

Energy Healing / Being an Energy Healer

I feel everyone already has an inherent ability within him or her to channel spiritually guided healing energy—it is a natural human ability. **Learning a Healing Technique/Modality such as Reiki helps to ensure you channel the spiritually guided energy correctly (since you don't want to use your own energy) and never ever intend any harm! This is very important—NEVER wish, think, imagine, or voice harm to another. If you do NOT have a loving, forgiving heart, my suggestion would be to NOT try to heal anyone.**

Energy healing is the art and science of sensing and correcting energetic defects in the energy field. As an energy healer, you seek to restore the condition of your patient's energy field to its strong, natural and healthy state and correct any defects that are present, thereby helping to restore and maintain health to the patient's body, emotions, mind and spirit—to all levels of his or her being. In doing this, you will treat the ultimate cause of afflictions and disease. By treating ill conditions in the energy field, you may work to assist in the resolution of a disease condition, which has already manifested in the physical body, or in the mental and emotional life of your patient. Your healing work may also serve to prevent future disease by treating faulty energetic conditions in your patient's energy field, which might otherwise result in illness in the future, should they remain untreated. Additionally, healing work is beneficial simply because it enhances the entire life process of your patient, even if prominent disease or afflictions are not present, improving functioning of body, mind and spirit and enabling your patient to live a healthier, more balanced and fulfilling life.

You do not generate the healing power that makes the healing techniques work, but your proper use of the techniques will enable you to be a '*channel*' for the healing power that comes from the field of pure divine consciousness. By healing the energetic defects in your patient's energy field, you offer your patient the opportunity to reconnect to his or her higher self (or true self) and the unlimited health and wellness contained in the field of pure consciousness. Reintegration of the personality, a new vision of self beyond negative thoughts, emotions and self-limiting beliefs, and a healing of the energetic defects in the energy field are the potential benefits. You do not actually accomplish this healing, you are a catalyst and a pure channel for the divine knowledge and power that enables healing to take place. This is the role of the energy healer. I often joke that I'm like a PVC pipe between the Source and the client; I'm just the conduit used to get the healing energy where it needs to go ☺