

San Luis Obispo County Retired Employees' Association

SLOCREA Bulletin February/March 2018

**Next Luncheon Meeting: Monday March 12, 2018
12 Noon – 2:00 PM**

Place: SLO Elks' Lodge
Address: 123 Elks' Lane, SLO

Cost: *\$10.00 apiece for all attendees. All are welcome.*

Please RSVP by Wednesday March 07, 2018

Contact Miki Gillman at mikigillman@gmail.com or 550-7196 (Cell)

Program: Carl Nelson from Pension Trust

Carl will present his annual report on Pension Trust to us.

2018 SLOCREA Board

President: Miki Gillman, 550-7196, mikigillman@gmail.com

Vice President: Vita Miller, 805-704-3173, ymmil@charter.net

Treasurer: Roger Larson, 805-801-6651

Secretary: Vacant

Director: Larry Batcheldor, 460-6945

Director: Maureen Dresp, 544-9695

Director: Arlene Jaron-Purchin, 546-1040

2018 Meetings

Monday March 12, 2018 12 Noon, @ Elks Lodge, SLO

Monday May 14, 2018 12 Noon, @ Elks Lodge, SLO

Tuesday July 10, 2018 Annual BBQ & potluck @ Biddle Park, Arroyo Grande

Monday October 15, 2018, @ Elks Lodge, SLO

Monday December 10, 2018, @ Elks Lodge

www.slocree.org

New Year Greetings to All!

As we progress toward the end of the 1st quarter of the new year, we understand that some folks have experienced glitches with the new health insurance. And some of you have questions.

Please contact Ashleigh Szkubiel at 805-781-5969 or aszukubiel@co.slo.ca.us with your questions and concerns. She is the SLO County HR Benefits Coordinator for employees and retirees.

Some of you have asked about the ever popular Silver Sneakers program. Unfortunately, it was offered via CalPERS but is not offered via EIA. Furthermore, there is currently no comparable program offered via EIA.

However, we have other exercise opportunities in great abundance in SLO County. For some of these, memberships can be discounted for you as a County Retiree. Check with Ashleigh regarding which ones and how much the discounted rate is. We have many gyms, fitness clubs, yoga & Pilates studios, etc., all over the county.

Also, County HR offers wellness classes to us retirees, as well as to active employees. Check out our website (www.slocrea.org) for further information about the wellness classes. You are also encouraged to check out the HR Department website via the County website for further information of interest (www.slocounty.ca.gov).

We are currently actively seeking someone to be our secretary. The main job duties include taking meeting minutes, circulating and maintaining these records electronically, attending our meetings (including Board meetings), helping to distribute the newsletter. Computer literacy is required.

Our Board meetings are usually held in SLO on the 2nd Monday of the month preceding a regular luncheon meeting. They rarely go much over an hour.

Our long-time Secretary, Betty Cook, has needed to step down for health reasons. Betty has done a tremendous amount for SLOCREA over the years. Thank you so very much, Betty, for all your good work!!! We miss you!

If you are interested in joining the Board, in any capacity, please contact Miki at mikigillman@gmail.com or 550-7196.

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