

2015 AHA Guidelines Course Matrix

2015 Guidelines Course

Course	Delivery Format	Content	Audience	Student Materials	Instructor Materials	Written Exam / Skills Session	Course Completion Card Type	Estimated Time	CME / CE Credit	Offered in Spanish
2015 Guidelines Science In-Service	eLearning	<p>This interactive, self-paced, multidisciplinary course offers a full overview of resuscitation science changes impacting basic, advanced and pediatric life support. The course highlights science and guidelines recommendations that are most significant or those that will result in changes in resuscitation practice and protocols. It also provides rationale for the recommendations. The Science In-Service is designed to complement the <i>2015 AHA Guidelines Update for CPR & ECC</i> and the 2015 Guidelines Highlights.</p> <p>This course allows healthcare institutions and professionals the ability to adjust practices between the release of the 2015 guidelines and their next AHA renewal/update course.</p>	Healthcare providers, specifically staff of healthcare institutions and EMS services seeking a fast and convenient way to learn key changes published in the <i>2015 AHA Guidelines Update for CPR and ECC</i>	2015 Guidelines Science In-Service (product #15-1406)	N/A	N/A	N/A	Approx. 45-60 minutes	Yes	No

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Courses for Healthcare Professionals

Course	Delivery Format	Content	Audience	Student Materials	Instructor Materials	Written Exam / Skills Session	Course Completion Card Type	Estimated Time	CME / CE Credit	Offered in Spanish
BLS Provider	Instructor-Led Training	<p>After successfully completing the BLS Course, students should be able to:</p> <ul style="list-style-type: none"> Describe the importance of high-quality CPR and its impact on survival Describe all of the steps of the Chain of Survival and apply the BLS concepts Recognize the signs of someone needing CPR Perform high-quality CPR for an adult, child, and infant Describe the importance of early use and demonstrate the appropriate use of an automated external defibrillator (AED) Provide effective ventilation using a barrier device Describe the importance of teams in multirescuer resuscitation Perform as an effective team member during multirescuer CPR Describe the technique for relief of foreign-body airway obstruction for an adult, child, or infant 	<p>The AHA's BLS Course is designed for healthcare providers caring for patients both in prehospital, and in-facility environments.</p> <p>Prehospital: First responders including EMTs, paramedics, fire fighters, and police officers</p> <p>In-facility: Providers who work in a hospital, clinic, or other healthcare facility (i.e., dentist office, skilled nursing, and assisted-living facilities)</p>	<p><i>BLS Provider Manual</i> (product #15-1010; includes BLS Reference Card)</p> <p>OR</p> <p>BLS Provider Manual eBook (product #15-3102; includes digital BLS Reference Card)</p>	<p>BLS Instructor Package (product #15-1012)</p> <p>OR</p> <p>BLS DVD Set (product #15-1011)</p> <p>And</p> <p><i>BLS Instructor Manual</i>: Print: product #15-1009 eBook: product #15-3103</p>	Written exam, skills testing	BLS Provider (eCard or print available)	Approx. 4.5 hours	No	Coming Soon

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HeartCode® BLS	Blended Learning (online portion, followed by hands-on session)	<p>After successfully completing the full BLS Course (HeartCode BLS online portion, followed by hands-on session), students should be able to:</p> <ul style="list-style-type: none"> Describe the importance of high-quality CPR and its impact on survival Describe all of the steps of the Chain of Survival and apply the BLS concepts Recognize the signs of someone needing CPR Perform high-quality CPR for an adult, child, and infant Describe the importance of early use and demonstrate the appropriate use of an automated external defibrillator (AED) Provide effective ventilation using a barrier device Describe the importance of teams in multirescuer resuscitation Perform as an effective team member during multirescuer CPR Describe the technique for relief of foreign-body airway obstruction for an adult, child, or infant 	<p>The AHA's BLS Course is designed for healthcare providers caring for patients both in prehospital and in-facility environments.</p> <p>Prehospital: First responders including EMTs, paramedics, fire fighters, and police officers</p> <p>In-facility: Providers who work in a hospital, clinic, or other healthcare facility (i.e., dentist office, skilled nursing, and assisted-living facilities)</p> <p>HeartCode BLS is for those seeking an alternative delivery method for completing the cognitive portion of BLS training.</p>	HeartCode BLS (product #15-1010)	<p>BLS Instructor Package (product #15-1012)</p> <p>OR</p> <p>BLS DVD Set (product #15-1011)</p> <p>And</p> <p><i>BLS Instructor Manual:</i> Print: product #15-1009 eBook: product #15-3103</p>	<p>Online portion, including written exam, followed by a structured, Instructor-led hands-on session.*</p> <p>Where available, hands-on session may be completed with a voice-assisted manikin.</p>	BLS Provider (eCard or print available)	<p>Online portion: Approx. 90-100 minutes</p> <p>Hands-on Session: Ranges from 45 minutes-2 hours (depending on agenda used by the Instructor)</p>	Yes	No

*Hands-on session can be purchased separately through AHA Training Centers.

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ACLS Provider	Instructor-led Training	<p>After successfully completing the ACLS Course, students should be able to:</p> <ul style="list-style-type: none"> Apply the BLS, Primary, and Secondary Assessments sequence for a systematic evaluation of adult patients Perform prompt, high-quality BLS, including prioritizing early chest compressions and integrating early automated external defibrillator (AED) use Recognize and perform early management of respiratory arrest, ACS, and stroke, including appropriate disposition Recognize and perform early management of bradyarrhythmias and tachyarrhythmias that may result in cardiac arrest or complicate resuscitation outcome Recognize and perform early management of cardiac arrest until termination of resuscitation or transfer of care, including immediate post-cardiac arrest care Model effective communication as a member or leader of a high-performance team Evaluate resuscitative efforts during a cardiac arrest through continuous assessment of CPR quality, monitoring the patient's physiologic response, and delivering real-time feedback to the team Recognize the impact of team dynamics on overall team performance and discuss how the use of a rapid response team or medical emergency team may improve patient outcomes Define systems of care 	The ACLS Course is designed for healthcare professionals who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies (i.e., personnel in emergency response, emergency medicine, intensive care, and critical care units) such as physicians, nurses, and paramedics, as well as others who need an ACLS course completion card for job or other requirements.	<p><i>ACLS Provider Manual</i> (product #15-1005)</p> <p>OR</p> <p><i>ACLS Provider Manual eBook</i> (product #15-3100)</p> <p><i>ACLS Pocket Reference Card Set</i> (product #15-1007)</p> <p>OR</p> <p><i>ACLS Digital Pocket Reference Card Set</i> (product #15-3109)</p>	<p>ACLS Instructor Package (product #15-1006)</p> <p>OR</p> <p>ACLS DVD Set (product #15-1004)</p> <p>And</p> <p><i>ACLS Instructor Manual</i> Print: product #15-1003 eBook: product #15-3101</p>	Written exam and skills testing	ACLS Provider (eCard or print available)	Approx. 15 hours and 20 minutes	Yes, AHA offers CE for EMS students	Coming Soon

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HeartCode® ACLS	Blended Learning (online portion, followed by hands-on session)	<p>After successfully full ACLS Course (HeartCode ACLS online portion, followed by hands-on session), students should be able to:</p> <ul style="list-style-type: none"> Apply the BLS, Primary, and Secondary Assessments sequence for a systematic evaluation of adult patients Perform prompt, high-quality BLS, including prioritizing early chest compressions and integrating early automated external defibrillator (AED) use Recognize and perform early management of respiratory arrest, ACS, and stroke, including appropriate disposition Recognize and perform early management of bradyarrhythmias and tachyarrhythmias that may result in cardiac arrest or complicate resuscitation outcome Recognize and perform early management of cardiac arrest until termination of resuscitation or transfer of care, including immediate post-cardiac arrest care Model effective communication as a member or leader of a high-performance team Evaluate resuscitative efforts during a cardiac arrest through continuous assessment of CPR quality, monitoring the patient's physiologic response, and delivering real-time feedback to the team Recognize the impact of team dynamics on overall team performance and discuss how the use of a rapid response team or medical emergency team may improve patient outcomes Define systems of care 	<p>The ACLS Course is designed for healthcare professionals who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies (i.e., personnel in emergency response, emergency medicine, intensive care, and critical care units) such as physicians, nurses, and paramedics, as well as others who need an ACLS course completion card for job or other requirements.</p> <p>HeartCode ACLS is for healthcare professionals and others seeking an alternative delivery method for completing ACLS training.</p>	HeartCode ACLS (product #15-1407)	<p>ACLS Instructor Package (product #15-1006)</p> <p>OR</p> <p>ACLS DVD Set (product #15-1004)</p> <p>And</p> <p><i>ACLS Instructor Manual</i> Print: product #15-1003 eBook: product #15-3101</p>	<p>Online portion, including written exam, followed by a structured, Instructor-led hands-on session.*</p> <p>Where available, hands-on session may be completed with a voice-assisted manikin.</p>	ACLS Provider (eCard or print available)	<p>Online portion: Approx. 6.5 to 7 hours</p> <p>Hands-on Session: Approx. 5 hours</p>	Yes	No

*Hands-on session can be purchased separately through AHA Training Centers.

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Courses for Lay Rescuers (workplace or anyone who needs a course completion card)

Course	Delivery Format	Content	Audience	Student Materials	Instructor Materials	Written Exam / Skills Session	Course Completion Card Type	Estimated Time	CME / CE Credit	Offered in Spanish
Heartsaver® First Aid CPR AED	Instructor-Led Training	<p>After successfully completing the Heartsaver First Aid CPR AED Course, students should be able to:</p> <ul style="list-style-type: none"> List the priorities, roles, and responsibilities of first aid resources Describe the key steps in first aid Remove protection gloves Find the problem Describe the assessment and first aid actions for the following life-threatening conditions: heart attack, difficulty breathing, choking, severe bleeding, shock, and stroke Use an epinephrine pen Control bleeding and bandaging Recognize elements of common injuries and illnesses Describe how to find information on preventing illness and injury Recognize the legal questions that apply to first aid rescuers Describe how high-quality CPR improves survival and explain the concepts of the Chain of Survival Recognize when someone needs CPR Perform high-quality CPR for an adult, child, and infant* Perform as a team member during multi-rescuer CPR Give effective breaths using mouth-to-mouth or a mask for all age groups Demonstrate how to use and AED on an adult and a child* Describe how to use an AED on an infant* Describe when and how to help a choking adult, child, and infant* <p><i>*Child and infant modules are optional</i></p>	<p>Heartsaver courses are intended for anyone with little or no medical training who need a course completion card for their job, regulatory (e.g., OSHA), or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting.</p> <p>This course is also approved for US Coast Guard training.</p>	<p><i>Heartsaver First Aid CPR AED Student Workbook</i> (product #15-1018)</p> <p>OR</p> <p>Heartsaver First Aid CPR AED Student eBook (product #15-3117)</p> <p>Heartsaver First Aid Quick Reference Guide (product #15-1022)</p> <p>OR</p> <p>Heartsaver First Aid Digital Quick Reference Guide (product #15-3118)</p>	<p>Heartsaver First Aid CPR AED DVD Set (product #15-1019)</p> <p><i>Heartsaver First Aid CPR AED Instructor Manual</i> (product #15-1023)</p> <p>OR</p> <p>Heartsaver First Aid CPR AED Instructor Manual eBook (product #15-3114)</p>	<p>Optional written exam available for Instructors to administer to students whose employers require completion of a written exam.</p> <p>Skills practice and testing with AHA Instructor during course.</p>	<p>Heartsaver First Aid CPR AED</p> <p>(eCard or print available)</p>	<p>Approx. 7 hours (including optional lessons and breaks)</p>	<p>No</p>	<p>Coming Soon</p>

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Heartsaver® CPR AED	Instructor-Led Training	<p>After successfully completing the Heartsaver CPR AED Course, students should be able to:</p> <ul style="list-style-type: none"> Describe how high-quality CPR improves survival and explain the concepts of the Chain of Survival Recognize when someone needs CPR Perform high-quality CPR for an adult, child, and infant* Describe how to perform CPR with help from others Give effective breaths by using mouth-to-mouth or a mask for all age groups Demonstrate how to use an AED on an adult and a child* Describe when and how to help a choking adult, child, or infant* <p><i>*Child and infant modules are optional</i></p>	Heartsaver courses are intended for anyone with little or no medical training who need a course completion card for their job, regulatory (e.g., OSHA), or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting.	<p><i>Heartsaver CPR AED Student Workbook</i> (product #15-1020)</p> <p>OR</p> <p>Heartsaver CPR AED Student eBook (product #15-3116)</p>	<p><i>Heartsaver First Aid CPR AED Instructor Manual</i> (product #15-1023)</p> <p>OR</p> <p>Heartsaver First Aid CPR AED Instructor Manual eBook (product #15-3114)</p> <p>Heartsaver First Aid CPR AED DVD Set (product #15-1019)</p>	<p>Optional written exam available for Instructors to administer to students whose employers require completion of a written exam</p> <p>Skills practice and testing with AHA Instructor during course</p>	Heartsaver CPR AED (eCard or print available)	Approx. 4.5 hours (including optional lessons and breaks)	No	No
Heartsaver® First Aid	Instructor-Led Training	<p>After successfully completing the Heartsaver First Aid Course, students should be able to:</p> <ul style="list-style-type: none"> List the priorities, roles, and responsibilities of first aid resources Describe the key steps in first aid Remove protection gloves Find the problem Describe the assessment and first aid actions for the following life-threatening conditions: heart attack, difficulty breathing, choking, severe bleeding, shock, and stroke Use an epinephrine pen Control bleeding and bandaging Recognize elements of common injuries and illnesses Describe how to find information on preventing illness and injury Recognize the legal questions that apply to first aid resources 	<p>Heartsaver courses are intended for anyone with little or no medical training who need a course completion card for their job, regulatory (e.g., OSHA), or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting.</p> <p>This course is also approved for US Coast Guard training.</p>	<p><i>Heartsaver First Aid Student Workbook</i> (product #15-1021)</p> <p>OR</p> <p>Heartsaver First Aid Student eBook (product #15-3115)</p> <p>Heartsaver First Aid Quick Reference Guide (product #15-1022)</p> <p>OR</p> <p>Heartsaver First Aid Digital Quick Reference Guide (product #15-3118)</p>	<p>Heartsaver First Aid CPR AED DVD Set (product #15-1019)</p> <p><i>Heartsaver First Aid CPR AED Instructor Manual</i> (product #15-1023)</p> <p>OR</p> <p>Heartsaver First Aid CPR AED Instructor Manual eBook (product #15-3114)</p>	<p>Optional written exam available for Instructors to administer to students whose employers require completion of a written exam.</p> <p>Skills practice and testing with AHA Instructor during course.</p>	Heartsaver First Aid (eCard or print available)	Approx. 3 hours (including optional lessons and breaks)	No	No