



“F.O.C.U.S. Sports Mission Statement”

*“Training the youth of today and developing them into future **“Team Players”** by teaching cooperation through **“Volleyball”** in a competitive environment!”*

Take a careful look at the top athletes on every high school volleyball team and you will notice a common similarity - - almost every one of them is fundamentally strong and has a good sound background of the basics! Each athlete has been taught through repetition, strong reinforcement and competitive practices!

F.O.C.U.S. Sports, Inc. **girls and boys (with a new boys program)** club volleyball team tryouts.

“GOALS, OBJECTIVES AND PHILOSOPHIES”

To Help Student Athletes Develop:

- **Physically:** Teach the sport properly.
- **Psychologically:** Develop emotional self-control.
- **Socially:** Teach cooperation in a competitive environment.
- **Motivation:** Keep them attentive, excited and hungry to learn more about the sport.
- **Help Athletes Have Fun:** Athletes need stimulation and excitement.
- **Feel Worthy:** The need to feel competent and successful no matter what the outcome may be.
- **Attitude:** “Life is a numbers game, the more times you try something the better the odds of achieving it.” It’s no different with self-confidence. The more self-confidence you have the more times you will try to do something. All this starting with a “*Player’s Positive Attitude!*”

To Help Student Athletes Become Successful by:

- **Striving to Win “Athletes, First Winning Second”:** To play a sport and not strive to win is being “dishonest!”
- **Team Development:** ALL players must know the basics!
- **Spirit, Leadership and Respect!**
- **Court Awareness:** Players must understand all positions and “*get out of their comfort zones!*”!

“ACCOMPLISHMENTS”

Within our past 8 years we have grown and helped develop some very talented players who are still playing today in High School and College (*some of them that have been with our club for 5 years, since its existence!*) We have seen a variety of players come and go! Many with a very positive attitude! We are very proud of our players and as our “**Mission Statement**” above reflects we are looking for “**QUALITY**” not “**QUANTITY**”!

“ENHANCEING SKILL DEVELOPMENT”

To help in aiding our coaching staff, they can utilize a variety of equipment (e.g. “**SoloSpike (the premiere attack and spike trainer)**”, “**Sports Attack (which can deliver many reps in practice of serve receiving, digging and spiking)**”, “**Block-It (training/learning/simulating strong defensive blocks teaching players to read/control hitting)**”, etc.) receiving many more reps in game like situations!

As you can see, we at *F.O.C.U.S. Sports* believe there is more than teaching a young athlete how to play volleyball! We feel not only the development of an athlete should be of concern, but also the success of the athlete should be kept in mind! *Here is a real opportunity to understand what volleyball is all about and to learn there is more to this game than just “SERVING, PASSING and HITTING!!!”*

“It is not easy to be successful in anything and when people get accustomed to results it sometimes losses its effects on the players and they forget what it really takes to succeed and how important the journey really should be to their development!” (Russ Rose – Head Women’s Volleyball Coach of Penn State University)

Tryouts for girls/boys club volleyball teams at **WILL BE HELD AT “Frost Jr. H.S. (original and make-up tryouts date)”**:

Location(s): NW Suburbs

Frost Jr. High School
320 W Wise Rd,
Schaumburg, IL 60193

***NOTE*: MAKE-UP TRYOUTS DATE, SEE SPECIFIC INFORMATION BELOW**

TRYOUT LOCATIONS, DATES/TIMES AND LEVELS

**ALL PLAYER’S MUST PRE-REGISTER WITH “USAV” PRIOR TO TRYOUTS
SEE “PRE-REGISTRATION INFORMATION” ON THE BACK OF THIS FLYER**

(See back of flyer for age definition)

“FROST JR. HIGH SCHOOL”				
(***NOTE*** SEE SPECIFIC LOCATION/DATES/TIMES BELOW)				
Tryout Fees: \$20.00 non-refundable tryout fee.				
Levels, Dates and Times				
Age Levels	Location/Dates/Times	Registration Times	Tryouts	Meeting(s)
Girls 14,15,16,17/18 and Boys 14 under	“FROST” Sunday, Nov 1, 2015, 1:00-4:00PM	1:00-1:30PM	1:30-4:00PM	See Below (*NOTE #01)
Make-up all levels (as above)	“FROST” Sunday, Nov 8, 2015, 1:00-4:00PM	1:00-1:30PM	1:30-4:00PM	See Below (*NOTE #01 & 02)

NOTE #01*:** For those players who qualify for a team, there will be a preliminary parent, players and coaches meeting. Also, **AN INITIAL DOWN PAYMENT OF \$200.00 WILL BE REQUIRED.** (NOTE* --- “WHICH IS A NON-REFUNDABLE DEPOSIT”**).

***NOTE #02*:** For qualifying players “**THERE WILL BE A MANDATORY “PARENT AND PLAYERS” MEETING ON “Sunday, November 8, 2015”** explaining uniforms, spirit ware, additional information and any questions you may have.

“PRE-REGISTRATION INFORMATION”

Registration for the 2015-2016 season will officially begin on September 1st.

ALL registrations will be done via the USAV on-line registration system called “Webpoint”. In the meantime junior athletes, coaches as well as adult players who were **previously registered with ANY Great Lakes Region Volleyball Club/Team** are encouraged to go to the: <https://webpoint.usavolleyball.org> and request their login and password information NOW!

NEW Members (never registered in the Great Lakes Region or any other Region of USA Volleyball) will be able to begin their registration process beginning Sept. 1st. There will be a SPECIAL website link on the Great Lakes Website at www.greatlakesvolleyball.org that NEW Members will be directed to starting Sept. 1st.

After registration you should receive a Great Lakes Region membership no. (e.g. “GL#####”), PRINT THE MEMBERSHIP CARD AND BRING IT TO THE TRYOUTS AS PROOF OF REGISTRATION!

STAFF

The director/head coach and staff at F.O.C.U.S. Sports (“Fundamentals, Opportunity, Commitment, Unity and Sportsmanship”) are very experienced, committed and enthusiastic individuals who have all played the game at a competitive level. The head coach has over 25 years experience: **Dominic Di Silvio (Head Coach)**

- Over fifteen years playing in the USA Great Lakes Region.
- Over twenty-five years coaching: Grammar School, Jr. High and High School Fr., So, JV and VR boys and girls (at Elk Grove, Glenbrook North, York, Rolling Meadows and St. Francis of Wheaton) and Grammar, Middle, Jr. High and High School Camps.
- ACEP Certification (American Coaching Education Program), USA Volleyball CAP and IMPACT Certified.

F.O.C.U.S. Sports is also extremely committed to developing and continuing its coaches’ education through clinics conducted by local, regional, USA and International Coaching Staffs.

FOR ADDITIONAL INFORMATION WRITE:

F.O.C.U.S. Sports, Inc.
1749 Golf Rd. PMB #356
Mt. Prospect, IL 60056-4025

WEBSITE: www.focussports.org

CALL DIRECTOR OF VOLLEYBALL:

Dominic C. Di Silvio
Phone: 847-956-0612

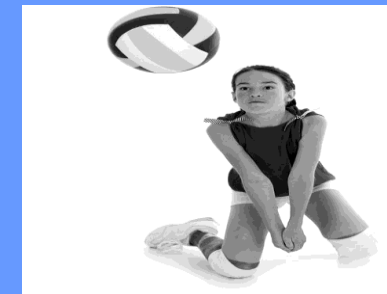
Email: dcd focussports@comcast.net

AGE DEFINITIONS DIVISIONS

- **18 and under:** Players who were born on or after September 1, 1997 or players who were born on or after September 1, 1996 **AND** a high school student during some part of the current academic year.
- **17 and under:** Players who were born on or after September 1, 1998.
- **16 and under:** Players who were born on or after September 1, 1999.
- **15 and under:** Players who were born on or after September 1, 2000.
- **14 and under:** Players who were born on or after September 1, 2001.
- **13 and under:** Players who were born on or after September 1, 2002.
- **12 and under:** Players who were born on or after September 1, 2001. **Boys 14 and Under Division:** Regionally waived boys teams in the 14 and under age group will be allowed to participate at the USA Jr. Olympic Volleyball Championships using the following age/grade definition:
Players who were born on or after September 1, 2001 **or** Players who were born on or after September 1, 2000 (15 years or younger) who shall neither have completed nor are in a grade higher than the eighth (8th) grade during the current academic year (This exception is based on the net height difference of 7’ 4 ½” to 7’ 11 ½” between the 14 and Under Division to the 15 and under Division).

Note: These age definitions are used by domestic club programs and are **NOT** the same as the age definitions for the International and Domestic High Performance programs for 2016.

F.O.C.U.S. Sports, Inc.
1749 Golf Rd. PMB #356
Mt. Prospect, IL 60056-4025



F.O.C.U.S. Sports “Boys and Girls” Volleyball Club Tryouts

“Fundamentals, Opportunity, Commitment,
Unity and Sportsmanship”

www.focussports.org

**“Preparing For The Next Step
of 2015-2016!”**

F.O.C.U.S. Sports, Inc.
will be holding club volleyball
tryouts for **“Boys (14U)”** and
“Girls (14U-18U)”!

**“All Player’s must PRE-
REGISTER before coming
to tryouts
(See “PRE-
REGISTRATION”
INFORMATION on back
of this flyer)**