### Soroptimist [suh-rop-tuh-mist]

**NOUN.** A global volunteer network of women in 130 countries and territories who work to improve the lives of women and girls.

Best for women. What the organization strives to be—women at our best, helping other women to be *their* best.

## ★ OUR VISION

Women and girls will have the resources and opportunities to reach their full potential and live their dreams.



To improve the lives of women and girls through programs leading to social and economic empowerment.





Soroptimist International of the Americas

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Soroptimist International of the Americas is a 501(c)(3) organization that relies on charitable contributions to support its programs.

The women and girls featured in this brochure are recipients of Soroptimist Dream Programs. To read their stories visit LiveYourDream.org.











# Helping women & girls to LIVE THEIR DREAMS

Soroptimist believes the most effective way to empower women and girls is by providing them with access to education. Educated women and girls are far more likely to realize their potential.

Soroptimist's Live Your Dream: Education and Training Awards for Women annually disburses about \$1.7 million in education grants to more than 1,200 women who have overcome enormous personal obstacles. Recipients may use the cash grants to offset any costs associated with their efforts to attain additional education or training. Award recipients go on to enjoy improved employment prospects, greater earning potential, higher self-esteem, and serve as positive role models for their children.

#### Dream It, Be It: Career Support for Girls,

Soroptimist's newest program, provides girls with tangible strategies to accomplish their career goals.

In addition, Soroptimist also powers LiveYourDream.org—

an online community offering offline volunteer opportunities benefiting women and girls.





Soroptimist members belong to local clubs, which determine the focus of their work in their communities. In addition to providing women and girls with access to education, members volunteer on local projects such as providing mammograms to lowincome women, teaching girls about dating violence, and supporting women who were victims of sex trafficking.

As part of a global effort, members reach beyond their local borders. Soroptimists work together to help women and girls near and far by giving them resources to improve their economic and social standing—for themselves, their families, their communities and the world.

Soroptimist is a dynamic group of women who care about making the world a better place for women and girls. Interested in more information on how to get involved? Please visit Soroptimist.org or contact:

