

# Illinois Respite Coalition



**Let us help.**

**We know that with summer around the corner, getting additional resources and help is on many caregivers' minds. We are here to help you.**

What we can offer you:

- Free in-home respite services for your loved with an intellectual/ developmental disability
  - We serve: Bond, Champaign, Christian, Clark, Clinton, Crawford, Cumberland, Dewitt, Edgar, Effingham, Ford, Jasper, Macon, Marion, Mason, Montgomery, Moultrie, Richland, Washington
- Information and referral services statewide & across the lifespan
- Linkage to free online resources and activities daily via Facebook, Twitter and our website

***For more information contact us!***

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***phone: 630-207-8479***

***website: [www.illinoisrespitcoalition.org](http://www.illinoisrespitcoalition.org)***

