



# Class Schedule

5/20/19

	DAY 1		DAY 2		*Sparring Class (No Trial Students)	Make-Up & Special Classes
	Monday	Tuesday	Wednesday	Thursday	DAY 3	DAY 4
<b>TKD Attire:</b>	Dobok Only	Dobok Only	Any	Any	Friday	Saturday
					Any	Any
						Make Up Class for All Ages 11AM - 11:45

Check this month's calendar for the **Casual Day & Nunchuck Class** dates.  
See you there!

3:45 PM - 4:30 PM	<b>INTRO CLASS</b>	<i>Tiny Tiger</i> (Ages 3-6)	<b>INTRO CLASS</b>	<i>Tiny Tiger</i> (Ages 3-6)	Tiny Tiger (Ages 3-6) ALL BELTS 4:00 - 4:30	Team HI-5 Poomsae Competition Training 1PM - 2:30PM
4:30 PM - 5:15 PM	<b>ALL BELTS</b>	<b>White - Yellow Stripe</b>	<b>ALL BELTS</b>	<b>White - Yellow Stripe</b>	(Ages 7-11) COLOR BELTS 4:30 - 5:15	
5:15 PM - 6:00 PM	<b>Green - Blue Stripe</b>	<b>ALL BELTS</b>	<b>Green - Blue Stripe</b>	<b>ALL BELTS</b>	(Ages 12+ Color Belts) (Ages 8+ Black Belts) 5:15 - 6:00	
6:00 PM - 6:30 PM	<i>Tiny Tiger</i> (Ages 3-4)	<b>Family Class</b>	<i>Tiny Tiger</i> (Ages 3-4)	<b>Family Class</b>	<b>Team Hi-5</b> Kyoruki Competition Training 6:00 - 7:30	

6:30 PM - 7:15 PM	(Ages 12+) ALL BELTS	<b>Red - Black Belt</b>	(Ages 12+) ALL BELTS	<b>Red - Black Belt</b>	* You may participate in sparring classes starting White Belt.	*Sparring is Mandatory during testing starting Green Belt.
7:15 PM - 8:00 PM	<b>Family Class</b>	<b>Adult Class</b>	<b>Family Class</b>	<b>Adult Class</b>		

\* MAKE UP CLASSES ARE FOR STUDENTS WHO HAVE ATTENDED 2 CLASSES OR LESS DURING THE WEEK.