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**February 2017**

 **At a glance**

**Full descriptions of activities in bulletin.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tues** | **Wed** | **Thurs** | **Fri** | **Sat** |
| **29****Worship****11:15*****Worship Band******Come to Church Sunday*** | **30****AA 7:30 pm****Meditation****7 pm** | **31****Cards****9:30****TOPS****6:30** | **1****Faith Formation Meeting****7 pm** | **2****Craft/Study****1:30****Family Dinner** **6 pm** | **3** | **4** |
| **5****Worship****11:15****Communion** | **6****AA 7:30 pm****Meditation****7 pm** | **7****Cards****9:30****TOPS****6:30****New Parish Book Study****7 pm** | **8****Faith Exploration 7 pm** | **9****Craft/Study****1:30** | **10** | **11****Women’s Breakfast****8 am** |
| **12****Worship****11:15****Open Hearts Jar** | **13****AA 7:30 pm****Meditation****7 pm** | **14****Cards****9:30****TOPS****6:30****New Parish Book Study****7 pm** | **15****Leadership Team Meeting 7pm** | **16****Craft/Study****1:30****Solar Committee****7 pm** | **17****Film & Faith** | **18** |
| **19****Worship****11:15****Prayer Candles** | **20****AA 7:30 pm****Meditation****7 pm** | **21****Cards****9:30****TOPS****6:30****New Parish Book Study****7 pm** | **22****Faith Exploration 7 pm** | **23****Craft/Study****1:30** | **24** | **25****IMCF Breakfast****9 am** |
| **26****Worship/****Financial AGM****11:15****POTLUCK** | **27****AA 7:30 pm****Meditation****7 pm** | **28****Cards****9:30*****Pancake Supper 5:30-7pm*****TOPS****6:30****New Parish Book Study****7 pm** | **1****Ash Wednesday** | **2****Craft/Study****1:30****Family Dinner** **6 pm** | **3** | **4** |

**TOPS = Take Off Pounds Sensibly**

**AA = Alcoholics Anonymous**

**ANNOUNCEMENTS**

 **January 29, 2017**

****306-761-0556 eastsideunited@sasktel.net

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*W*

***elcome to Eastside United. We are excited to have you join us for Come to Church Sunday today! If you are a visitor here, please fill out a yellow newcomer card to let us know how we can be of service.***

**Ministers:**

Minister: Russell Mitchell-Walker

Greeting: George Alexander and Busi Mabhena

Congregational Care Greeter: Sheri Nupdal

Prayers: Jean MacKay

PowerPoint: Sheila Kerr

Music: *Arise!*

Attendance last week: NA Last year: 60

Russell’s e-mail address: russell.eastside@sasktel.net

**Office Hours:**

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell is in the office Tuesday through Thursday from 9 am to 4:30 pm, working from home on Friday.

Brewed Awakening Office Hours, Wednesday afternoons from 2 to 4:30 pm. ***At 3115 Woodhams Drive location for month of February, STARTING FEBRUARY 8!***

**Scripture Reading:** Luke 5: 1-11

**Songs:**

Prelude: *Come In, Come In and Sit Down* VU #395

*Holy Spirit, Rain Down*

*Just a Closer Walk*

*I am the Light of the World* (Chorus and 3rd verse)

*I Will Go* by Big Daddy Weave

*There’s Something About That Name*

*Give Thanks*

*Spirit Song*

Postlude: *Wings of a Dove*

**We are collecting empty yogurt containers with lids for Carmichael Outreach.** Every day Carmichael gives out 60 to 120 meals in these 500 g – 750 g containers. Please wash them well and place WITH THE LIDS ON in the cardboard box in the Administration entrance***.***

**St. Philip Senior Ministry Outreach card playing program**, **Tuesday mornings at 9:30 am** in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

**![C:\Users\home-user\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5B95B9LU\meditating-buddhist-woman[1].png]()**

**LSC Meditation Group:** Monday, January 30 at 7 pm in the East Sanctuary. All are welcome, remember to wear comfortable clothing.

***![C:\Users\home-user\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\QXOTN1YX\large-thread-crochet--0-15842[1].gif]()***

**Eastside’s Craft/Study Group Thursdays at 1:30 pm** in the Multipurpose Room! Join us as we share in discussion, handiwork and coffee time following. We are reading and will begin discussing *The Alchemist* by Paulo Coelho. We have an extra copy of the book if you’d like to join us.

**Family Dinner, Thursday, February 2 at 6 pm (and the first Thursday of each month!).** Parents, grandparents, kids and grandparents are all welcome to share in a meal and community! Suggested donation of $5pp or $20 per family. RSVP to Russell at russell.eastside@sasktel.net by Monday, January 30. If you’d like to help with meal prep, please contact Wanda at j.barr@sasktel.net.

**Patagonia Catering** is offering cooking classes in the LSC Kitchen Sunday afternoons. Each class stands alone and is on a different theme. The theme of the Sunday, February 5 class is ***Argentinian Cuisine Level 2***. Cost is $120 and includes supper finale, tools and ingredients, a complementary beverage, and Ricardo's wealth of culinary knowledge. For more information or to register, email patagoniacateringsk@gmail.com or visit Patagonia's Facebook event page [www.facebook.com/events/520198391524641/](http://www.facebook.com/events/520198391524641/).

**The New Parish Book Study:**  Join us as we explore what it means to be a church of your neighbourhood and how we connect with our neighbours. This could be an important opportunity for us to build relationship with our neighbours and the community around us. A ten-week Tuesday night study (including Lent) **starting February 7**. Please let Russell know of your interest so we can order books.

**Faith Exploration: Wednesdays at 7 pm in the Youth Room, starting February 8.** *Faith Exploration* is an opportunity to explore United Church of Canada beliefs, understandings of basic Christianity, your own beliefs, and to experience other faith traditions. We will be offering this eight-session program over the next few months. This is a good program for newcomers or youth or those wishing to renew their faith. Let Russell know if you are interested.

Following a period of careful investigation, the LSC has purchased an **automated external defibrillator (AED).** This portable electronic device automatically diagnoses life-threatening cardiac events and is able to treat them through defibrillation. With audio and visual commands, AEDs are designed to be simple to use for the layperson. The LSC AED is hanging in an alarmed box beside the elevator in the narthex. This box is not locked, but an alarm sounds when the door is opened to prevent tampering and notify those in the building that an emergency may be in process. Staff and LSC program leads received a brief training on use of the AED this week. If there is interest, another training session could be arranged in the future. To learn more, please contact the office staff: Cheryl 306-789-0265 or Suzanne 306-761-0556.

![C:\Users\home-user\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\RHBQ9OLX\2625[1].gif]()**The World Day of Prayer ecumenical service will be held on Friday March 3, at 2 pm at Holy Cross Church, 315 Douglas Ave. E with lunch to follow.** This year’s service has been written by The Philippines’ World Day of Prayer Committee and the theme is “Am I Being Unfair To You?” Suzanne has contact info in the office if you are interested in being involved in the planning committee for this event.

***We’d love you to join our family!*** We are planning a Transfer of Membership service in the near future. If you are interested in being included or have questions, please let Russell know.

**Please note: Our Sunday worship service will take place in the West Sanctuary on Sunday, February 12 to allow St. Philip additional time for their AGM in the East Sanctuary.**

