



# SUNDAY SERVICES IN DECEMBER: 11 AM

**December 2-** "**Mission Possible**" Paul Ward, PhD, president of the board of First Unitarian Universalist Congregation of Palm Beaches. Paul Ward is also President of Future Shapers Florida,LCC. which offers workshops on conscious leadership and he brings us this service with a theme of "possibility thinking".( http://futureshapersflorida.com). To learn more about this UU congregation, see <u>1stuupb.org</u>.

#### December 9- "Religion & Jungian Psychology- Meaning & Soul"

Rick Taylor, President of the Jung Society, Boulder, CO.

**December 16- "Art Speaks Truth To Power**" Ellen Paul, president of the board of the Unitarian Universalist Church in the Pines, Weeki Wachee, FL.

Artists have often found themselves on the front lines simply by wielding the paintbrush or the pen. This week we consider how artists and the people they have touched have influenced societal change for millennia.

To learn more about this UU congregation, see uupinesfl.org

#### December 23- "Holiday Traditions Around the World"

Nancy 3. Hoffman & Marilyn Smith- All members and friends are invited to wear a favorite "Ugly Sweater" and to contribute holiday cookies if possible. By our OIF tradition, Wassail (chilled, non-alcoholic) will be provided.

#### December 30- "Survival"-Jerrold J. Weinstock, M.D.

Author of <u>Insult to our Planet and the Florida Keys</u>, featured in the New York Times Holiday Book Review on 12/2/2018. Dr. Weinstock and his wife Donna have been residents of the Florida Keys since 1967. He innovated mental health services in the late '60's in the Keys, and for years served as the only psychiatrist in Key West. His passion for fishing and his concern for the precipitous decline of local ocean fisheries and our planet motivated him to write this well researched book as a "plea for the earth".

> Whoever you are, we welcome you. Wherever you come from, we welcome you. Whatever you worship, we welcome you. Whomever you love, we welcome you. We ARE One Island Family!





#### **DECEMBER 2018 President's Message from Marilyn Smith**

**Christmas Prayer** by Maureen Killoran Not gold, nor myrrh, nor even frankincense would I have for you this season, but simple gifts, the ones that are hardest to find, the ones that are perfect, even for those who have everything (if such there be).

I would (if I could) have for you the gift of courage, the strength to face the gauntlets only you can name, and the firmness in your heart to know that you (yes, you!) can be a bearer of the quiet dignity that is the human glorified.

I would (if by my intention I could make it happen) have for you the gift of connection, the sense of standing on the hinge of time, touching past and future standing with certainty that you (yes, you!) are the point where it all comes together.

I would (if wishing could make it so) have for you the gift of community, a nucleus of love and challenge, to convince you in your soul that you (yes, you!) are a source of light in a world too long believing in the dark.

Not gold, nor myrrh, nor even frankincense, would I have for you this season, but simple gifts, the ones that are hardest to find, the ones that are perfect, even for those who have everything (if such there be).



#### CLAIRE HURD IS OUR

#### **ONE ISLAND FAMILY**

#### **UNSUNG HERO/**

#### **VOLUNTEER OF THE YEAR!**

Claire Hurd has been chosen by the Board of One Island Family to be honored as our Unsung Hero at the Community Foundation of the Florida Key's Unsung Hero/Volunteers of the Year luncheon on Friday, January 25, 2019 at the Marriott Beachside, 3841 North Roosevelt Blvd, Key West, from 11 am-1 pm. Claire serves on our planning committee for Sunday programs, facilitates Sunday services with guest speakers, sings in our choir, hosts hospitality and recently stepped up to fill a vacancy as Secretary of our Board of Directors. Please sign up to help us fill our OIF table at the luncheon! Tickets are \$60/person payable to One Island Family by or before January 6, 2019.

#### FROM YOUR TREASURER:

As we wind down 2018 and look to 2019, it is time to count our myriad blessings and give thanks-with our time, our talents and our treasures. Our PLEDGE SEASON is upon us. We are all in this fellowship together, dear One Island Family members and friends. It is in our togetherness that we derive strength and common purpose. As our Board plans our operating budget for 2019, we ask for your continued monetary support of our mutual goals. Per our By Laws, your pledge commitment for 2019 must be received by JANUARY 11, 2019 (along with a good faith payment of \$5/ voting member, \$10/voting couple) to insure voting rights at our ANNUAL MEETING JANUARY 27, 2019.

May your holidays be happy days and may 2019 bring us renewed caring and commitment!

Joy Brown Taylor, Treasurer

#### HOLIDAY MESSAGES FOR ONE ISLAND FAMILY MEMBERS & FRIENDS

May the gifts of abundant joy, health & happiness be yours this season!

Happy Holidays,



#### CALLING ALL MEMBERS AND FRIENDS:

#### YOU ARE NEEDED!!

Your Program Planners are busy! We have some wonderful programming in place (and many gifted and talented UU ministers and lay leaders visiting over the months of 'season'). Now we need YOU!!

-We need your interest in leading lay services of your own.

-We need your connections to invite friends to come and share their passions and talents.

-We need your ideas for discussions, fun programs, intergenerational and participatory services with our children.

-We need your participation for coffee hour, for greeting, for hosting informal gatherings or dinners. It's time to get involved again!!

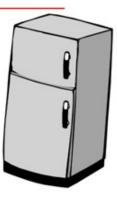
Please contact Marilyn Smith, Claire Hurd or Joy Taylor.

**Highway cleanup**. It's been a while since we've cleaned up Mile 14 – 16, our stretch of US 1. Hurricane Irma put the normal volunteer cleanup on hold. Now we can resume our part in keeping the highway looking good. We'll have a specific date in December soon. So please be watching for the announcement of the date. In the meantime if you haven't seen the safety video or want to review it, here's a link the Adopt-A-Highway Safety video: <u>http://www.fdot.gov/maintenance/aahinfo.shtm</u> Viewing the video is required before going out and participating in a cleanup. Any Question - please give me a call Dave Arnold, 757-285-1609

**AFRICAN DRUMMING AND DANCE -** Drop-in sessions are taught for all levels at The Coffee Mill Annex, 804 White Street on Saturdays. Drumming starts at 11:30, dancing is at 12:00. Both go until 1:00. \$10 for either session. Drumming taught by our presenter in November, Maasai. Dance teacher is the energetic Carol Brown. All ages welcome. 305-296-9982 or <u>www.coffeemilldance.com</u>.

Our Annual Meeting is scheduled for January 27, 2019.

# **RE-Frigerator** Page



## We Celebrate...

Our theme for December is Humility. Which is not the easiest topic to wrap your mind around. You could say that humility is the opposite of pride, but since we mean a bunch of different things by "pride," that doesn't help much.

You could say that being humble—having humility is understanding that you are not better or more important than others.



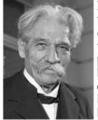
However, it doesn't mean feeling shame or thinking that others are more important than you. Perhaps humility is when you recognize your place in the world, and honor your connections to others. It means letting go of the need to be on top, to be seen as the best or the most famous or most popular or richest or whatever, and focusing on being your authentic self in relationship with the genuine selves of others.

When we practice humility we recognize that we are a small part of something that is much larger than ourselves.



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### We Honor...



It's a little funny choosing a famous person to be an example of humility, but think about the

example of Albert Schweitzer.

Albert was born in 1875 in the Alsace region of Europe, between France and Germany. An incredibly intelligent and talented man, he became famous not only as a musical scholar and organist, but also as a theologian. His book The Quest for the Historical Jesus was widely read in English as well as German.

Although he was not a very conventional Lutheran, he took his Christianity very seriously. And when he learned that a missionary society was looking for doctors to go to Africa, he decided that that would be the best way that he could serve humanity.

And so he went back to school to study medicine, giving up his prominent careers as the Principal of the Theological College of St. Thomas and as a concert performer.

At first the missionary society was unwilling to send him to Africa because they thought his theology was too liberal, but he finally managed to convince them.

And so, in 1912, having raised the money for the project himself, Albert Schweitzer and his wife Helene went to what is now Gabon, Africa to start a hospital. Through many hardships, eventually the hospital grew and grew, serving many thousands of people across many decades.

Albert was a Lutheran, so how do we count him as UU? Well, in 1962 (three years before he died) Schweitzer became a member of the CLF!

#### When is a time that you have chosen to act with humility?

Talk About It!

- Who is someone that you admire for their humility?
- Do you think there are times when being humble is actually a bad idea? When might that be?
- How do you think the world would be different if more people chose humility as a value?

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Monthly Calendar: http://www.oneislandfamily.org/calendar