

## Menu Form for children ages 1-12 years

Month            Menu #   4    Year   2017

	<b>Meal Pattern</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<ul style="list-style-type: none"> <li>• Bread or bread alternate (including cereal)</li> <li>• Juice or fruit or vegetable               <ul style="list-style-type: none"> <li>• Milk, Fluid</li> </ul> </li> </ul>	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk
<b>Snack</b>	<ul style="list-style-type: none"> <li>• Milk, fluid</li> <li>• Juice or fruit or vegetable</li> <li>• Bread or bread alternate</li> <li>• Meat or meat alternate</li> </ul>	Juice Mini Wheat Bagels Cream Cheese	Juice Pretzels Raspberry/Honey Dip	Water Bananas Teddy Grahams	Juice Cornbread Honey	Juice Blueberry Muffins
<b>Lunch</b>	<ul style="list-style-type: none"> <li>• Meat or meat alternate</li> <li>• Vegetable and/or fruit</li> <li>• 2nd Vegetable or fruit</li> <li>• Bread or bread alternate               <ul style="list-style-type: none"> <li>• Milk, fluid</li> </ul> </li> </ul>	Ham/Cheese Sub Broccoli w Seasoning Fruit Cocktail Hotdog Bun Milk	Spaghetti (Hamburger) Salad Pineapple Bread Sticks Milk	Sausage Tator Tots Oranges Pancakes Milk	Chicken Noodle Casserole Peas Apricots Noodles Milk	Grilled Cheese Baked Beans Applesauce Bread Milk
<b>Snack</b>	<ul style="list-style-type: none"> <li>• Milk, fluid</li> <li>• Juice or fruit or vegetable</li> <li>• Bread or bread alternate</li> <li>• Meat or meat alternate</li> </ul>	Water String Cheese Vegetable Thins	Water Chicken Salad Crackers	Juice Icago Chex Mix	Water Peaches Triscuits	Juice Fruity Pebble/ Rice Crispy

Use these codes: (1) New food, (2) Nutrition activity, (A) Vitamin A food, (C) Vitamin C food, (HM) Center made (S) Seasonal