

## Fall Saturday Traditional Ride Schedule

**September 1:** Meet at 9:00 AM at Stop and Shop, Westfield, Rt 20, ride to Red Riding Hood in Southwick for breakfast, mild hills, 25.2 miles. Leader: Mary Ann Siron (413) 579-1688

**September 8:** "Tour of the Park" Meet 9:00 AM at the Goguen's, 98 Parker St. East Longmeadow. Breakfast TBD. Flat to rolling terrain. 25-30 miles Leaders: Kerry and Diane Goguen Home: (413) 525-4029 Diane's cell (413) 244-4110

**September 15:** "Opposite Ride" Meet 9:00 AM at the Goguen's, 98 Parker St. East Longmeadow. Ride 25-30 flat to rolling miles through East Longmeadow, Somers, Enfield, and Ellington. Breakfast in Somers at Hometown Kitchen. Leaders: Kerry and Diane Goguen Home: (413) 525-4029 Diane's cell (413) 244-4110

**September 22:** Meet at Heavy Evi's restaurant on Maple Ave in Rutland for breakfast at 9:00 AM. You may park your vehicle across the street behind community hall. Ride to Barre and back up through Rutland. Hilly areas and scenic. Leader: Diane Delrosario (Delro) (508) 612-2557 or email [delrossa@aol.com](mailto:delrossa@aol.com)

**September 29:** Meet at 9:00 AM. at the Hampden Mini Mall at the intersection of Allen St. and E. Longmeadow Rd. , Hampden, MA. Breakfast at McDonald's, 89 W. Stafford Rd. (route 190), Stafford, CT near Big Y shopping plaza. This ride is approx. 28 miles through Somers, Stafford Springs and Ellington. Hills at the beginning and midway. Leader: Mike Cronin (413) 566-3114 [ormike92341@gmail.com](mailto:ormike92341@gmail.com).

**October 6:** "Not your usual Saturday ride" Meet at 9:30 AM at Stanley Park, Westfield, rear parking lot near the rose garden. Ride to the Granville Fall Festival, a small fair with crafts and various good food! Plan to stay there for a while exploring what the fair has to offer, then ride back either with the group or on your own. Ride cue sheets available with rides of 25 or 34 miles. This is joint listed with the Alternate Ride. Leaders: Ray and Betty Siwinski (860) 478-8308 or (413) 427-6095.

**October 13:** "Back Roads of Quabbin Valley" Meet at 9:00 AM at the Quabbin Visitor Center. Ride 14 miles to Rose 32, 412 Main St, Gilbertville, MA for breakfast. The ride does not go through Quabbin but it is a hilly 31 miles. Leader: Betty Siwinski (413) 427-6095 or [bettrad@msn.com](mailto:bettrad@msn.com).

**October 20:** “VERNON RAIL TRAIL RIDE “ Hard packed gravel. Any bike will do - except skinny tires. Breakfast at 9:00 AM at the Vernon Diner, 453 Hartford Tpke (Rt. 30), Vernon Rockville, CT. Rides leaves at 10:00 AM from Pedal Power Bicycle Shop 520 Hartford Tpke ( rt. 30 ), Vernon Rockville, CT. Bring water/ snack. 3 hours ride duration, dress for the weather. Rain cancels. Leader: Bill Grigaitis (860) 559-2515

**October 27:** “Bear Hole Mountain Bike Ride” Meet at 8:00 AM at Little George’s, Rt 20, West Springfield. Ride at 9:00 AM from the parking lot at the end of Bear Hole Road (off of Dewey St.). Leaders: Don Maynard (413) 525-3464 or Paul Griffin (413) 335-2675.