

Week 2

Antonine Village Menu Planner

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T	Orange Juice	Orange Juice	Fresh Bananas/OJ	Orange Juice	Orange Juice	Orange Juice	Orange Juice
	Rice Crispiess	Oatmeal (1/2 C)	Corn Flakes	shredded wheat	Cheerios	Oatmeal	Raisin bran cereal
	Pancakes (2) Ham (canadian bacon)	Scram.eggs/saus. Toast (1)	Breakfast Burrito	Cheesy Eggs	Cheese & Ham	Fried eggs/bacon	Breakfast Casserole: Shred hash bro. ham, egg
	Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk
L U N C H	Ham & Glaze	Chicken & dumpli.	Pork chops	Spaghetti & Meatballs	Cheeseburger	Fish Sandwich	Mac & Cheese
	Green Bean Cassero	Tossed salad	Baked Potatoes	Garden salad	Tossed Salad	Pierogies	Sausage
	Pasta Salad	Broccoli	Sauerkraut or Squash	Mixed Vegetables	French fries	Cole Slaw	Tossed salad
	Dinner Rolls	Garlic Bread	Wheat bread	Garlic bread	Buns	Lettuce & Tomat	Wheat bread
	Cantaloupe	Chocolate cake	Sherbet	Fruit Cocktail	Lime jello	Peaches	Cookies
	Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk
D I N N E R	Beef Vegetable Soup	Stuffed pep. Soup	Ham soup	Cream of chicken	Wedding soup	Vegetable soup	Chili
	Egg salad sand.	Veggie Pizza (White Sauce)	Sloppy Joe's	Bologna sandwich	Hot Ham & cheese sand.	Chicken tenders	Corn bread
	Garden Salad	Tossed salad	Bun	Coleslaw	Blueberries	Caesar salad	Cottage cheese & peaches
	Pineapple	Orange Jello	Applesauce	Apricot Halves	Banana Pudding	Sherbet	Ice Cream

Dietitian's Signature: _____

Date: _____

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Menu Planner**

	Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk
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Dietitian's Signature: _____

Date: _____