

JANUARY
2020



UNITED CHURCH OF SUN CITY

United Church News

PASTOR'S POST



Once again it's time to write about a brand new-year. Already, 2020 is here! This new year, like every new year, will be filled with opportunities, surprises, disappointments, joys, and all the experiences that form the story of our lives. The question becomes, how do we live our lives; how do we approach the new year? Are we filled with dread, caution, hope, full blown excitement, optimism, pessimism, or some of each? Where does faith factor in to our approach for the new-year and for life?

A few years back I shared during a sermon that after a period of about five years as a regular viewer of the soap opera "The Bold and The Beautiful" (B&B) I quit watching. And that lasted for several months. Now, on occasion, I watch for a few minutes to see what is happening before the dysfunction bothers me to the point that I change the channel.

Still, on my desk, shared by a longtime "B&B" fan (Thank you Mary Sue Andreason) is a book that details the first ten year history of the "B&B." It is an interesting book from the perspective of offering a behind the scenes glimpse into the making of a major television production, but more than anything, it drips with the dysfunction that demands the starring role for this soap opera and for all soap operas (By the way, "B&B" has been on the air for nearly thirty-three years).

What got my attention as I thumbed through the publication was that the word "faith" isn't mentioned once; it's not in the index. I couldn't help but wonder how this soap opera, or any soap opera for that matter, would be different if it included some faith. No, the dysfunction won't disappear, but the show would have a completely different dimension.

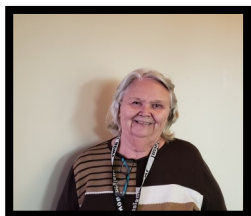
Well, back to real life. Whatever 2020 holds (which will be far less messy than any soap opera) my prayer is that as people of faith, our faith and trust in the Lord will flourish as we live our 2020 storylines. So best wishes for this new-year and see you in worship throughout the year!

Pastor Brady

United Church of Sun City
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Sun City, AZ 85351
Telephone: 623-933-0058
Fax: 623-974-3518
Email: uccsc@qwestoffice.net

Office Hours 8 a.m. to 1:00 p.m. - Monday through Thursday
The office is closed on Fridays
Sunday Worship Service—10 a.m. – Sanctuary
Coffee Fellowship —11:00 a.m.
Sanctuary Communion the 1st Sunday of each Month
Choir Rehearsal—Sundays at 8:30 a.m. (unless otherwise specified)

Look who joined us in 2019!



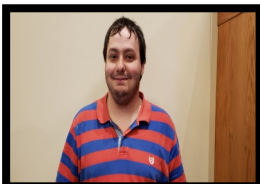
*Barbara Baker
March 10, 2019*



*Lee Anne Chorley
March 10, 2019*



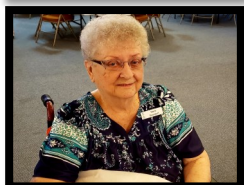
*David & Lisa Dunbar
March 10, 2019*



*Matthew Graves
March 10, 2019*



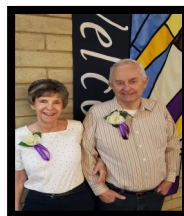
*David Deardorff
May 12, 2019*



*Marie Deardorff
May 12, 2019*



*Beverly Jensen
May 12, 2019*



*Marris & Gail Warmath
May 12, 2019*



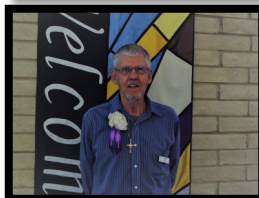
*Dennis King
May 12, 2019*



*Bill & Robin Lemkuil
September 23, 2019*



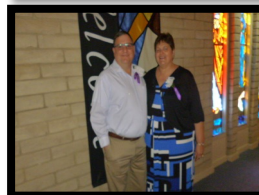
*Vern & Beverly Peterson
September 23, 2019*



*Keith Curtis
September 23, 2019*



*Rev. Floyd Ellison
September 23, 2019*



*Gregg & Mindy Ochoa
December 1, 2019*



*Ron & Kayla Wiebold
December 1, 2019*

*Welcome 2019
New Members*



Greetings from your Parish Nurse. And Happy New Year!

As we begin this new year, I am reminded of what I have been learning in our group study of the book by Nancy DeMoss, "Choosing Gratitude". Our discussion this week was centered on the question "Do I spend more time worshipping or whining?". It's a valid question. Do I spend more time thinking about my problems, focusing on how I have been wronged, or about what I can be thankful for? Do I wake up praising God in the morning, or do I focus immediately on the difficulties I need to overcome?

We have so many reasons to be thankful to God for the gifts He gives. It begins with the first breath we take in the morning, and our ability to take our first steps of the day. We can continue being thankful for the home we have, the food that we have available and for our families and friends. Our lives are filled with God's blessings to us.

Focusing on these blessings lifts our spirits and draws our attention to the Goodness of God each day. Focusing on our difficulties does just the opposite. It pulls us down to discouragement or despair; it turns our attention to what is wrong and fills us with frustration and disappointment in those around us. In short, it makes us miserable.

Our attitude of ingratitude also has an effect on other areas of our lives. For instance, negative emotions like anger, bitterness and stress have been shown to affect us physically through hypertension and heart disease, and gastrointestinal problems like ulcers or bowel issues. It also has an effect on the people around us. When we begin the day with a negative attitude, we often find that others ignore us or react with their own negative feelings.

So let's begin this New Year with a new resolution. A resolution to cultivate an "attitude of gratitude" by beginning each day thanking God for at least 5 blessings we recognize, and then showing gratitude to others around us by thanking them for their acts of kindness to us.

I hope that you will share with me or with others what happens as you choose gratitude in this New Year!

Lisa Dunbar



LADIES LUNCHEON

Tuesday, January 7, 2020 at 11:30 a.m.

BJ's Restaurant

9748 W. Northern Ave., Peoria 85345

Start the New Year with a world famous PIZOOKIE (50% off on Tuesday.)

Lunch Combos, Lunch Entrees, unlimited soup and salad, Piadinas and Grilled Cheese and much more for \$10+

Gluten-free menu choices—Hand-crafted sodas

MUST RSVP by January 5, 2020

Sign-Up Sheet on Friendship Center Table

There will be no Treasures 4 Teachers journal making in January. Please mark your calendars.

We will resume journal making on the 3rd Tuesday of each month at 1:00 p.m. in February.

Thank you!

**COMMUNION at
United Church
is the 1st Sunday
of each month.**



Healing Service

On the third Sunday of each month after the worship service, you are invited to gather for a brief (15-minute) healing service in Grace Chapel. You may offer prayers of healing for yourself or others. We will offer anointing with oil and the laying on of hands.

Are you in need pastoral care?

**If so, please contact the church office
at
623-933-0058.**



**Office Hours: Monday
through Thursday,
8:30 a.m.—1:30 p.m.**

The National Friendship Line 1-800-971-0016

The Friendship Line is a phone number for seniors (60 years of age and older) who can call once a day, every day, if they would like social interaction or ask health questions. They can even request a volunteer to make an outgoing call directly to a loved one who might be in need but is reluctant to reach out. Trained volunteers are available to take the calls and each year they make and/or receive 100,000 phone calls with seniors. Founded in 1985, The Friendship Line is sponsored by the Institute of Aging (IOA). This service is FREE.

National Suicide Prevention Hotline 1-800-273-8255

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

New Song Center for Grieving Children

At the New Song Center for Grieving Children, a program of Hospice of the Valley, children find a way to heal from the loss of a loved one. Open to any child, teen and young adult who are grieving the death of someone they love, these no-cost support groups are offered at six locations Valley-wide, including one for Spanish speakers. To learn more or become a volunteer, call 480-951-8985 or visit www.newsongcenter.org.

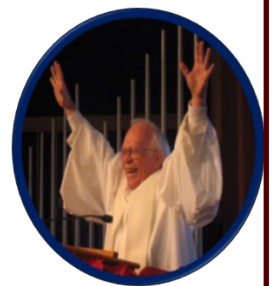
In Remembrance of the Life and Ministry of

Rev. Dr. David Graham

April 26, 1930—December 1, 2019

Rest In Peace,

Dear Friend





SPOTLIGHT ON THE DYSART CENTER

Shortly after United Church of Sun City was founded more than 50 years ago, Pastor Walter Witt, was instrumental in starting an outreach to migrant workers in El Mirage. Known as the Dysart Community Center, our church still supports this vibrant program which offers English as a Second Language classes, after school latchkey programming, athletic programs, tutoring, supplemental food, etc. Eligible for the Arizona “Working Poor” credit, many of our members appreciate the tax credit available for their contributions to Dysart.

One of our congregation, Pat Koopmans, or Ms. Pat as she’s know to the children, loves to work with the 8-13 year old children at the Dysart Community Center. Pat often and enthusiastically dresses up as an Elf, a clown, or whatever the season/reason calls for! She teaches one class a week, but spends 6 hours or more on each lesson, encouraging self-confidence in the children.

Ms. Pat sometimes helps to find needed equipment and keeps a small “bank” at the back of our church where anyone with “lose change” can help the Dysart Community Center.

Dysart Community Center has expanded its services to provide a variety of educational programs for thousands of West Valley residents in our local communities. United Church of Sun City is blessed to be a part of what has become an important link in helping our community members reach their full potential!

*******IT’S BACK*******

GUEST APARTMENT RENTAL—SVL GARDEN APARTMENT FOR FAMILY AND FRIENDS OF OUR RESIDENTS

\$79.00 PER NIGHT

\$525.00 PER WEEK

\$2,000 PER MONTH

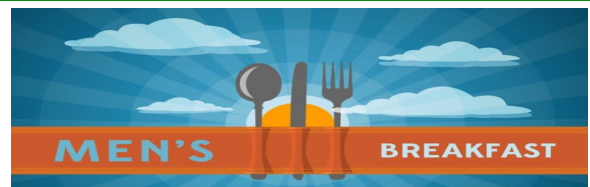
CALL 623-933-0137 FOR RESERVATIONS



**Boards & Council
Meet Thursday, January 9th.**

Boards meet at 9:00 a.m.

Council meets at 10:00 a.m. in the Beehive.



**Mark Your Calendars!
Wednesday, January 8th
Wednesday, January 22nd
At 8:00 a.m. at the Royal Café
All men are invited!**



BIRTHDAYS THIS MONTH January

Liz Jameson	01/01
Mary Ann Fairbanks	01/02
Karen Handy	01/02
Alfred Blaschke	01/07
Margaret Wojciechowski	01/07
Janice Blumer	01/10
Kelly Landis	01/10
Sandy Krahn	01/10
Victoria Faulkner	01/11
Sharon Bargrain	01/16
Ona Ralston	01/18
Lawrence Faulkner	01/26
Edith Nelson	01/29

Valley View Food Bank

Jesse Ramirez, Valley View Director, is so appreciative of all donations from United Church throughout 2019 and many previous years. The food bank is currently in need of funds to buy macaroni and rice in bulk. If you would like to make a monetary donation, you can mail it to:

Jesse Ramirez
Director, Valley View Food Bank
12321 NW El Mirage Ave.
El Mirage, AZ 85335

You may also place a donation in the offering plate at church on Sunday and the church will mail the checks to Jesse. Thanks again for your continued support.



January

Ted & Ruthanne Kern	01/16 64 yrs.
Chuck & Nora Cline	01/17 65 yrs.

From the Church Office.....

A New Year's Prayer

May the Lord Bless you so abundantly that you fall to your knees in thankfulness.

May the Lord Heal your broken heart that you dance in the shadows.

May the Lord reveal His amazing plans for you and you hear Him.

May the Lord renew your strength that you may have His power to stand firm.

May the Lord give you peace that you may rest in Him.

May you know the Lord deeper this year than last year.

May you be all that God has created you to be no matter the season you are in.

God Bless you my very sweet friends!

Happy NEW Year,

Caroline



Fry's Rewards Program: If you have an email address, you can sign up so the church can receive donations from Fry's from your purchases. **Call the church office, and we will email you the directions to sign up.** You will need your email address, Fry's V.I.P. shopper's card number, plus the church's organization code: **62679**.

If you have difficulty registering, Fry's will walk you through the process (1-866-221-4141).

We currently have 22 households who shop at

AmazonSmile Program

Do you shop Amazon?



If so, your eligible shopping on Amazon can benefit United Church of Sun City. For more information and to sign up use <http://smile.amazon.com/ch/86-0181903>.

Music Notes for January, 2020



I am still basking in the glow of our fantastic cantata, “the Mystery and the Majesty” by Joseph M. Martin. It was incredible and many people commented it was the best ever. To listen to it again you can go to our website: www.uccsc.com and click on the sermon for December 8, 2019. We had several singers join with our wonderful choir along with 13 members from the Phoenix Symphony. The church was packed!

We were delighted to have a barbershop quartet of high school students, The Audacity Quartet, perform at our annual Christmas party.

Our ice cream concert for December was “A Jazzy Little Christmas” with Dan Reed, trumpet player, as well as Clark and Ellie Chaffee and keyboard player Richard Palalay. The church was packed for this event too.

Christmas Eve brought Paula Provo, harpist, back to perform special music. What an absolute treat to have her join our beautiful service.

It has been a delight to direct the choir and Jubilee bells and sing for you with the soloists this year. It is hard to believe 2019 will soon be behind us.

I look forward to 2020 and presenting more wonderful music to you all.

God Bless you and Merry Christmas and Peace in the New Year.
Ginni Summers, Minister of Music

From the Mission Board.....

IT'S TIME TO THINK SOUP—THINK SOUP—THINK SOUP!!

The Souper Bowl of Caring

Kicks Off On January 5, 2020

Will United Church Keep The Silver Ladle?

Will We Be The Souper Congregation for 2020?

Will We Be Soup-erior Over The Competition?

ONLY TIME WILL TELL!



Thank you one and all for all the cards, gifts, and candy given for Christmas. I appreciate your thoughtfulness and kindness. One of the gifts I get to celebrate all year long is being able to serve United Church of Sun City as Senior Pastor. I am grateful. Thanks again! Pastor Brady



Thank you to everyone for your cards, gifts, prayers and kind words. A special thank you to all who helped make David's day so special. Ginni and the Choir, Boni for the flute, Floyd and Beverly for the duet and especially Pastor Brady and Pastor Susan.

Pat Graham

Musings from Pastor Susan Aurich



I got to thinking about New Year's Resolutions. For 2020 the six most popular resolutions are:

1. Enjoy life to the fullest
2. Live a healthier lifestyle
3. Lose weight
4. Save more – spend less
5. Spend more time with family and friends
6. Reduce debt

All of this sounds good, but I decided this New Year to make resolutions about the things I will no longer do. A short list follows:

This New Year, I will no longer:

1. Run while juggling knives
2. Pillow fight with a bag of spare change
3. Set my hair on fire with hairspray and matches
4. Shower while making toast on the edge of my bathtub
5. Wear a bacon costume and tease the dancing bear
6. Eat chocolates (I totally swear!!)
7. Spend as much time worrying about life, but rather worry about the reasons why I feel compelled to stop worrying
8. Consider wine part of my "daily fruit intake"
9. Consider second and third breakfasts real meals.

God alone knows how I survived this whole year! Perhaps your resolutions will make more sense than mine did. But Happy New Year anyway.

Blessings,
Pastor Susan

YOUR OPINION MATTERS.....from Norm Still, Moderator

Over the last several months, we have been experiencing problems with the bulk mail delivery of our newsletters. Many have arrived at their destinations with pages missing; some copies actually shredded. Bulk mail does not guarantee prompt delivery, and it is an additional cost for the Church. Many of the area churches have gone over to emailing their newsletters because it ensures the newsletter reaches everyone by the first day of each month, and that it arrives complete and intact to the recipient. Almost everyone at United Church has access to email and so we would like to know how many people would be interested in receiving their monthly newsletter via email. Your full-color edition would arrive on or before the first of each month—in time for you to mark your calendars with events and get a first-hand look at what's happening at United Church over the upcoming month.

Don't have email? No problem. Newsletters would be available on the desk at the rear of the Sanctuary each month to anyone without email at home.

If you would like to receive your newsletter by email, please let Caroline know at uccsc@qwestoffice.net



January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	THINK SOUP THINK SOUP THINK SOUP THINK SOUP THINK SOUP THINK SOUP		1 NEW YEAR'S DAY Office Closed	2 No Bible Study	3 Office Closed	4 Office Closed
	5 8:30 Choir 10:00 Worship - B'days & Anniv. Rev James Cunningham SWC Year-End Offering 11:00 Coffee	6 7:30 Tai Chi 10:00 Coloring	7 9:00 Friendly Service 11:30 Women's Luncheon	8 8:30 Men's Breakfast 9:30 Week of Christian Unity Planning Mtg.	9 9:00 Boards 10:00 Council 11:00 Bible Study	10 Office Closed
	11 Office Closed					
	12 SOUPER BOWL KICK OFF 8:30 Choir 10:00 Worship Communion 11:00 Coffee 3:00 Sonoran Sounds Concert/ Ice Cream	13 7:30 Tai Chi 10:00 Coloring 1:00 Walking 4:00 All Star Band Practice	14 9:00 Friendly Service	15	16 11:00 Bible Study	17 Office Closed
	18 Office Closed					
19 8:30 Choir 10:00 Worship 11:00 Coffee 11:15 Healing Ser- vice 2:00 Wii Bowl- ing/Bag Toss & Pizza	20 Office Closed Martin Luther King, Jr. Day	21 No Friendly Service No Journal Making UCSC Hosts Week of Christian Unity 8:00 Prep begin 12:30 Lunch	22 8:30 Men's Breakfast	23 11:00 Bible Study	24 Office Closed	25 Office Closed
26 Symphony Sunday-Paula Provo, harpist 8:30 Choir 10:00 Worship- 11:00 Coffee 11:15 Blood Pressures Taken 11:30 New Mem- bers Class	27 7:30 Tai Chi 10:00 Coloring 1:00 Walking 4:00 All Star Band Practice	28 9:00 Friendly Service	29	30 11:00 Bible Study 7:00 Fairway Court East HOA Meeting	31	

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Email: uccsc@qwestoffice.net

Website: uccsc.com

Facebook: United Church of Sun City

Non-Profit Org.

U.S. Postage Sun City, AZ

Permit No. 262

Or Current Resident



January 2020

STAFF:

Rev. Brady Abel, Senior Pastor

Norm Still, Moderator

Susan Aurich, Assistant Pastor

Ginni Summers, Minister of Music

Ron Cammel, Kira Kadel, Alan Paulson —Soloists

Beverly Fletcher, Organist

Caroline Bittman, Administrative Assistant

Luanne Hanks, Financial Secretary

Sara Shryock, Financial Administrator

Robin Lemkuil, Audio Visual Tech

Douglas Gourley, Custodian

Steve Halasz, Sunday Custodian

Lisa Dunbar, Parish Nurse

All Members & Friends of United Church, Ministers of the Good News

* * * * *

Office Hours 8:30 a.m. to 1:30 p.m. - Monday through Thursday

The office is closed on Fridays

Sunday Worship Service—10:00 a.m. – Sanctuary

Coffee Fellowship —11:00 a.m.

Sanctuary Communion the 1st Sunday of each Month

Bible Study—Thursdays at 11:00 a.m.

**Healing Service: 3rd Sunday of each month at 11:15 a.m. in Grace Chapel
in Grace Chapel**