

## **Adult Drug Suboxone/Subutex Detox Program**

### **Program Overview**

Recover Appalachia Adult Detox program offers participants the opportunity to detox from suboxone/subutex while working with doctors and therapist learning tools to maintain sobriety. Unlike any other program(s) Recover Appalachia Program is a model that provides weekly one-on-one counseling, supervision, classes, meetings, drug testing and medication management. The program is a minimum of 9 months and may be more depending on a judge's order.

To measure progress toward recovery and to monitor compliance with the program, participants will submit to frequent and random urinalysis tests to see if you are following the program requirements. The patient will be detoxed from Buprenorphine within 10-12 weeks. The treatment plan may include medications other than suboxone/subutex. Once the patient is completely weaned he/she will be monitored for 6 months to ensure they remain drug free and living a more productive life.

**Our common goal is a successful graduation from the program to live life free from addiction and criminal behaviors.**

### **Responsibilities / Program Rules**

1. By enrolling in the Recover Appalachia Detox Program the patient must agree to fully participate in the program. That means they will do the following:
  - Agree to only see Recover Appalachia's physician partner for detox
  - Agree to pharmacy data base checks to ensure patient is not "doctor hopping" and receiving medications from other physicians.
  - Agree to use Recover Appalachia's pharmacy partner
  - Agree to follow the physician's recommendations and plan for detox and treatment.
  - Agree to random pill counts
  - Obey all laws and avoid getting into any legal trouble.
  - Attend all scheduled meetings and treatment sessions.
  - Be on time for those meetings; lateness is not tolerated.
  - Have random and frequent drug testing to screen for alcohol or other drug use.
  - If on probation; do what the Judge orders as part of their treatment program.
  - Follow the rules, conditions, and expectations of their treatment plan as developed by program facilitators.

Each participant must sign the Program Agreement along with written consent to treat and allow the Recover Appalachia team to discuss all information that is related to participation and recovery. That means they will sign a legal form that permits the Team to discuss all information that is usually protected and confidential.

**Failing, missing, or tampering with a drug test or breath test.**

If a participant misses a urine or breath test, that information is reported to the Judge as a positive sample. At times, people avoid testing when they know that they have used alcohol or other drugs thinking that they will avoid the consequences of using again. In a drug detox and monitoring program there is no advantage to that idea ... if the participant misses a test, the

Judge may treat it the same as if he/she took the test and it showed that he/she are using drugs.

Tampering with, or trying to dilute, a urine sample or trying to avoid being closely observed will also count as a positive sample.

If the sample is positive for alcohol and/or drugs, the judge or probation will be notified. In addition, the program team will recommend some type of corrective action for participate to the Court. This is imposed to help the participate get back into compliance and on track with the program.

### **Progress Reports**

At each court hearing, the Judge will have a progress report in areas such as attendance at meetings, participation and cooperation, test results, behaviors, and job search.