

2019 WALKING SCHEDULE AND LOCATIONS

SLP Senior Strollers

9 a.m.
May to August

GET OUT OF THE HOUSE and enjoy a stroll in an area park with other walkers. Senior Strollers coordinator Beverly Kronstedt, a volunteer with the Spring Lake Park Recreation Department will lead the group of strollers each week. Beverly, who leads walking groups five days per week in surrounding communities, invites strollers to participate in other walking clubs as well. **For more information you can call Beverly at 763-571-7502.**

July 31- Springbrook Nature Center
August 7- Locke Park
August 21-Kordiak Park
August 28- Sullivan Park
September 4- La Belle
September 11- Kordiak Park
September 18 – Lake Sullivan
September 25 – Springbrook Nature Center

**REMEMBER TO BRING
A BOTTLE OF WATER
AND WEAR
SUNSCREEN!**

Sponsored by
SPRING LAKE PARK RECREATION
1301 81 Avenue NE
Spring Lake Park, MN 55432
763-792-7201
www.slprec.org

PARK LOCATIONS & DIRECTIONS

KORDIAK PARK

1845 49th Avenue NE
Columbia Heights, MN

From Blaine, Fridley, Spring Lake Park — take Highway 65 (Central Ave.) south to 49th Ave. and turn left. Follow 49th Ave. east one mile to the parking lot on the left side of the road.

LABELLE PARK

1150 42nd Ave NE, Columbia Heights, MN

SILVER VIEW PARK

2746 County Road I
Mounds View, MN

From Blaine, Fridley, Spring Lake Park — take County Highway 10 east to County Road I. Go right on County Road I. The park entrance is approximately two blocks down on the left. Park and meet near the large covered shelter.

SULLIVAN LAKE PARK

721 51st Avenue NE
Columbia Heights, MN

From Blaine, Fridley, Spring Lake Park — Take Highway 65 (Central Avenue) south to 51st Avenue and turn right. The park will be on the right.

LOCKE PARK

840 71st Avenue NE
Fridley, MN

From Blaine and Spring Lake Park — Take University Avenue South to 69th Avenue, go left and follow the road into the park to the end.

SPRINGBROOK NATURE CENTER

100 - 85th Avenue NW
Fridley, MN

Take University Avenue to 85th Avenue NW and head west on 85th. The entrance to the parking lot will be on your left.