

IN Thought and ACTION - Preserves Character

truthfulness, sincerity, or frankness. freedom from deceit or fraud.



LIFE THEME

Question

How does it feel to be lied to? Do you lie to avoid consequences?

Thought

Lying is weak! it simply shows weakness in your character an inability to be accountable or responsible for thoughts and actions.

Truth

Being truthful may come at a cost friends, successes and even pay raises!

Execution

Write down three things that may challenge your Honesty....

FOOTBALL THEME

Question: Do You think that you can be your best with out obeying your coach and truthfully follow his directions.

Thought: Being Honest with yourself creates a real peace with in... It shows a confident image to others.

Truth: Don't Sacrifice Being Truthful (a Stand up guy) for a temporary escape from accountability...

Execution: Ask a trusted friend, coach or adult to evaluate your honesty...

Go to: www.coachmertz.com

Watch Season 2 .. Week 5 Video......Write thoughts on Back

"TRUE SUCCESS IS BUILT ON A FOUNDATION OF CHARACTER"