

May/June 2020

At a glance

Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
24 Online Worship 11:15 Minute for Mission	25 Meditation Online 7:15 pm	26 Prayer service noon	27 Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm Leadership Team 7pm	28 Craft/Study online 1:30 pm Prayer service 4pm	29 Film & Faith	30
31 City wide Online Shared Worship 11:15 Pentecost Communion	1 Meditation Online 7:15 pm	2 Gratitude Team 7pm	3 Zoom Office Hours 2 – 4:30 pm Faith Formation 6:30 pm	4 Cong. Care 10 am Craft/Study online 1:30 pm Prayer service 4pm	5	6
7 Online Worship Affirming Ministry 10 th Anniversary 11:15	8 Meditation Online 7:15 pm	9	10 Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	11 Prayer service 4pm	12	13
14 Online Worship Open Hearts Jar 11:15	15 Meditation Online 7:15 pm	16	17 Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	18 Prayer service 4pm	19	20

PLEASE NOTE: lots of programming at Eastside has been suspended or has moved online during this COVID-19 social isolation time. If you are unsure if a program you attend is suspended, contact the program organizer or email eastsideunited@sasktel.net to check. We are moving into May assuming that things will still be in lockdown.



ANNOUNCEMENTS

May 24, 2020



306-761-0556 eastsideunited.net
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Follow us on Twitter @Eastside_united
www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Lorna King
Prayers: Jayne Krueger-Jickling
Pianist: Michelle Dickie
Tech Support: Amanda Tessier
Attendance: Jayne Krueger-Jickling

Last week's attendance: 52 Offering: \$420 Weekly budget: \$1463
(not incl. PAR)

Office Hours:

The Living Spirit Center is closed due to concerns over COVID-19. Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email him at eastsideunited@sasktel.net.

Harvey's hours: Tuesday, Wednesday, Thursdays

Russell's Hours: Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: russell.eastside@sasktel.net cell #: 306.535.3720

Russell will be holding **Zoom Drop-in Office Hours** Wednesdays through May from 2 to 4:30 online. Use the worship [zoom link](#).

Scripture Reading: Acts 1: 6-14; John 17: 1-11

Songs –

I Have Called You by Your Name MV #161
In the Bulb There is a Flower #VU 703
Christ Has No Body Now but Yours MV #171
I Am the Light of the World VU #87 vs 2-4
Bells of Norwich

We still need your support as our ministry continues!

Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at: **Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1**
Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. Thanks for your donation!

Hello Neighbour Card Reminder: there are necessary situations when leaving the house is unavoidable, like groceries and prescription pick-ups. If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it by volunteering to run errands or check-in.

LSC Meditation Mondays at 7:15 pm: Meditation Mondays have moved online using Zoom. If you are interested in participating, please contact Shauna Powers at powerss@hotmail.com

Craft/Study Group We are reading *I'm Still Here: Black Dignity in a World Made for Whiteness* by Austin Channing Brown. Sessions are being held over Zoom. If you would like to join and haven't, let us know, contact [Russell](#). Craft/Study resumes on May 28th with chapters 10-12 & Interlude! See you there.

Film and Faith will be online, May 29, at 7:00 on with a Netflix movie. If you are able to join in, contact Russell for the Zoom link; or if you don't have Netflix, Russell will give you the Kosmi link to watch together. The movie choices this month: *A Secret Love* (the story of two women in a secret, decades-long relationship), *The Two Popes*; *The Boy Who Harnessed the Wind* (a boy builds a wind turbine for his African village).

On May 31, after worship we will have a time of extended fellowship with a **'Post-Worship Tea'**. We are missing our pot-lucks so following worship, we will take a few minutes break to give folk time to get their coffee, tea, or other beverage, maybe a muffin or bit to eat. Those who wish to join us will come back to our gathering to go into larger groups of 6-8 for a time of visiting and being at table together.

Munch Lunch programming is suspended. **Our funding runs out soon. If you know of any sources, let us know.**

Cloth Masks: As places re-open it will be important to wear masks as we are out in public, especially indoors. We have a group of creative folk of the congregation making masks. If you would like a mask, please email the office or Russell indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! Thanks to Clare Banks, Wanda Barr, Gladys Olekson, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!

Illustrated Ministry: We know many of you are scrambling around, trying to get ready for virtual/online worship. We know many others are trying to think through what they're going to do with schools and day cares closed. Illustrated Ministry has set up a page where you can receive **FREE weekly resources**. To access resources from Illustrated Ministry that will help support faith exploration with children and families during this time, please visit their website [HERE](#)



Messy Church at Home: Once a week, between Easter and the end of June, Messy Church will be providing scheduled [Messy Church at Home Sessions](#). This is to provide a backstop if you don't have time or the energy to create your own 'at home' resources. This list of resources is updated weekly.

Food Donations: Alex Pelletier is making lunches for the homeless and is accepting donations of juice boxes, granola bars and fruit. If you are able to, donations can go in the blue bin outside the office doors by Friday. Additionally, Harvey will be at the Living Spirit Center on Thursdays from 10 am – 11 am if you want to drop off your donation then. If someone is able to volunteer to deliver donations to Alex, let [Russell](#) know.



Volunteers for the ICF: The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help out, contact Russell or Doug Scheurwater and indicate which Friday(s) you are available.

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email eastsideunited@sasktel.net to let Harvey know what changes you would like to make, and he will submit the changes for processing.



Victoria School Meal support: If you are willing to provide a meal, baking, or grocery cards, please let Russell know. Harvey will be at the church on Thursdays from 10 am – 11 am to receive donation drop-offs. From Anna-Marie Donovan: Victoria Campus is made up of five distinct programs that allow students who

do not or cannot fit into the “regular” school program to continue with their education. During this pandemic, staff are reaching out to students to check on their mental health and to provide whatever support they can emotionally and academically. While most students, at this time, have their basic needs met, there are a handful who experience food insecurity on a weekly basis. For the past two weeks, nutritious meals and groceries have been provided by members of Eastside, and on behalf of the staff and students of Victoria Campus, I would like to thank you for your support in assisting our most vulnerable youth. For people wanting to help, we are happy to accept homemade muffins or cookies, non-perishable items, fresh fruit, and grocery gift cards. Any donation will not be turned away!

I'd like to thank everyone who has donated food or money in the past month to help the students at Victoria Campus who do not have consistent access to healthy food like they would have before the pandemic. There are four families who are receiving homemade meals on a weekly basis, and the muffins and cookies that are being donated are going to a variety of students when teachers do sidewalk visits with them. The families are so very appreciative of the healthy meals, desserts, and goodies because they have been prepared with love. Knowing that members of the wider community care for them is a gift in and of itself.

The gift cards are equally important because they allow families to have the autonomy to make decisions based on their individual needs. Words cannot truly express the gratitude of the Vic Campus staff or the recipients of the food donations, but that is all I have to offer at the present time, so on behalf of the staff and families, I send you all a huge thank you and a virtual hug,

Anna-Marie

(If you have any questions about these programs, please feel free to call Anna-Marie Donovan at 306 523-3703.)

Suspended/Moved Programming as of May 20th:

- **TOPS** is suspended until further notice
- **Eastside Community Dinner** is suspended until further notice
- **Yoga** is cancelled until the fall
- **KAIROS** meetings are postponed until further notice
- **Meditation** is cancelled in-person, moved to Zoom
- **Craft/Study** is cancelled in-person, moved to Zoom
- **Eastside Choir** has canceled rehearsals until further notice
- **ICF Breakfast** has reduced programming
- **Congregational Faith and Wellness Series** is postponed
- **Messy Church** is suspended until further notice
- **Women's Breakfast** is suspended until further notice
- **Munch Lunch** programming is suspended until further notice
- **Film and Faith** is suspended in-person and will continue online.
- **AA** is suspended in-person
- **Forever... in Motion** is suspended until further notice.



Did you miss the announcements at last Sunday's worship service? Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at www.eastsideunited.ca under the **What's New** heading! **Were you unable to attend worship last week?** You can find a video recording of last week's service online. Visit our website under the **WORSHIP** heading to find an uploaded video of service.

Did you know that the city is proposing a **dog park** in the park space beside us? If you have questions or concerns, please speak to Bonnie Yake, Sarah Tkachuk, Brian Abrahamson or Russell.

William Makepeace Thackeray

**A good laugh
is sunshine in
the house.**



What is your favourite positive quote? Or a line of song that makes you happy? A poem you enjoy? Email your favourites to Harvey at eastsideunited@sasktel.net to share a smile with others in the weekly announcements!