



The beauty of a Farmer's Market is that vendors get to sell their goods locally and directly to their consumers. This cuts out the middleman of a grocery store or supermarket, which although those have their place, gives consumers the opportunity to interact in person with those producing their goods. Generally those selling goods at the Farmer's Market will have more advance knowledge than would be offered at a grocery store and consumers have the chance to ask more in-depth questions. Some find this enriching since they can find out about the process and source of where their money is going to and who is producing it. The

first Farmer's Market dates back to ancient Egypt when goods were sold along the Nile and has since developed over the years. Join us at the Market on any given week to participate in this beautiful exchange of goods.

Every week we are open for CSA pickups and other local goods. We are back at Salem Market Place, 224 North Broadway in Salem. Visit our website, SalemNHFarmersMarket.org, where you can sign up for weekly e-newsletters letting you know what vendors will be at the market. You can also find us on Facebook and Instagram for weekly updates, more vendor info and beautiful pictures @saalemnhfarmersmarket. We accept credit, debit and EBT (food stamps). Please contact info@SalemNHFarmersMarket.org with any questions.

SALEM NH FARMERS MARKET VENDOR OF THE MONTH

Celeste Oliva



When making bruschetta, a salad with a vinaigrette or other items, it is often a wise decision to reach for the "good" olive oil or balsamic vinegar. In dishes where olive oil is not heated, there is a distinct difference due to the fresher taste and higher quality. Many people do not think they like raw balsamic vinegar, but it may be that they have not tried it in a high quality. Not only will Celeste Oliva Olive Oil improve your dishes, but you will also "gain better health and achieve a better quality of life by using the healthy food products" offered as noted on their website.

Olive oil flavors range from Raspberry to Blood Orange, Cayenne Chili to Lemon, and many other flavors. Celeste Oliva, in addition to olive oil offers artisan condiments, sea salts, vinegars, gourmet oils, and jams. If you have any further questions or would like to see their full range of products, visit them at their website: www.celesteoliva.com, storefront in Concord, NH, or the Salem NH Farmer's Market.