

December

2019

CBI

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Turkey chili GF DF Corn bread GF DF V roasted veggies GF DF V veggie chili GF DF V fruit	3 Taco Tuesday chicken DF black beans & rice GF DF V fruit	4 Sloppy Joes w/ pickles, corn on the cob GF DF V green beans GF DF V fruit, tofu Sloppy Joes GF DF V	5 Brisket GF DF Whole wheat roll Veggie salad GF DF V fruit	6 Pizza	7
8	9 Grilled cheese chicken noodle soup carrots and celery with Ranch GF DF V fruit	10 Taco Tuesday Turkey DF black beans & rice GF DF V fruit	11 Hamburgers with fixins, tater tots GF DF V fruit veggie burgers GF DF V	12 Chicken with waffles carrots and celery with Ranch GF DF V Tofu and waffles GF DF V Fruit	13 Pizza	14
15	16 Migas GF DF flour tortillas refried beans GF DF V Veggie salad GF DF V fruit	17 Taco Tuesday Beef DF black beans & rice GF DF V fruit	18 Spaghetti & meatballs Garlic Bread Peas GF DF V Fruit	19 Fish Sticks Mac & Cheese Green Beans GF,DF,V Fruit GF,DF,V	20 Pizza	21
22	23	24	25	26	27	28
29	30	31				

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