

CP-18

## Essentials of Counseling II

\$275

### Family Therapy

14 hours

**Objectives:** Explores family therapy from the first interview to termination. Helps the therapist to see family therapy as a process that involves planned interventions, sensitivity and clarity on the part of the therapist.

**Text:** Essential Skills in Family Therapy by JoEllen Patterson, Lee Williams, Claudia Grauf-Grounds & Larry Chamow  
ISBN: 1572303077

### Counseling Adolescents

18 hours

**Objectives:** Examines the various theories and practice of providing counseling services to children and adolescents.

**Text:** What Work When With Children & Adolescents: A Handbook of Individual Counseling Techniques by Ann Vernon  
ISBN: 0878224386

### Motivational Interviewing

12 hours

**Objectives:** Identifies strategies that develop a counseling relationship that motivated the client to change. Prepares clients to utilize their skills as they create an environment that fosters client change.

**Text:** Motivational Interviewing: Preparing People for Change by William K. Miller & Stephen Rollnick ISBN: 9781609182274

### Physical Health & Mental Disorders

12 hours

**Objectives:** Explores the often-ignored connection between a client's physical illness and mental disorders. Enables the therapist to assess for and to identify when an apparent psychological disorder may have a physical cause requiring an appropriate referral.

**Text:** When Psychological Problems Mask Medical Disorders by James Morrison ISBN: 1572305398

### Crisis Intervention

14 hours

**Objectives:** Provides the therapist with a background in the theory of client crisis and its treatment. Introduces the therapist to the methodology and application of the theory to clients in crisis.

**Text:** Crisis Intervention: Theory and Methodology by Donna C. Aguilera ISBN: 0815126042

### Improving Therapeutic Skills

14 hours

**Objectives:** Provides the therapist the opportunity to reflect on how therapeutic mistakes and failures occur. Gives the therapist a framework they can use to learn from those situations and improve their future practice.

**Text:** The Imperfect Therapist by Jeffrey A. Kottler ISBN: 1555421458

### Counseling Suicidal Clients

18 hours

**Objectives:** Provides the therapist with a firmer background concerning the cause(s), treatment and prevention of client suicides.

**Text:** Suicide Across the Life Span: Implications for Counselors by David Capuzzi ISBN: 1556202326