

# September

2019

CBI

lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>Labor Day</b>	3 Turkey taco pie GF DF V option black beans rice fruit	4 Chicken meatballs (Veggie) zucchini & corn roll fruit	5 Grilled cheese raw veggies and ranch fruit GF Grilled Cheese	6	7
8	9 Chicken salad wrap, salad Fruit Veggie wrap GF DF V	10 Soft tacos with beans and cheese jicama and apple salad fruit GF DF V option	11 Grilled chicken with WW pesto pasta, Veggie pasta GF DF V carrots fruit	12 All Beef Pigs in a blanket, chopped veggie salad fruit, sausage rolls GF V	13	14
15	16 Sloppy joe sliders green beans V sloppy joes fruit	17 Chicken enchilada pie, rice and beans, fruit, V enchilada pie	18 Roasted Turkey sliders roasted zucchini V bbq veggie protein fruit	19 Spaghetti and meatballs veggie balls, salad fruit	20	21
22	23 Turkey meatloaf, veggie loaf, mashed potatoes & gravy, peas \ fruit	24 beans and cheese Soft tacos, jicama & apple salad fruit GF DF option	25 Veggie polenta casserole salad fruit	26 Chicken & waffles, carrot, celery & ranch, fruit Tofu GF V	27	28
29	30 Grilled chicken. Pasta Alfredo, roasted broccoli, fruit, GF DF V pasta					

