



Affiliated to ASA North East Region & Yorkshire SA

present their

# Glyn Mettam Memorial 'B' Grade Open Meet

AT

**PONDS FORGE INTERNATIONAL POOL,  
SHEFFIELD**

**Saturday 18th November 2017**

**THIS EVENT IS LICENSED AT LEVEL 3 (3NE170901)**

**\*Age Groups: 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs/Over\***

**\*Age as at 18th November 2017\***

**• 50M 10 LANE INTERNATIONAL DECK LEVEL POOL •**

**• AGES 9, 10, 11, 12, 13, 14, 15+: 50M / 100M ALL FOUR STROKES, 200IM •**

Closing Date: 31st October 2017

For more information visit: [www.sheffieldcityswimmingclub.co.uk](http://www.sheffieldcityswimmingclub.co.uk)

For an electronic entry file, please contact Philip Johnson via email:  
[philandliz1985@gmail.com](mailto:philandliz1985@gmail.com)



**SHEFFIELD CITY SWIMMING CLUB**  
(Affiliated to A.S.A. North East Region and Yorkshire SA)  
Presents under ASA Laws and ASA Technical Rules at the  
PONDS FORGE INTERNATIONAL POOL, SHEFFIELD

**GLYN METTAM MEMORIAL 'B' GRADE OPEN MEET**

**SATURDAY 18TH NOVEMBER 2017**  
**THIS EVENT IS LICENSED AT LEVEL 3 (3NE170901)**

**SCHEDULE OF EVENTS**

Session 1 (Estimated Duration = 3.75 Hours)

Warm-up 08:00, Start 09:00

- Event 101 - 9 Years/Over Boys 200m IM  
102 - 9 Years/Over Girls 100m Free  
103 - 9 Years/Over Boys 100m Breast  
104 - 9 Years/Over Girls 50m Fly  
105 - 9 Years/Over Boys 50m Back  
106 - 9 Years/Over Girls 100m Back  
107 - 9 Years/Over Boys 100m Fly  
108 - 9 Years/Over Girls 50m Breast  
109 - 9 Years/Over Boys 50m Free

Session 2 (Estimated Duration = 3.75 Hours)

Warm-up 13:00, Start 14:00

- Event 201 - 9 Years/Over Girls 200m IM  
202 - 9 Years/Over Boys 100m Free  
203 - 9 Years/Over Girls 100m Breast  
204 - 9 Years/Over Boys 50m Fly  
205 - 9 Years/Over Girls 50m Back  
206 - 9 Years/Over Boys 100m Back  
207 - 9 Years/Over Girls 100m Fly  
208 - 9 Years/Over Boys 50m Breast  
209 - 9 Years/Over Girls 50m Free

**\*\*\* Please note that a swim down facility will be available \*\*\***

**MEET INFORMATION**

- 50m 10 Lane International Pool•
- Omega Electronic Timing with Full Display•
- Anti-turbulence Lane Ropes•
  - Swim Shop•
  - Cafeteria On Site•
- Ample Pay & Display Parking nearby•

Age Groups : 9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15yr & Over

Ages at **18th November 2017**

Length of Pool: 50m - Deck Level 10 Lane

*Entry times to be converted to 50m*

**Entry Fees £5.50 per individual entry**

**Closing date for entries: 31st October 2017**

**Spectator Admission**

All Day Pass      Adult £8.00, Child and O.A.P. £4.00  
Refund of £4.00 for adults and £2.00 for child/OAP if morning session only attended  
All Day Programme    £2

The promoters reserve the right to limit entries where necessary. Entries will be accepted on a first come, first served basis. Late entries will not be accepted. No on-the-day entries accepted, unless due to promoter's error. Over the top starts may be used.

All winners will be decided on a **Heat Declared** basis. Prizes will be awarded to the fastest six in each **individual** age group after taking account of the "cut-off time".

**Coaches Passes**

Coaches Passes are available price **£10.00**, this includes **programme and results sheets**. Note: These passes do NOT include any food.

Cheques payable to **SHEFFIELD CITY S.C.**

Any conditions not covered by this information will be at the discretion of the promoters, **Sheffield City Swimming Club**.

Completed entry forms, together with the correct entry fees to be returned to:  
Phil Johnson (SCSC), 55 Sheffield Road, Hackenthorpe, Sheffield, S12 4LR. Tel: 0114 251 0448

**Please note that refunds will not be made after the closing date for entries, unless the swimmer has a proven medical condition.**

**Please supply an email address or a large SAE (with enough postage) for return of entry confirmation details.**

# Sheffield City Swimming Club – Glyn Mettam Memorial 'B' Grade Open Meet

## Saturday 18th November 2017

### Promoters' Conditions

1. The competition will be held under A.S.A Laws and A.S.A Technical Rules, and has been licensed at Level 3 (3NE170901) by the ASA for entry into County and District Championships and Competitions.
2. Cut Off Times will be applied to each event. **No entries will be accepted with times faster than the Cut Off times.** No Awards will be made to swimmers whose performance times are faster than the Cut Off times by **2.0 seconds** – however, they will receive a speeding ticket.
3. The Pool is 50m long x 10 lanes with electronic timing and scoreboard. No outdoor shoes to be worn on the poolside, but footwear must be worn in the spectator's gallery and outside the pool marshalling area. Anti-wave ropes will be used.
4. Team Managers or coaches are responsible for their swimmers throughout the Meet and must supervise the warm up of their swimmers. They are responsible for their good behaviour and whereabouts at all times. Please do not let competitors wander around the Ponds Forge Complex.
5. The age groups are as of 18th November 2017 – 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, 15 years and over. Swimmers are eligible to enter their own age group only.
6. All events will be heat declared winners. The heats will be arranged according to submitted entry times. It is the swimmers and clubs responsibility to assure that all swimmers' are entered in the correct age group. Poolside entries will not be accepted.
- 7. Please note that this gala will be run without cards. A hard copy printout of accepted entries will be sent out approximately 2 weeks before the gala.**
8. Swimmers must report to the competitors stewards at least one event prior to their own.
9. Awards will be made to the first six swimmers in each age group in each event after taking account of the "cut-off time". No Awards will be made to swimmers whose performance times are faster than the Cut Off times by **2.0 seconds** – however, they will receive a speeding ticket.
10. Awards will be available from the trophy desk during the sessions, after event results have been announced / posted. Top Club awards will be presented to the 3 visiting clubs accumulating the most points. Points will be awarded on the basis of 1<sup>st</sup> – 6 points, 2<sup>nd</sup> – 5 points, 3<sup>rd</sup> – 4 points, 4<sup>th</sup> – 3 points, 5<sup>th</sup> – 2 points, 6<sup>th</sup> – 1 point. In the event of a tie, the number of 1<sup>st</sup> places etc. will decide the winner.
11. Full results will be placed on Sheffield City SC's website ([www.sheffieldcityswimmingclub.co.uk](http://www.sheffieldcityswimmingclub.co.uk)) as soon as possible after the meet.
12. The referee's decision will be final on all matters relating to swimming and swimmer discipline.
13. The promoters take no responsibility for lost property. Lockers are provided in the changing rooms. There is a charge for car parking and space at the complex is limited. There are a number of long stay car parks nearby.
14. Any matters not covered by these conditions shall be at the promoters' discretion if not covered by ASA Laws or Technical Rules.

Sheffield City Swimming Club  
Glyn Mettam Memorial 'B' Grade  
Open Meet



# Meet Entry Qualification Times

November 18th 2017

AGES AS AT 18TH NOVEMBER 2017								EVENTS	ALL TIMES ARE LONG COURSE (50M)						
UPPER LIMIT TIMES	BOYS								GIRLS						
	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs+		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs+
Cut Off Time	38.0	36.0	34.0	32.0	31.0	29.0	27.0	50m Freestyle	40.0	36.0	35.0	34.0	33.0	31.0	29.0
Cut Off Time	1.22.0	1.20.0	1.15.0	1.10.0	1.08.0	1.05.0	1.00.0	100m Freestyle	1.20.0	1.18.0	1.15.0	1.12.0	1.08.0	1.06.0	1.04.0
Cut Off Time	46.0	43.0	39.0	36.0	34.0	32.0	30.0	50m Butterfly	44.0	40.0	38.0	36.0	35.0	34.0	33.0
Cut Off Time	1.32.0	1.30.0	1.24.0	1.20.0	1.13.0	1.10.0	1.06.0	100m Butterfly	1.33.0	1.31.0	1.25.0	1.20.0	1.16.0	1.15.0	1.13.0
Cut Off Time	52.0	50.0	45.0	41.0	39.0	38.0	36.0	50m Breaststroke	51.0	49.0	45.0	43.0	41.0	40.0	38.0
Cut Off Time	1.42.0	1.40.0	1.35.0	1.33.0	1.27.0	1.22.0	1.18.0	100m Breaststroke	1.44.0	1.42.0	1.36.0	1.33.0	1.28.0	1.27.0	1.24.0
Cut Off Time	44.0	43.0	40.0	38.0	36.0	34.0	32.0	50m Backstroke	46.0	43.0	40.0	39.0	38.0	37.0	36.0
Cut Off Time	1.31.0	1.29.0	1.25.0	1.22.0	1.17.0	1.13.0	1.09.0	100m Backstroke	1.30.0	1.28.0	1.26.0	1.22.0	1.19.0	1.17.0	1.15.0
Cut Off Time	3.20.0	3.10.0	3.02.0	2.51.0	2.44.0	2.32.0	2.29.0	200m IM	3.23.0	3.13.0	2.58.0	2.53.0	2.46.0	2.38.0	2.34.0

**Acceptance of Entries:** Cut Off Times will be applied to each event. No entries will be accepted with times faster than the Cut Off times. No Awards will be made to swimmers whose performance times are faster than the above Cut Off times by 2.0 seconds – however, they will receive a speeding ticket.



# SHEFFIELD CITY SWIMMING CLUB

## GLYN METTAM MEMORIAL B GRADE OPEN MEET - 2017 ENTRY FORM



### BOYS / GIRLS

Please use **SEPARATE** entry forms for boys and girls. Delete as appropriate

NAME	NEW ASA REGISTRATION NUMBER	D.O.B	FREE		BACK		BREAST		FLY		IM	No. OF ENTRIES	VALUE £
			1 50m	2 100m	3 50m	4 100m	5 50m	6 100m	7 50m	8 100m			
CLUB:											TOTAL NUMBER OF ENTRIES @ <b>£5-50</b> per entry		£
NAME and ADDRESS:  (Please enclose a <b>Large SAE</b> if you wish to receive hard copy confirmation of entries) TELEPHONE No./ EMAIL ADDRESS:											COACHES PASSES @ £10 Including Programme & Results		£
NOTE: PLEASE USE <b>SEPARATE</b> ENTRY FORMS FOR BOYS AND GIRLS. PHOTOCOPIES ARE ACCEPTABLE. PLEASE SUBMIT A TIME FOR EACH EVENT ENTERED											TOTAL VALUE ENCLOSED Cheques payable to Sheffield City S.C.		£

Please return entry forms to: Phil Johnson (SCSC), 55 Sheffield Road, Hackenthorpe, Sheffield. S12 4LR

ENTRY BG 2017

**SHEFFIELD CITY SWIMMING CLUB**  
**GLYN METTAM MEMORIAL 'B' GRADE OPEN MEET – 18th NOVEMBER 2017**

**PONDS FORGE INTERNATIONAL SWIMMING POOL, SHEFFIELD**

**OFFICIALS - WE WOULD APPRECIATE YOUR HELP**

We need many officials to run a successful open meet.

If you are qualified and are willing to officiate at our open meet, could you please fill the form below and return it with your club entries. We will contact you nearer the date confirming when we require your help.

Any help you give is very much appreciated. A Lunch Allowance and Car Park Pass will be provided for anyone willing to help.

**\*\* PLEASE NOTE that any Clubs providing officials on the day, will have their Coaches Passes refunded (Up to Max of 2 passes per club) \*\***

Name	Address	Contact No./Email	Timekeeper / Judge 1 / Judge 2 / Starter / Referee	Session: AM/PM /Both

Reply to Phil Johnson (SCSC), 55 Sheffield Road, Hackenthorpe, Sheffield, South Yorkshire, S12 4LR

Telephone Number: 0114 251 0448 Email: philandliz1985@gmail.com