



# **MIAMI NW EXPRESS TRACK CLUB**

Presents

## ***4th Annual Jesse Holt Invitational***

**Saturday, March 7, 2020**

Orange Bowl Field / City of Miami's Moore Park  
Jesse Holt Jr. Track

765 NW 36<sup>th</sup> Street, Miami, FL 33127

### ***Order of Events***

#### ***Running Events 9:00 am***

#### ***Field Events 9:00 am***

1. 50m (4 Under)
2. 100m (5 - 6)
3. 100m (4 Under)
4. 4 x 800 Relay
5. Hurdles (80 / 100 / 110)
6. 400m
7. 1500m Run
8. 200m
9. 3000m
10. 1500m Racewalk
11. 4 x 100 Relay
12. 800m
13. 100m
14. 4 x 400 Relay

- Long Jump  
High Jump  
Shot Put  
Triple Jump

**\*We will start each event in the following order:**

**Masters / Open (19 – 29) / 5 - 6 / 7 – 8 / 9 – 10  
11 – 12 / 13 – 14 / 15 – 16 / 17 – 18**