

LANA SAGE

option

Actor * Director * Writer * Singer * Choreographer * Dancer
Pronouns: She/Her | Height: 5'5" | Hair: Dk Blnd | Eyes: Blue | Vocal Range: E3-E6
<http://lanasage.com> | 503-927-3901 | lane@lanasage.com

SELECTED THEATRE

Against a Village	Ensemble; Fay u/s	Boston University (Dir Mathew Swain)
Alex getting better	Ruthie	Young Professionals Co (Dir Jessica Wallenfels)
Wait Until Dark	Gloria	Lakewood Theatre Co (Dir Nancy McDonald)
A Christmas Carol (Menken 2 seasons)	Martha/Grace/Fan/Adult Ensemble	Stumptown Stages (Dir Kirk Mouser)
Matilda	Big Kid/Adult Ensemble	Lakewood Theatre Co (Dir Paul Angelo)
Billy Elliot	Susan Parks	Pixiedust Productions (Dir Greg Tamblyn)
The Magic Flute	Red Harpy	The Portland Opera (Dir Chris Mataliano)
La Boheme	Townsperson Chorus	The Portland Opera (Dir Kathleen Belcher)

SELECTED FILM

Honeybee (feature)	Lead	Lavender Menace Productions
Chasing Shadows (short)	Lead	Jumptown Films
Precocious (short)	Lead	Boston University

SELECTED VOCAL PERFORMANCES

Portland Area Musical Theatre Awards	Vocal Soloist (multiple events)	Corey Brunish, producer
The Portland Spirit	Vocal Soloist (multiple events)	American Water Ways
Big Night Gala	Chorus Member	The Portland Opera

SELECTED DIRECTING/CHOREOGRAPHY/PLAYWRIGHT

The Moors	Assistant Dir/Music Dir	Boston University
In the Forest She Grew Fangs	Assistant Dir/Movement Dir	Young Professionals Co
Once More <i>by Lana Sage</i>	Playwright (staged reading)	Fertile Ground Festival

EDUCATION/TRAINING

Degrees/Endorsements

BFA: Acting/Directing Expected 2025 from Boston University (social & racial justice & communications minor)
Associates of General Studies 2021 from Portland Community College (gen ed, writing, musical theatre)

Acting

Alexander/Meisner
Cold Reading
On-Camera Techniques
Improv

Voice

Private Technique
Private Vocal Coaching
Voice & Speech

Dance

Jazz/Modern (Int/Adv)
Tap (Int/Adv)
Ballet (Int)
Contemporary/Hip Hop (Beg)

Other

Viewpoints
Devising
Stage Combat
Workshop New Musical

Recent Instructors: Yo-Ell Cassel, Kirsten Greenidge, Sarah Maines, Patrese McClain, Malika Oyetimein, Kemba Shannon, Merri Sugarman, Jessica Wallenfels, Christine Woodberry, Meg Zervoulis, Matt Zrebski

SPECIAL SKILLS/ABILITIES/INTERESTS/AWARDS

Athletics: Gymnastics, Trampoline, Swimming, Diving

Dialects/Languages: Basic Standard British and Geordie. Beginning/Intermediate American Sign Language

Print/Commercial: Lifestyle, Editorial, Fashion, and Commercial Experience

General: Loves animals/books/writing, Beginning piano/ukulele/guitar, Blogger Broadway World, Communications Asst. College of Fine arts

Awards: Best Supporting Actress in a Play, Rising Star Artist

Bi-coastal artist currently living in Boston, MA