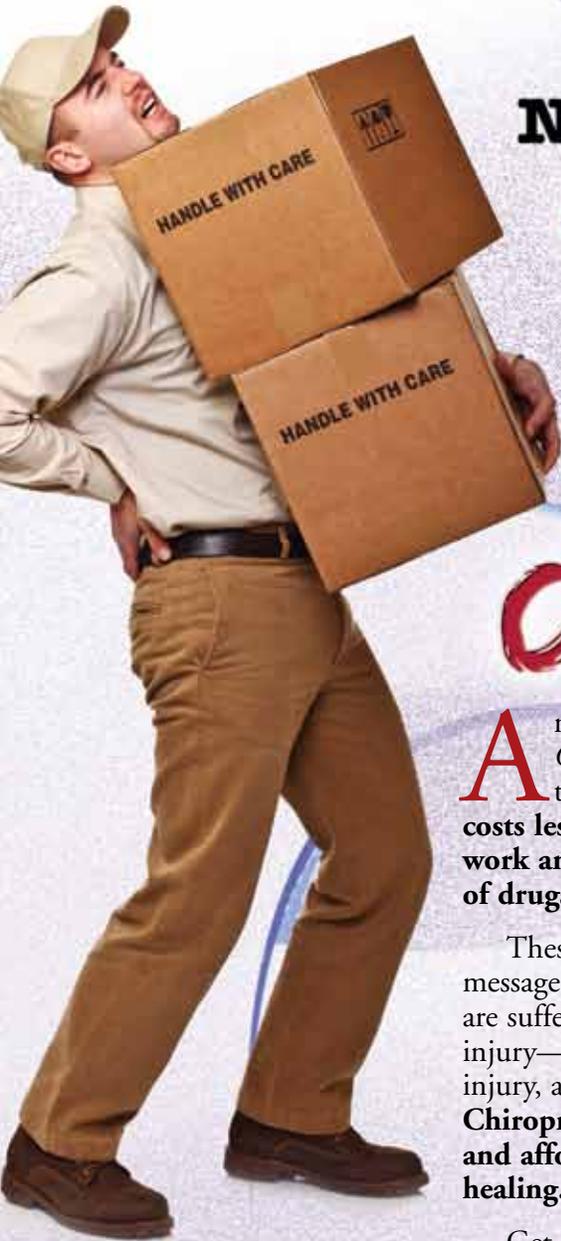


Chiropractic

NATURAL HEALTH™

Vol. 24, Issue 9



New Study Shows...

“Injured Workers” Get
Better Results
with

CHIROPRACTIC!

A number of compelling *Workers' Compensation* studies have shown that **Chiropractic really works, costs less, reduces time away from work and can eliminate the dangers of drugs and surgery!**

These exciting studies send one clear message to you and your family: if you are suffering from a musculoskeletal injury—whether it's from an old sports injury, a recent whiplash or work injury—**Chiropractic care is a very effective and affordable method of natural healing.**

Get **lasting relief** from your nagging aches, chronic pain, numbness and tingling, and joint stiffness!

YOU Could Be At Risk!

The Bureau of Labor Statistics reported that **sprains and strains account for the highest frequency of all occupational injuries in the United States!**

The risk factors that can cause or aggravate musculoskeletal disorders include: repetitive motion, forceful exertions, lack of exercise and poor

posture. Low-back disorders are the most common complaint among workers.

Musculoskeletal disorders can occur when your spine is out of alignment and when muscles or tendons are stretched or over-used beyond their capabilities. **These injuries often respond remarkably well to Chiropractic care!**

Chiropractic Maintenance Helps Prevent Future Injury!

A new study published in the April 2011 issue of *The Journal of Occupational and Environmental Medicine* was conducted by medical and other healthcare professionals outside of the Chiropractic profession. Researchers followed 894 workers' compensation cases involving low-back pain for a period of one full year.

The study concluded that when compared to treatment by physical therapists and MDs, patients treated by Chiropractors had better outcomes, lower medical expenses, fewer surgeries, fewer disability recurrences and **shorter periods of disability!**

Don't Delay!

Schedule your Chiropractic exam today!

“Chiropractic care is a very effective and affordable method of natural healing.”

900,000 Cases Evaluated... Chiropractic PROVEN Effective!

Just as a program of Chiropractic care has been proven to rehabilitate injured workers, we can help you recover, even if your injury is not work related. That's because **Chiropractic spinal adjustments aim to correct the underlying cause of your musculoskeletal imbalance and remove nerve interference**, no matter what triggered it!

Do you suffer from headaches, back, neck, shoulder, arm or leg pain? Your injuries might stem from long hours at the computer, from pulling weeds on weekends or maybe you took a sudden fall when playing with your kids or grandkids...

Discover the vital role Chiropractic plays in injury prevention and healing!

Proven Data that Dispels All Doubt !!

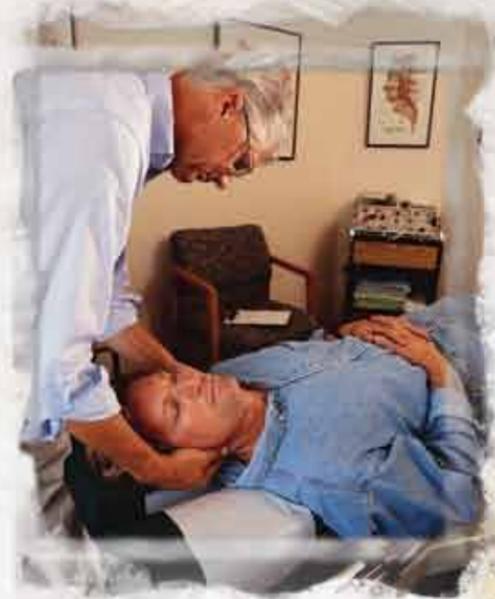
In 2002, *The Texas Chiropractic Association* commissioned MGT of America, an independent

consulting firm, to determine the effectiveness of Chiropractic for injured workers.

Each year, tens of thousands of injured workers have been **successfully treated** by Chiropractors in Texas. However, prior to this study, there was little published data available on the phenomenal results that they were consistently providing, year after year.

After analyzing data on approximately 900,000 workers' compensation claims and more than 70 articles and published studies on the cost and effectiveness of Chiropractic care, the researchers concluded that **Chiropractic care was associated with significantly lower costs and more rapid recovery in the treatment of workers with low-back injuries!**

If Chiropractic can help tens of thousands of injured workers, imagine what we can do for you



or someone you know. Why suffer another day when relief could be just a phone call away! ❖

Schedule your Chiropractic Spinal Exam Now!!

"My Sciatic Pain is Gone!"

While I was working at the computer one day, I began to experience excruciating pain in my lower back and right hip, radiating down my leg. The pain was so intense that I couldn't walk, sit, or even stand upright!

I had been to the Chiropractor before and knew that they would be **the best and quickest way to relief from this horrible pain.** Since it was later at night, I left a message. Early the next morning, they called and I was fit into the schedule that day.



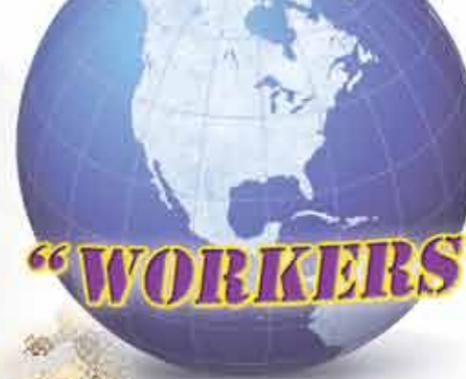
I am so grateful for my Chiropractor!

They really cared about how I was feeling and about getting me out of pain as soon as possible. It turned out that the reason I was in so much pain was because I had a pinched sciatic nerve!

We put together a treatment plan that included adjustments and home therapy that I learned during my visits.

Thanks to everything my doctor did for me, I can function normally again! ❖

by Karen Goodman



What Worldwide "WORKERS' COMPENSATION" STUDIES Have to Say...

A number of Workers' Compensation Studies worldwide have shown that Doctors of Chiropractic are able to get their patients out of pain faster and back to work sooner, with lower treatment costs!

Alaskan Study

The University of Saskatchewan monitored 283 patients "who had not responded to previous conservative or operative treatment" and who were initially classified as totally disabled. After daily spinal adjustments were administered, **"81% percent became symptom-free or achieved a state of mild intermittent pain with no work restrictions."**

Australian Study

In this Australian study, 1,996 workers' compensation cases involving low-back pain were evaluated. The Chiropractic patients **returned to work four times faster and their treatment cost four times less when compared to those receiving care from medical doctors.**

California Study

Richard Wolf, M.D., studied a group of 1000 injured workers; 500 were sent to Chiropractors and 500 were referred to medical doctors for treatment. **Those who received Chiropractic care returned to work in about half the time as the medical patients.**

Canadian Study

Data was analyzed from focus groups consisting of Chiropractic doctors in three large Canadian cities with a high volume of patients with occupational musculoskeletal injuries. **Their accurate diagnostic and strong therapeutic skills**

were identified as key factors in promoting recovery in injured workers. Positive communication and patient-centered care were also identified as important aspects of effective treatment and work reentry.



"...Chiropractic patients returned to work four times faster and their treatment cost four times less when compared to those receiving care from medical doctors."

Florida Study

Steve Wolk, Ph.D., studied 10,652 workers' compensation cases in the state of Florida. The study concluded, "A claimant with back-related injury, when initially cared for by a Chiropractor versus a medical doctor, is less likely to become temporarily disabled, or if disabled, remains disabled for a shorter

period of time; and **claimants treated by medical doctors were hospitalized at a much higher rate than claimants cared for by Chiropractors."**

Oregon Study

Joanne Nyiendo, Ph.D., conducted a study in Oregon and found that individuals with workers' compensation claims returned to work significantly faster than those claimants that were under medical care. **Under Chiropractic care, 82% were able to return to work after one week; only 41% of the medical patients returned to work after one week.**

Utah Study

This Utah workers' compensation study found a **tenfold savings for mean compensation costs in back-related injuries treated by Chiropractors as compared to medical doctors.**