



Holistic Behavior Solutions, LLC

Natural News

IN THE NEWS...

ROTTWEILERS: THE GUARDIAN

Rottweilers originated in Rottweil, Germany. Originally used to guard and herd cattle, these dogs were also used to pull carts to market and protect the money in pouches tied around their necks. The first Rottweilers were brought to the United States in the early 1930's by German emigrants & then by service men returning from World War II.

More recently, Rottweilers have been portrayed as vicious guard dogs in movies & music videos. Nothing could be further from the truth. While these dogs are superior guard dogs remaining true to their heritage, they have a wonderful soft side as well. Luckily, Alexandra Day has exposed this soft side in her series of children's books, *Good Dog Carl*.

It is essential to train this breed from an early age to accept leadership from their human counterparts. Rottweilers should tolerate handling from their immediate family members, but outsiders should not push themselves on these dogs. People need to be respectful of all dogs' personal space and this breed is no exception.

Rottweilers are working dogs first and foremost. They NEED a job! They excel at dog sports including agility, tracking, & schutzhund. These dogs make excellent search & rescue dogs, therapy dogs, & police dogs due to their drive, will to please their handler, and incredible intelligence.

Exercise is essential for this breed. Rottweilers need a lot of exercise; however you must be careful to not over exercise puppies. Attention should be paid to not over extend young joints as this breed is prone to hip dysplasia & bone cancer.

The Rottweiler makes a wonderful family dog and is naturally gentle with small children when socialized properly. Supervision is a must with all dogs & children. As great as Rotties are with kids, young dogs can be exuberant and knock small

children over. Do your research to make sure the Rottweiler is right for your family.

MOUNTAIN ROTTWEILER RESCUE

Make adoption your first option when adding a Rottie to your household. There are so many loving Rottweilers in shelters and rescue groups. Start your search with Mountain Rottweiler Rescue.

Mountain Rottweiler Rescue is a non-profit rescue dedicated to rescuing Rottweilers.

MRR is located in the Catskills Mountains of New York State. They will take in owner surrenders, but most of their dogs come from kill shelters. All dogs are in foster homes with experienced Rottweiler folks. The dogs are all temperament tested, spayed or neutered, up-to-date on necessary vaccines, and heart worm tested prior to adoption. This rescue does everything possible to ensure these dogs end up in the best matched home as possible.



Once a beloved family member, Hunter now finds himself homeless. He is a 2 year old pure bred Rottweiler. Hunter is a laid back fella, who very much masters a "Marmaduke" personality and is also the size of Marmaduke!

Hunter will do best as the only dog in the home! Hunter is very smart and knows his basic commands, he also loves to play ball and go for long walks on the beach! Hunter makes the perfect best friend, as he is a loyal and faithful boy! If you are interested in giving Hunter a great new home, then please apply! If you are interested in one of

the other available dogs please [CLICK HERE](#) to submit an Adoption Application.

Mountain Rottweiler Rescue will be holding an adoption day on July 3rd, July 17th and July 31st at the PETCO in Middletown, NY from 12:00 - 3:00 pm. Address: 600N Galleria Drive Middletown, NY

For more information and to check out the other dogs available for adoption, check out <http://www.petfinder.com/shelters/mrr.html>.

YOUNG LIVING ESSENTIAL OILS OF THE MONTH



Wintergreen (*Gaultheria procumbens*) has a sweet, minty scent. The oil is distilled from the small evergreen herb's leaves. The refreshing, clean taste of wintergreen has made it a favorite in flavoring numerous products. Wintergreen contains the same active ingredient (methyl salicylate) as birch and is beneficial in massage for soothing head tension and muscles after exercising. Wintergreen has an approximate ORAC of 1,018,439 (TE/L). TE/L is expressed as micromole Trolox equivalent per liter. Wintergreen is a natural cortisone.

Harmony™ is an exquisite blend that promotes physical and emotional well-being by bringing harmonic balance to the energy centers of the body. The liberating, balancing, and calming essential oils in this blend open us to new possibilities while contributing to an overall feeling of well-being.

If you are interested in ordering Wintergreen, Harmony, or any other wonderful product from Young Living, please visit my new website... <http://creatingbalance.vibrantscents.com>.

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4th of JULY

While the 4th of July is a holiday that celebrates our nation's independence, it is also the day that more pets go missing than any other day during the year. Fireworks with their loud booms & bright flashes can send Fido into a furry. Although it might be fun to bring your pup with you to the usual get-together, this Fourth of July your dog would probably prefer to stay home where he is comfortable away from the startling fireworks. Give your dog a safe place to hide if you expect your neighbors to set off fireworks around your home. Inside a crate, under the bed, behind a sofa or in a bathtub are a few places dogs tend to like to hide. Keep windows closed & leave a radio or television on to drown out the noise.

Be sure not to leave your dog outside under any circumstances. Dogs can easily break a tie-out, jump a fence or dig out of an enclosure when they fear for their safety. They will likely run and run until they are completely exhausted which can be miles from their homes.

This is also a good time to check that your dogs ID tags are securely on their collars. Micro-chipping is another option in case a collar should fall off.

And remember, fireworks usually start a couple days before the 4th and last a few days later. This is a great time to get your Lavender and Peace & Calming essential oils out and apply to your dog's ears before you leave the house in the morning.

Second Chances: Rescuing Tucker

My husband and I have been involved in dog rescue for years. We often open our home to dogs in need of immediate placement before they are brought to shelters. In November, I received a call from a woman who desperately needed to place a Rottweiler puppy named *Guinness*.

My heart sank and I repeated the name over the phone to be sure I heard her correctly. Even though it is a common name for Rottweilers given their colors are black and tan, I thought how peculiar that this woman referred to me by a previous dog training client of mine, was calling me with this request since I had lost my beloved Rottweiler, Guinness over two years ago to bone cancer.

My husband was driving the car while I was on the phone. When I repeated the dog's name out loud, he knew exactly where the conversation was headed and he calmly said "where is he...let's go pick him up". He has a heart of gold!

Seven months later, our diligent work is starting to pay off with this pup, now named Tucker. After biting me twice due to his protective nature of valuable resources such as food and his dislike of having his collar touched...his spirit has begun to heal. He has shed that 'I'm a tough dog' air about him and lost that cold, lost look in his eyes. He is now approaching his first birthday and is happier than ever. When he came to us he was so cautious of everything that was new to him. He would growl at stationary objects in the yard if they weren't there the day before and he was easily startled by the wind. Now, while still cautious when he approaches new objects, he has more confidence and pays very little attention to noises outside. His eyes have softened, his demeanor is more like that of a puppy now than it was months ago, and he has learned to trust.

Through trial and error, I learned what training methods worked best for Tucker. Free shaping was by far the best way to teach this young pup good manners. Once possessive of his toys and food, he now readily drops what ever he has in his mouth upon command. I achieved this by shaping him to first pick up a toy by looking at him & then the toy. When he dropped the toy,

I added the word "drop" followed by a click & treat. Within a couple short sessions he was excitedly throwing the toy back to me. I also taught him "bang" which I make the motion with my hand as if shooting a gun and he quickly drops to the ground, rolls over on his back, & holds the position until released. Compared to the traditional "alpha roll" which I do not recommend...this simple command taught Tucker it was ok to be on his back, showing his belly which would otherwise be a sign of submission. It came in handy after he was neutered and his stitches required daily checking.



There were so many signs after we brought Tucker into our home that he was meant to stay, they simply could not be ignored. I no longer believe in coincidences. Everything truly happens for a reason and I know Tucker was sent to us by Guinness. This experience has taught me that while you can't change the past and you should hold no regrets, you can make the biggest difference in the present if you look for the signs that are always there and embrace them for what they are. The past teaches us many life lessons, the present allows us to make the decision to do better, and the future offers endless possibilities.

If not for following my heart & intuition...who knows what would have come of Tucker. I know by looking into his eyes that he is grateful for the time and patience we have given him...which is true of so many rescue dogs. While his training will be ongoing and he is certainly a work in progress...he is making progress. Guinness knew we couldn't turn away a Rottweiler bearing her name and she was right. Tucker is right where he was meant to be.

You can read this story and many others in the summer edition of MARCI magazine at http://issuu.com/joannadg/docs/marci_summer_10_issue_061610.

Recommended Books

Of the Month

For The Love of A Dog

By Patricia B. McConnell, Ph.D.

This is a great book for the average dog owner to the professional dog trainer. Patricia McConnell brings her down to earth, yet scientific behavior modification into her writing. This book is full of personal experiences as well as facts backed up with scientific research. It also includes several pages of photographs to help the reader understand the facial expressions of dogs. A good read for any dog person that is certain to increase the bond between human & dog. Also available on audio CD.



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