to review these resources and share them with others. All of them will be a great help to you in reflecting and praying before the November 3rd election.

God bless you all!



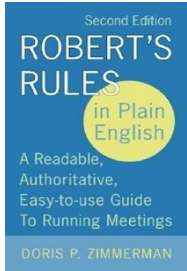
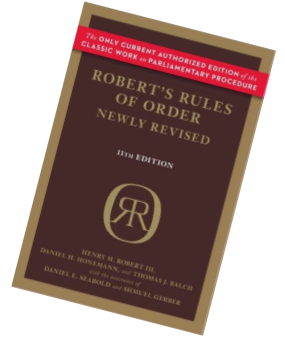


DCCW PARLIAMENTARIAN

Bonnie Siegrist—Blessed Sacrament, Sandy, Parishioner
utahbonie@comcast.net

To Zoom or Not to Zoom... is something our Councils have been considering and some are already doing. Either way, parliamentary requirements need to be considered. In fact, the most recent 11th Edition of Roberts Rules of Order Newly Revised now has a section covering electronic meetings.

Electronic meetings are new to many of us. At a minimum, in order to be valid, your bylaws need to contain a statement permitting such electronic meetings (video conferencing and teleconferencing). Your standing rules would include the specific criteria for using, when allowed, determining quorums, voting, etc. In all accepted methods, members must be able to hear and speak to each other simultaneously.



As many Councils are taking on the task of reviewing Bylaws and Standing Rules for this new Council year **Roberts Rules in Plain English Second Edition** is a great easy-to-use source, if you aren't into the 600+ page RROR with the absolutely miniscule print. I seriously have to use two pairs of readers! But, it is the original book of parliamentary law which organizations follow.

All is fair in love and war and
 Parliamentary procedure.

— Michael Foot —



WASATCH DEANERY

Nancy Reading, President — St. John the Baptist, Draper, Parishioner
nlr@xmission.com

While many of the CCW groups in our deanery have not been able to meet due to COVID 19, a few of us are starting to regroup.

The Ladies of **St. Francis of Assisi** in Orem are holding a prayer service on October 10th. The theme is "Be Not Afraid". They will host two speakers, offer a light continental breakfast and have door prizes! All proceeds will go to the religious education.

Blessed Sacrament—After missing several months due to the COVID-19 pandemic, since May we have been meeting monthly. We first came together in a small group to recite the Rosary, and since then as a small social monthly event. Masks and social distancing are always required, no pressure, no hype. Building of the CCW storage shed was finally completed!! We planned and held a successful garage sale in August following all Covid safety guidelines: masks, social distancing, limiting occupancy.... As a fundraiser for the Carmelite nuns, during the garage sale we had a booth selling Carmelite candy and jams. It was an extremely profitable fundraiser for them. We are currently planning for our Council Sunday Tea on Sunday, October 25; however, our annual Holiday Blessings Boutique has been cancelled for this year.

The Ladies of **St. Thomas Moore** have been hosting weekly Zoom calls on Wednesday evening called Wine and Whine to stay connected.

St. John the Baptist Ladies Association was finally able to deliver the blankets they tied for the children at Shriners Hospital. We are having our first meeting on October 14th in the parish with Father Tilley to discuss service and gear up to host a refugee family. We are planning month by month until the case rate drops.



SALT LAKE DEANERY

Jeane Audiss, President — Sts. Peter and Paul, WVC Parishioner
jaudiss1234@yahoo.com

The Salt Lake Deanery has not officially met since February 1st. Our Annual Spring Luncheon in March was cancelled after the Diocesan Directives were issued by Bishop Solis. I know that it was only one of many cancellations throughout the Deanery since that time. All of our parishes are struggling trying to figure out how they can meet, stay connected, still provide service to the parish community, as well as service to others. A number of the CCWs are not meeting yet and others have found ways to at least stay in touch. Some affiliates I did not hear from; I made the assumption that they weren't meeting yet.

Cathedral of the Madeline – are still on a hiatus and discussing options for resuming limited in-person gatherings

Our Lady of Lourdes Magna – are not meeting yet

Catholic Women's League – met via ZOOM in August. They had to cancel their Membership Tea in the Spring. They are now trying to figure out how they can still donate to The Inn Between and the Linda Simpson Scholarship since they had to cancel the Fall Fund-raiser.

St. Patricks – has not been able to meet. St. Patricks was damaged from the earthquake so the Church is closed. Mass in being held in the Hall and Religious Ed is now on-line.

St. Anns – has met via conference call a few times and are working on what is the best way to try to meet in person and still socially distance

St. Margarites – has not met

St. Olafs – has not met

St. Vincents – has not met and Pat Voorhes has sent a communication to encourage them all to at least start emailing so they can stay in touch. They have not had their elections so they are somewhat in limbo

Sts. Peter and Paul – President Cindy Collingwood – Johnson began leading the Rosary every Wednesday evening in March after the Diocesan Directives came out. They have had monthly meetings via ZOOM each month. However, all projects they normally work on have been put on hold. Collection drives are also on hold as non-profits are not able to take donations at this time due to COVID. They were able to have what was originally planned as a Marion Retreat but turned into a ZOOM Evening Reflection on Mary guided by Father Christopher Gray in May. Plans are to meet in October with social distancing.



That first 10 minutes of the zoom meeting where everyone is asking if you can hear or see them and you're just like..





SOUTHWEST DEANERY

Mary LeBaron, President — St. Paul's, Hurricane, Parishioner
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COVID-19 has hampered the efforts of many, including the Women's Councils of the SW Deanery. Meetings in both parishes were suspended.

St. George Catholic Women's Group was able to conduct limited business, making a \$1000 donation to the renovation of Kuzy Hall, which we are all looking forward to completion, and contributing \$100 to the Congregation of the Holy Spirit, designated for the retirement or education of priests and brothers in the order. Their Sunshine Welcome Committee sent "Get Well" Cards and delivered 7 Prayer Shawls to those who have been sick during the summer months. Due to the COVID-19, Committee members were not able to visit the 4 Assisted Living Facilities that they usually visit.

Four members of St. George CWG volunteered to become Stephen Ministers. Saint George Catholic Church has launched a Stephen Ministries program and the aforementioned members are undergoing a very intense weekly training. This is a program for reaching out to those in the parish and community who must deal with troubled times: death in the family, loss of income, and spiritual needs and connecting them with resources when possible. It is "Christ caring for people through people". It expands the ability of a parish to connect with people and lightens the load of the overloaded priests. Stephen Ministers evangelize in a very real way, giving Christian witness as they share the Gospel through their care and ministry of presence, listening, encouraging, and praying with their care receivers.

COVID-19 also affected everyone's ability to hold fundraisers, but St George and Christ the King Councils are looking forward to their first meetings, hopefully, in October. Both will be brainstorming fundraising options that can accommodate social distancing rules.

The Deanery Board did hold a meeting to discuss concerns. We elected a vice-president, Mary Skomal, and we revised our By-laws. We have also produced a "retreat," which due to COVID-19 restrictions, will need to be presented to small groups. It is entitled, "LIVING LOVED" and addresses those feelings of not belonging, not being accepted, not feeling "good enough", and loneliness. It instills the idea that GOD LOVES US. At the same time it details ways to reach out to others and bring Christ to our encounters.

Respectfully, yours in Christ,

Mary



**WEARING A
MASK IS AN
ACT OF
KINDNESS**





NORTHERN DEANERY

Karen Fawbush, President — Holy Family, Ogden, Parishioner
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The following reports were submitted from the Northern Deanery Council of Catholic Women. Submitted by the following active affiliate parishes: Holy Family Parish in South Ogden, St. Mary Parish in West Haven, and St. Rose of Lima in Layton.

ST. ROSE OF LIMA: The first meeting was held on August 11th, and it was well attended with Installation of new officers. The board met on August 25th to draft a budget and calendar. Our motto for the year is **Inclusivity**. We hope to use social media in ways to connect with more of the women of the parish, who may not be able to attend meetings but want to keep informed of what we are doing and participate when they can. Our first step was to create a St Rose of Lima Facebook group. We are also considering virtual meetings. We are aiming for three fundraisers. Instead of our usual bake/crafts/raffle at Christmas, we might only be able to do the raffle and a game where people guess how many mini packets of candy or coins are in a jar. Hopefully, restrictions will ease up, and we can have our usual Bingo & Mexican dinner event in April and a Rummage Sale in June. We are planning three education/spiritual meetings in lieu of business meetings. One is on staying healthy physically and emotionally during the pandemic. The other two will likely be related to social justice topics. We used a lot of our financial resources last year providing for parish needs. We are somewhat in a recovery mode. We might try doing less costly service activities such as sending cards or calling some of our home bound parishioners; purchase adult coloring books for our seniors, and try to have an Easter parade when our Knights do their annual Easter egg hunt.

By Juanita Topham, St. Rose of Lima CCW President

HOLY FAMILY: Starting in March, the CCW held its annual Lenten Devotion called "Mary's Way of the Cross" in the main Church. Following the devotion, we gathered for a tea and reflected on the meaning of Lent and the Stations of the Cross. We also voted via e-mail for our **Woman of the Year**. Madeline Birch was selected. In April, we voted, via e-mail, for our new Vice President, Secretary and Treasurer with Mary Ann Atkin as President. In May, We met in the church to pray the Rosary in honor of our Blessed Mother. We all brought flowers and set them in front of Mary's statue. In June, we held a board meeting with the installation of the new officers. We approved a donation of \$350, which was made to the Carmelite Sisters to help with their expenses, since they were unable to hold their annual fund raiser. In July, we assisted with a small reception for Brother Matthew after the 10:30 Mass. August, we gathered in the Church to say the Rosary on the Feast of the Assumption. On September 3rd we held our first meeting of the new Council year with social distancing and wearing masks mandatory. We have future plans in place for the next several months. At our October meeting, we will gather in Mary's Garden for the recitation of the Rosary.

By Mary Ann Atkins, Holy Family CCW President

ST. MARY'S: St. Mary's CCW has not held regular meetings since the lockdown in March. As we were not able to hold our traditional receptions for our First Communion and Confirmation recipients, we provided each candidate with a \$5 gift certificate from Frosted Rock Ice Creamery. We did coordinate via email donations for sanitizing wipes for utilization between Masses, as the church re-opened. In July, we held a socially distanced craft night under our pavilion. Color Me Mine from Ogden came out, and we painted Watermelon Bowls. With the continued Corona virus concerns, we have decided not to hold our annual Fall Bazaar. We are going to hold our annual cash drawing as a way of generating income to help our parish. We will be mailing out tickets to our parishioners in October. We are also planning a Fall craft evening that can be held under our pavilion, to allow for social distancing.

By Jessica Jurkowski St. Mary's CCW President.





EASTERN DEANERY

Karan Curtis, President — St. James the Greater, Vernal, Parishioner
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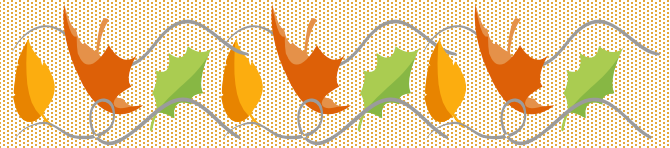
It has been a challenge for our deanery during all this. Most have just stayed away trying to be safe and keeping our families together, helping our communities where we can, such as sewing masks and donating items of need.

St. Anthony in Helper had to cancel all parish events and their September meeting. They have an older population that is uncomfortable with the circumstances and are being careful with gatherings. They have made a donation to the Carmelite Nuns. Their CCW has elected new officers: President—Michael O'Shea, VP—Karen Vosone, Secretary—Barbra Jewkes, Treasurer—Kerry Bonocci, Spirituality Commission --Jona Gonzales, Service commission—Mary Bonacci, Leadership Commission—Ally Robertson. Just a side note, Ally is 18 years old and is very excited to be a member of the CCW in Helper!

St. James the Greater—When Vernal was put in the green while still keeping gatherings to 50 or less, we had an appreciation dinner for our Woman of the Year at a

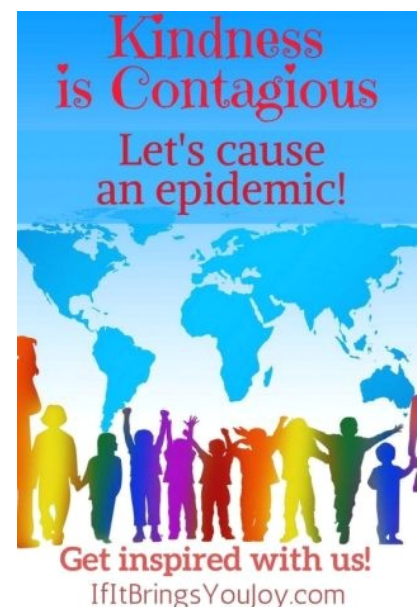
members house and had our first CCW meeting on September 9th. St. James has cancelled their annual bingo bash, but is planning the parish spaghetti dinner fundraiser in November. All orders will be made to go and picked up at a drive-through section of our parking lot.

St. Helens was unable to have a welcome celebration for their new priest, Fr. Edward. They had their first meeting since February, on September 14th with only 4 attending. They planned a rummage sale for the 3rd of October. They have decided that they will have their annual Catfish dinner fundraiser by take out only and that will be October 10th. They are also planning their annual Christmas bizarre, which they share with other churches in the area. St. Helen's CCW elected officers. Pat Musich and Karen Simonton are co-presidents, Secretary—Marsha Murphy, and Treasurer—Sheila Landry.



Here are some fun, simple ideas to be kind.

1. Make eye contact, smile, and say hello to a stranger
2. Pay someone a compliment (I love this one!)
3. Leave money in a vending machine for the next person
4. Let someone into your lane when driving
5. Let a rushed person in front of you in line
6. Randomly send a friend a positive text ← love this one!
7. Give extra attention to your pet
8. Leave positive comments on social media
9. Tell a joke! ([Funny jokes](#))
10. Bake treats for someone
11. Send someone an email to just say hi
12. Leave a big tip
13. Drop-off personal care items or diapers at a local shelter
14. Leave a positive note for a family member, friend, or co-worker
15. Give a candy bar to a bus driver, receptionist, teacher, police officer, etc.
16. [Paint kindness rocks](#) and leave for others to find in your community
17. Hold the door for someone
18. Invite someone to join you on a walk or over for coffee
19. And the ol' pay for the person behind you in the drive-through never gets old!
20. Call a friend – **or your mom!**



PICTURES, PICTURES, PICTURES!

Want to see your CCW in the *Intermountain Catholic* newspaper? As space allows, Marie Mischell, Editor, would like to publish pictures of your ladies group activities. Email pictures with caption information to: marie.mischel@dioslc.org.

Want to see your ladies on the DCCW website? Send pictures to our Website Editor, Angela Martinez, at: omartini25@comcast.net.

Want to see your ladies in the AWARE? Send pictures to the Aware Editor, Bonnie Siegrist, at: utahbonnie@comcast.net.

Publicize the good works and good times of your ladies group and share activity ideas!



GOOD FOR A LAUGH



THE AWARE NEWSLETTER

Bonnie Siegrist, Editor
Blessed Sacrament, Sandy Parishioner

The AWARE is published 3 times per year (Fall, Winter & Spring) and is free of charge. **Please advise us of any postal and email/address changes, additions or deletions. Send info to: utahbonnie@comcast.net**

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THANKS FOR READING ♥

