

Rhythms, Beats & Grooves Workshop

**Tuesday
November 18
2 to 3 PM
Menlo Park VA
Community Room**



Come to a *Rhythms, Beats & Grooves™* workshop and take a ride on the powerful river of rhythm that's in all of us and all around us. Make your own beats and rhythms, collaborate with others, try different instruments, talk some drum talk, compose and record some electronic beats, play guitar or keys along with the drummers and rhythms. This is your opportunity to reap the benefits of making rhythm and music. Simply said, it's good for you - body, mind, and spirit. This workshop is for everyone, beginners and experienced women and men rhythm makers alike, cause rhythm is an equal opportunity employer, and it always pays off. So come check out a *Rhythms, Beats, & Grooves* workshop and ride the rhythm river for an hour or so.

Workshops are facilitated by Peter Giordano, who plays guitar, drums, bass, and keys, and has been playing, writing, performing, producing, and teaching music for 30+ years. Peter is the director of StoryTeller Project, an arts and education nonprofit he founded in 1999, StoryTeller Projects uses music and expressive and media arts as tools to provide services in the community.

For more information contact Peter
petergio@pacbell.net