

# NEWSLETTER

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AREA 68 AA-SWTA ●

MAY 2024 ●

DISTRICT 2

Dear Members of District 2 AA,

I hope everyone had a delightful Mother's Day celebration with their loved ones, filled with happiness and lots of delicious food.

This month was relatively quiet. However, I did attend the Seguin Oasis Group's 77th Anniversary Party, which included a chili cook-off, raffle, and speaker. The event was full of great food, fellowship, and fun!

I also wanted to share that we have a new Treatment Facility Chair (TFC) for the . Her name is Debi G. and her email address is [treatment@aa-swta.org](mailto:treatment@aa-swta.org). Debi has asked that we pass along her contact information to district and group-level TFC's to build her network so she's able to offer support.

June will be a busy month with several opportunities for fellowshipping, including:

- June 1st- Spring Branch Group Picnic
- June 9th- Wimberly Group Sponsorship Workshop
- June 21-23- 77th Annual Texas State Convention in Irving, TX.

Looking forward to our continued collective efforts in service and fellow ship.

Gratefully in service,  
Cheryl B.

# STEP 5

“Admitted to god, to ourselves, and to another human being the exact nature of our wrongs”

## THE ONE THING I NEED TO KNOW ABOUT STEP 5:

**Others see us better than we do**

**Principle of this Step:** Integrity

## STEP SUMMARY

Have you ever noticed that the Fifth Step doesn't say that we just admit our wrongs? It says that we admit the EXACT NATURE of our wrongs, so we need to do more than just confess what we did. We also need to see WHY we did what we did so that we can ask God to help us with it.

It's obvious why we share our inventory with another person - we are MASTERS at believing in our own justifications and half-truths. Aren't we the ones who used to say we didn't have a drinking problem? Didn't we tell ourselves over and over that we were doing fine as we were sinking deeper and deeper into the abyss of alcoholism? Since we're not good judges of character, especially our own, we must confide in someone else. Only ANOTHER person can see us as we REALLY are. That's why it says that a SOLITARY self-appraisal is insufficient.

The purpose of this Step is to help ease the anxiety, depression and irritability of hiding the worst parts of us. We are able to rid ourselves of isolation and loneliness. If we don't report to someone on our lives as we did when we drank! THIS is the exact nature of our wrongs: We thought we were God- We thought we were in charge.

“What we used to be like” is not described in a “drunkalogue” (as it's commonly referred to but listed nowhere in our first 164). It is described best in the reasons for our spiritual disobedience that led to our alcoholism (“12&12” p. 174). It is when we lay out all of the defects of character that block us from our happiness (and from God as we understand God).

- “I was fearful- and I drank...”
- “I was resentful- and I drank...”
- “I was selfish- and I drank...”

A really effective description of what we used to be like will not list all of the alcohol you drank, or what the consequences of your actions were when you did drink. It will list the many defects of character that had you believe the only solution to your problem WAS to drink.

Therefore we have no reason not to read our inventory to someone. My relationship with my sponsor reinforces spiritual principles in my life. Every time I read an inventory, I receive the three blessings that are promised in the Fifth Step of the “12&12”:

1. an end to loneliness and a sense of belonging to AA (pg 57)
2. a feeling that I could be forgiven and that I am able to forgive others (pg 58)
3. a desire for true humility: a clear recognition of what and who I really am, followed by a sincere attempt to become what I could be (p.58)

# TRADITION 5

**Short Form:** "Each group has but one primary purpose- to carry its message to the alcoholic who still suffers"

**Long-form:** "Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose- that of carrying its message to the alcoholic who still suffers."

**Overriding Idea of T5:** We only have one purpose

# CONCEPT 5

**Short Form:** Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

**Long Form:** Throughout our world service structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

**Principle of the Concept:** Democracy

**ONE THING YOU NEED TO KNOW:** Trusted Servants Have a Right of Appeal

# SWTA 68 PREAMBLE

The Southwest Texas Area extending from Del Rio and Ozona on the West, to Wharton and Giddings on the East from Coleman and Brownwood on the North and Brownsville on the South does and will continue to function as a Service body. Always protecting and respecting autonomy and the privilege of dissent of any AA group in the Area.

The Area assembly will always be mindful of the ideals expressed in the Twelve Traditions, the Twelve Concepts and the AA Service Manual, and try to be the voice and group conscience of the Area AA.

Service to the Area Districts and Area Groups is its primary purpose and every attempt will be made to encourage all area groups to participate and support the Area Assembly, the General Service Office, and the AA World Services.

It shall be the responsibility of the Area Assembly to elect an Area Delegate Service Conference, an Area Alternate Delegate, and the Required Area Assembly Officers, and to give financial support to the Area Delegate as required to perform the duties of the office

ONE DAY AT A TIME ●

# EVENTS:

- Spring Branch AA Picnic: June 1  
Begins at 12, speaker at 2:00pm
- 77th Texas State Convention: June 21-23  
4545 W. John Carpenter Fwy (Hwy 114) Irving, TX 75063
- AA Service Manual- Virtual (via zoom)  
Every other Thursday at 6:30pm CST
- SWRAASA- SW Regional AA Service Assembly: October 11-13  
900 E. Lookout Dr. Richardson, TX 75082
- SWTA 68th Annual 2024 PI/PCP Conference: August 9-10  
1209 N IH-35 Round Rock, TX 78664
- AA Sponsorship Workshop: June 9, 2024

## LOCAL INFORMATION:

### NEW BRAUNFELS GROUP CONSCIENCE

Meets at 12:15pm every 3rd Sunday of the month. All members of New Braunfels Group AA are encouraged to attend. Attendance is mandatory for service members.

### HEE-HAW CONCEPT MEETING

Third Monday of each month at 6pm. Into Action group:  
1302 South Main, Lockhart TX, 78644

### BEGINNERS SPEAKER MEETING

Monday at 7pm, 1142 East Eikel

### WINDMILL WOMEN'S MEETING

Saturday 7pm-8pm, Windmill Wellness Ranch  
26229 N. Cranes Mill Road, Canyon Lake

### SPEAKERS DISTRICT MEETING:

- Amanda B: Alt Delegate- Sunday, May 19
- Kaylyn J: PICPC Chair- Sunday, June 9
- KC H: Delegate- Sunday, August 11

### SERVICE OPPORTUNITY:

The Central Service Office Helpline Committee has Volunteer shifts open. Friday 9am-1pm and Thursday

1pm-5pm, may work at CSO or from home.

After hours helpline chairperson: Requires 1 year sobriety, a home group, and regular meeting attendance.

Please contact Virginia B: (210) 821-6325 or  
grpserv2019@att.net

### NB GROUP ZOOM

Noon every day except Saturday ID:  
864 9468 3219

PASSWORD: 24Eikel

### ZOOM MEETINGS

District 2 Area Zoom Meeting: Second  
Sunday from 2pm-4pm Jan 14 to Sun  
Dec 14, 2025



**Wimberley Group**

**AA**

**SPONSORSHIP**

**WORKSHOP**

**JUNE 9, 2024**

**BLIND DAVE &  
3 GUEST SPEAKERS**

**12 - 2PM**

**Light Snacks & Beverages**



[www.wimberleygroup.org](http://www.wimberleygroup.org)

# Welcome to our Annual Spring Branch Group AA Picnic

12:00

SATURDAY JUNE 1, 2024

Speaker @2:00



FM 306

Right on Eagle Rock  
into Cypress Cove off  
Farm to Market 306  
4 miles East of US 281  
follow the arrows

**Hamburgers  
and  
HotDogs  
Provided**

Please sign up to,  
or simply bring  
a side dish or dessert



Bring your own Chairs  
or pop ups  
Kids of course  
are Welcome  
Pets as well, however  
All Dogs must  
be on a leash

Tanglewood Trail

Eagle Rock Rd.

Tanglewood Trail

Approx.  
2-2.5 miles