



Marcé of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule

– subject to change – as of 7/20/19

Thursday, October 24, 2019

Pre-conference Skill-Building Workshops (Additional Fee)

Morning Workshops

9:00am to 12:00pm - **Caring for Women Using Substances – A Focus on Cannabis and Opioids during the Prenatal and Post-pregnancy Period**

Margaret Howard (Chair), Hendree Jones, Connie Guille

9:00am to 12:00pm - **Trauma-Informed Care in the Perinatal Period**

Cheryl Beck (Chair), Maria Muzik, Helen Kim

Afternoon Workshops

1:00pm to 5:00pm - **Obstetric Psychopharmacology**

Katherine Wisner (Chair), Crystal Clark, Catherine Stika

1:00pm to 5:00pm - **Introduction to Buprenorphine Assisted Treatment of Opioid Use Disorder: Special Consideration for Perinatal Women**

Anupriya Gogne (Chair)

1:00pm to 5:00pm - **Perinatal Program Development and Implementation**

Sonia Murdock (Chair), Shannon Erisman and Margaret Howard (*Day Program*),

Mary Kimmel and Samantha Meltzer-Brody (*Perinatal Mood and Anxiety Disorders Program/In-patient Unit & Outpatient Clinics*),

Lisa Segre (*Listening Visits*), and Simone Vigod (*Virtual Care*)

CONFERENCE PROGRAM

Friday, October 25, 2019

7:00am – 8:00am **Junior Faculty Mentor-Mentee Meeting**

8:00am–8:15am **Welcome!**

Samantha Meltzer-Brody, MD, President, MONA

Katherine Wisner, MD, MS, Immediate Past President and Founder, MONA

Lisa Segre, PhD, President, Marcé International Society for Perinatal Mental Health

8:15am – 9:45am **Plenary Lectures**

Ian Jones, MD

Back to the Future - Postpartum Psychosis: Historical Anachronism or the Future of Maternal Mental Health

Alison Stuebe, MD

Establishing the 4th Trimester



Marcè of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule – *subject to change – as of 7/20/19*

Friday, October 25, 2019 - continued

9:45am - 10:15am Refreshment Break

10:15am – 11:45am **Concurrent Sessions**

Concurrent 1A	Concurrent 1B	Concurrent 1C	Concurrent 1D	Concurrent 1E
<p>Symposium: Changing the Course of Perinatal Depression: Adoption and Scalability of Evidence-Based Preventive Interventions <i>Huynh-Nhu Le, Caron Zlotnick, Darius Tandon, Alicia Diebold, Jessica Johnson, Ma. Asunción Lara</i></p>	<p>Symposium: Implementing the National Curriculum in Reproductive Psychiatry <i>Lauren Osborne, Sarah Nagle-Yang, Lucy Hutner, Lisa Catapano</i></p>	<p>Symposium Psychosis during Pregnancy and the Postpartum Period: From Causes to Acute and Longer-Term Treatment <i>Lee Cohen, Marlene Freeman, Veerle Bergink, Catherine Birndorf</i></p>	<p>Oral Presentations (5):</p> <ul style="list-style-type: none"> • Sleep During Pregnancy Predicts Transdiagnostic Symptoms Associated with Postpartum Depression <i>Jessica Obeysekare</i> • Feasibility of Model Adaptations and Implementation of a Perinatal Psychiatric Teleconsultation Program <i>Christina Wichman</i> • Outpatient Follow-Up After Mental Health Emergency Department Visits in the Postpartum Period <i>Lucy Barker</i> • Maternal Depression in Latinas and Child Socioemotional and Cognitive Development: A Systematic Review <i>Rebecca Harris</i> • Unique Mental Health Needs of Transmen <i>Nancy Selix</i> 	<p>1E1: Symposium: Integration of Substance Use Disorders Treatment in Obstetrics Care <i>Constance Guille, Marley Doyle, Julia Frew, Susan Karabell, Leena Mittal</i></p> <p>1E2: Symposium: Opioid Addiction: Models of Care for Moms and Babies <i>Margaret Howard, Kaylin Klie, Anupriya Gogne, Adam Czynski</i></p>



Marcè of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule – *subject to change – as of 7/20/19*

Friday, October 25, 2019 - continued

11:45am – 12:30pm **Poster Viewing with Authors**

12:30pm - 1:15pm **Lunch**

1:30pm - 3:00pm **Concurrent Sessions**

Concurrent 2A	Concurrent 2B	Concurrent 2C	Concurrent 2D	Concurrent 2E
<p>Symposium: "Hasta la Revolucion Siempre"- Updates from the Genetics Revolution in Maternal Mental Health <i>Arianna Di Florio, Ian Jones, Jennifer Payne, Anna Bauer, Jerry Guintivano</i></p>	<p>Symposium Using Qualitative Research to Bring Visibility to Invisible Phenomena in Perinatal Mental Health <i>Cheryl Beck, Carrie Eaton, Michele McKelvey</i></p>	<p>Symposium Using Functional Magnetic Resonance Imaging to Unveil Features of Perinatal Depression <i>Sandraluz Lara-Cinisomo, James E. Swain, Jackie Gollan, Heidemarie Laurent, Pilyoung Kim</i></p>	<p>2D1: Symposium Keep Calm and Carry On: Management of Complex Perinatal Cases on Inpatient Medical and Psychiatric Units <i>Madeleine Fersh, Amanda Tinkelman, Sarah Reinstein, Jessica Cosgrove, Alina Cote, Kalli Feldman</i></p> <p>2D2: Symposium Don't Worry Alone: Provider Discussion on the Clinical Management of Challenging Peripartum Cases <i>Katherine Moore, Elaine Stageberg, Ajeng Puspitasari, Hannah Betcher, Amanda Benarroch</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Perinatal Anxiety Symptoms in Mexican Women: Rate and Predictors <i>Janeth Juarez Padilla</i> • Racial/Ethnic Differences in Treatment Initiation for New Episodes of Depression during Pregnancy <i>Lyndsay Avalalos</i> • Application of the Developmental Origins of Health and Disease Model to Reducing Health Disparities for Black American women and Infants via Docosahexaenoic Acid (DHA)supplementation <i>Kathryn Keenan</i> • Discrimination Exposure and DNA Methylation in Latina Mothers <i>Hudson Santos</i> • Severe Postpartum Depression and Infant Bonding in Association with Traumatic Events <i>Dalia Hernandez-Medina</i> • Cesarean Delivery is a Risk Factor for Immediate Postpartum Depressive Symptoms <i>Sarah Smithson</i>

3:00pm - 3:30pm **Refreshment Break**



Marcè of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule – *subject to change – as of 7/20/19*

Friday, October 25, 2019 - continued

3:30pm – 5:00pm **Concurrent Sessions**

Concurrent 3A	Concurrent 3B	Concurrent 3C	Concurrent 3D	Concurrent 3E
<p>Symposium Improving Parental Psychosocial Functioning in the Neonatal Intensive Care Unit <i>Pamela Geller, Alexa Bonacquisti, Chavis Patterson, Ariana Albanese, Jennifer Barkin, Casey Hoffman, Wanjiku Njoroge</i></p>	<p>Workshop A Publishing Playbook: Preparation, Pitfalls, Perseverance and Pulling it Off! <i>Katherine Wisner, Marlene Freeman</i></p>	<p>Symposium Global Innovations in Screening and Treatment of Perinatal Depression and Anxiety <i>Daisy Radha Singla, Richard Silver, Mwawi Ngoma, Cindy-Lee Dennis, Samantha Meltzer-Brody</i></p>	<p>3D1: Symposium Implementation of Perinatal Collaborative Care: Moving from Efficacy to Effectiveness <i>Jackie Gollan, Emily Miller</i></p> <p>3D2: Symposium Collaborative Behavioral Health Services to Optimize Outcomes for Moms and Families <i>Camille Hoffman, Galena Rhoades, Sara Mazzoni, Leisha Andersen,</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Transcranial Direct Current Stimulation (tDCS) for Depression in Pregnancy: A Pilot Randomized Controlled Trial <i>Simone Vigod</i> • Maternal Prescribed Opioid Analgesic Use During Pregnancy and Risk for Adverse Birth Outcomes in Offspring: A Population-based Study <i>Ayesha Sujan</i> • The International Progress of PPD ACT, an App-based Postpartum Depression Genetic Study <i>Jerry Guintivano</i> • Vulnerable Captivity and the Meaning of the Experience of Antepartum Bed Rest: Beyond Postpartum <i>Gwendelyn Orozco</i> • Quantifying the Cost of Perinatal Mood and Anxiety Disorders in United States <i>Kara Zivin</i> • Childbirth-related PTSD and Maternal Bonding impairment: Applying a Biopsychological Approach <i>Sharon Dekel</i>



Marcè of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule

– subject to change – as of 7/20/19

Friday, October 25, 2019 - *continued*

- 5:00pm – 5:15pm Session Transition
- 5:15pm – 5:45pm **Innovation Awards in Maternal Mental Health-**
- 5:45pm – 6:30pm **Plenary Lecture**
Neill Epperson, MD
The Enduring Impact of Childhood Adversity: Observations at Reproductive Transitions
- 6:30pm - 7:30pm **Welcome Reception at the Friday Center** (*heavy hors d'oeuvres*)

Saturday, October 26, 2019

- 7:00am – 8:00am **Junior Faculty Mentor-Mentee Meeting**
- 8:00am – 9:30am **Travel Awardee Recognition**
Samantha Meltzer-Brody, MD
- Plenary Lectures**
Hendree Jones, PhD
Substance Dependence in Perinatal Women
- Krista Huybrechts, PhD*
Using Big Data to Inform Big Decisions Regarding Psychiatric Medication Use in Pregnancy
- 9:30am - 10:00am Refreshment Break



Marcè of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule – *subject to change – as of 7/20/19*

Saturday, October 26, 2019 - continued

10:00am – 11:30am **Concurrent Sessions**

Concurrent 4A	Concurrent 4B	Concurrent 4C	Concurrent 4D	Concurrent 4E
<p>Symposium The Brain, Immunity and Behavior: Implications for Perinatal Health <i>Lauren Osborne, Benedetta Leuner, Mary Kimmel, Lisa Christian</i></p>	<p>Symposium Increasing Access to Perinatal Mental Health Care Across the US: Policy, Programs & Peer Networks <i>Nancy Byatt, Tiffany Moore Simas, Mary Kimmel, Margaret Howard</i></p>	<p>4C1: Symposium Dialectical Behavior Therapy for the Perinatal Period: Model Development Across Four Academic Centers <i>Maria Muzik, Tiffany Hopkins, Katie Bresky, Natalie Burns, Sharron Hollamby, Shannon Erisman</i></p> <p>4C2: Symposium Novel Psychotherapy Approaches for Perinatal Mood and Anxiety Disorders <i>Alexa Bonacquisti, Crystal Schiller, Erin Richardson, Paul Geiger, Tiffany Hopkins, Matthew Cohen, Donald Baucom</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Dose-effect Of Maternal Serotonin Reuptake Inhibitor Use During Pregnancy on Birth Outcomes <i>Nina Molenaar</i> • "We Need to Have Patience with Ourselves, We Just Had a Baby:" A Qualitative Investigation of Body Image Among Women with Postpartum Depression <i>Tamara Nelson</i> • Prenatal Discrimination and Racism Predict Postpartum Mood in an Urban Sample of Young Mothers <i>Alison Hipwell</i> • Psychosocial Care for Minority Parents in the NICU: A Historical Review <i>Alison Hartman</i> • Maternal Post-traumatic Stress Following Childbirth: The Importance of Symptom Stability and Maternal Feelings of Bonding in Predicting Impairment in the Observed Mother-Infant Interaction <i>Inbal Shlomi</i> • Maternal Childhood Maltreatment, Lifestyle Factors, and Immune Activation During Pregnancy <i>Clare McCormack</i> 	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Understanding Maternal Adjustment to Pregnancy <i>Jessica Latack</i> • Maternal Pregnancy-Related Distress and Sensitive Caregiving During the Transition to Motherhood <i>Pamela Scorza</i> • Outcomes of Maternal Stress as Evaluated by the Perceived Stress Scale <i>Anne Porter</i> • Improving Access to Perinatal Mental Health in Rural Communities: How to Assess Needs and Implement a Solution <i>Marley Doyle</i> • Longitudinal Remote Consultation to Support Engagement Strategies in Perinatal Collaborative Care <i>Amritha Bhat</i> • The Early Relational Health Screener: A Pilot Study of Evaluating the Impact of a Mother-Child Relational Health Intervention Delivered on an Inpatient Perinatal Psychiatry Unit <i>Amanda Sanders</i>



Marcè of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule – *subject to change – as of 7/20/19*

Saturday, October 26, 2019 - continued

- 11:30am – 12:15pm **Poster Viewing with Authors**
 12:15pm - 1:00pm **Lunch**
 1:00pm – 2:30pm **Concurrent Sessions**

Concurrent 5A	Concurrent 5B	Concurrent 5C	Concurrent 5D	Concurrent 5E
<p>Symposium Barriers and Innovations in Implementation of Integrated Perinatal Mental Health Services to Underserved Women <i>Ellen Poleshuck, Catherine Monk, Ellen Tourtelot, Shannon Lenze</i></p>	<p>Symposium From Bench to Bedside: Neurosteroids in the Treatment of Postpartum Depression-- A Review of Animal Studies, Clinical Trials and a Panel Discussion <i>Jamie Maguire, Kristina Deligiannidis, Samantha Meltzer-Brody, Connie Guille, Cynthia Epperson</i></p>	<p>5C1: Symposium Clinical and Research Advances in Maternal Mental Health of Women Veterans <i>Geetha Shivakumar, Aimee Kroll-Desrosiers, Carolyn Morrow</i></p> <p>5C2: Symposium Using Technology to Prevent and Treat Perinatal Depression <i>Sandraluz Lara-Cinisomo, Andrea Ramirez, Lyndsay A. Avalos, Alinne Z. Barrera, Darius Tandon</i></p>	<p>5D1: Symposium Antidepressants in Pregnancy: Concerns and Controversies <i>Veerle Bergink, Xiaoqin Liu, Nina Molenaar, Anna Rommel, Lindsay Standeven</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Severe Postpartum Mood and Anxiety Disorders Across Time and Culture: Guide for Future Research and Care <i>Mary Kimmel</i> • The Role of Antenatal and Postnatal Maternal Bonding in Infant Development <i>Genevieve Le Bas</i> • Person Centered Counselling for Maternal Depression Delivered by Non-specialists: A Meta-Analysis <i>Jennifer McCabe</i> • Expanding Access to Depression Treatment in Kenya Through Automated Psychological Support <i>Eric Green</i> • Development and Validation of the Practice Readiness to Evaluate and address Perinatal Depression (PREPD) Assessment <i>Grace Masters</i> • National Initiatives to Build Frontline Provider Capacity to Address Perinatal Mental Health and Substance Use Disorders <i>Tiffany Moore Simas</i>



Marcè of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule – *subject to change – as of 7/20/19*

Saturday, October 26, 2019 - continued

2:30pm – 3:00pm Refreshment Break

3:00pm – 4:30pm **Concurrent Sessions**

Concurrent 6A	Concurrent 6B	Concurrent 6C	Concurrent 6D	Concurrent 6E
<p>Symposium: Lithium and Breastfeeding Recommendations: Perspectives on Best Practices <i>Crystal Clark, Veerle Bergink, Debra Bogen, Simone Vigod</i></p>	<p>Symposium Implementation of Mom Power (MP), A Brief Attachment Based Parenting and Mental Health Intervention for Trauma Survivor Mothers and their Children Across Urban and Rural Settings <i>Maria Muzik, Katherine Rosenblum, Sarah Nagle-Yang, Diana Morelen, Rebecca Vivrette</i></p>	<p>Symposium Philanthropy: A Partner in Advancing C.A.R.E. for Perinatal Mood and Anxiety Disorders <i>Nancy Byatt, Rebecca Alderfer, Stephanie Teleki, Becca Graves</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Effects of Higher Maternal Choline Levels on Prenatal Marijuana’s Impact on Offspring <i>Camille Hoffman</i> • Women’s Reasons for Prenatal Cannabis Use and Motives and Experiences with Discontinuation <i>Cynthia Battle</i> • Differential Effects of Critically-Timed Sleep and Light Therapy for Pregnancy vs. Postpartum Depression <i>Barbara Parry</i> • Pharmacokinetics of Lithium During Lactation <i>Maria Luisa Imaz</i> • Does Antenatal Benzodiazepine Use Affect Delivery Outcomes? A Systematic Review and Meta-analysis <i>Sophie Grigoriadis</i> • Reproductive Psychiatry in U.S. Academic Medical Centers: A Survey of Current Practices & Needs <i>Joy Moel</i> 	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • Improving Perinatal Depression Outcomes with Mobile Technology <i>Shannon Lenze</i> • The Lived Experience of Perinatal Depression and Pain during the Third Trimester of Pregnancy <i>Julie Vignato</i> • Trauma-Informed Care in a Patient-Centered Medical Home for Young Mothers and their Babies: Implementation and Outcomes <i>Bethany Ashby</i> • Acculturation and Changing Relationships Between Social Support, Sociocultural Stressors and Depressive Symptoms in Pregnant Women of Mexican Descent <i>Kimberly D’Anna</i> • A Relational Approach to Treatment of Postpartum Depression and Mother-Infant Relationships in the Context of Maternal Trauma History <i>Roseanne Clark</i> • Perinatal Mental Health in Brazil: The Feasibility of Mood Disorders Screening During Pregnancy in a High-Risk Maternity <i>Fernanda Schier de Fraga</i>



Marcè of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule – *subject to change – as of 7/20/19*

Saturday, October 26, 2019 - continued

- 4:30pm – 4:45pm Session Transition
- 4:45pm – 5:30pm **Plenary Lecture**
Jodi Pawluski, PhD
Plasticity in the Parental Brain: Implications for Perinatal Mental Illness and Its Treatment
- 6:30pm **Conference Dinner** – Southern Style BBQ & Blue Grass Band at Carolina Inn
(additional ticket purchase)

Sunday, October 27, 2019

- 8:00am – 9:30am **Plenary Lectures**
Ruby Mendenhall PhD
Hidden America: Centering Black Mothers' Voices Regarding the Effects of Gun Violence on Their Mental and Physical Health
- Ma. Asunción Lara*
The Influence of Social and Cultural Factors in Perinatal Depression in Mexico: Relevance for Latinas in the U.S.
- 9:30am - 10:00am Refreshment Break
- 10:00am – 10:45am **Plenary Lecture**
Katie Watson JD
Reproductive Justice and Structural Competency: Moving Medicine from Sensitivity to Advocacy
- 10:45am – 11:00am Session Transition



Marcé of North America (MONA) 2019 Conference
4th Biennial Conference on Perinatal Mental Health

Understanding Needs, Expanding Reach Through Translational Science and Personalized Care

Schedule – *subject to change – as of 7/20/19*

Sunday, October 27, 2019 - continued

11:00am – 12:30pm **Concurrent Sessions**

Concurrent 7A	Concurrent 7B	Concurrent 7C	Concurrent 7D
<p>Symposium The Microbiome: At the Intersection of Mother-Infant Mental Health <i>Mary Kimmel, Tamar Gur, Liisa Hantsoo, Beatriz Penalver Bernabe</i></p>	<p>Symposium Short- and Long-Term Consequences of Severe Postpartum Mental Disorders: Recent Epidemiologic Evidence Based on Danish Population Registers <i>Trine Munk-Olsen, Xiaoqin Liu, Benedicte Johannsen, Katja Ingstrup</i></p>	<p>Symposium Complementary Health Practices to Treat and Prevent Perinatal Mental Health Conditions <i>Cynthia Battle, Patricia Kinser, Nafisa Reza, Anne Porter, Camille Hoffman</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> • "Who Says We Don't Belong?" A Protocol to include Postpartum Disorders as Formal Diagnoses in the DSM <i>Margaret Spinelli</i> • A Pilot Feasibility Study of Using App-Based Ecological Momentary Assessment and a Wearable Tracking Device to Enhance the Clinical Care and Management of Postpartum Depression <i>Holly Krohn</i> • Establishing Preliminary Severity Ranges for Scores on the Edinburgh Postnatal Depression Scale <i>Jennifer McCabe</i> • The Role of Napping and Sleep Disturbance in the Onset of Antenatal Depression: Objective vs. Subjective Findings <i>Sanam (Sammy) Dhaliwal</i> • Neural and Affective Effects of Reproductive Steroid Manipulation in Reproductive-Related Mood Disorders <i>Crystal Schiller</i> • Assessing the Specificity of Perinatal Anxiety to the Neural Correlates of Infant Face Processing <i>Helena Rutherford</i>

12:30pm

Closing Remarks

Samantha Meltzer-Brody, MD, President, MONA
 Crystal Clark, MD, President-elect, MONA
 Lisa Segre, PhD, President, Marcé International Society for Perinatal Mental Health

Drawing for three FREE registrations for the Marcé 2020 International Meeting!
Must be present to win!

1:00pm

Conference Adjourned